Art Monk Comes Home to Present NFL Gold Football to WPHS

By Albert Coqueran

The National Football League in recognition of the 50th Anniversary of the Super Bowl this year is honoring high schools and communities through their Super Bowl High School Honor Roll initiative. High Schools from across the country and around the world will receive a commemorative Wilson Gold Football for every player and coach who graduated from their high school and was on an active Super Bowl Roster.

White Plains High School bred a three-time Super Bowl Champion, James Arthur “Art” Monk, who graduated in 1976. Monk played in four Super Bowls with the Washington Redskins, while winning three as Super Bowl Champions. On Friday, Nov. 6, to the delight of many of his local admirers, Monk returned to White Plains High School to personally present the NFL Wilson Gold Ball to his Tigers football program.

Area Educators Blast Common Core Curriculum at State Hearing

By Arthur Cusano

A 15-member task force created by Gov. Andrew Cuomo held its first round of public hearings on the controversial Common Core curriculum last Friday, and speakers made it clear that they vehemently oppose the current setup.

Garrison Union Free School District English teacher Ian Berger addressed commissioners dressed in a replica yellow Star Trek shirt. The new standards were preventing his students from growing and learning as much as they can, he said.

"I want it to be about experiencing the world, about growing and seeing the world as they might have never seen it before," said Berger during the two-hour hearing held at SUNY Purchase. "Unfortunately the Common Core English standards are not letting me do that. They are about technical standards: analyzing, explaining, comparing, determining and dissecting. We're taking the beautiful animal and instead of learning about it, we're cutting it apart and killing it."

Berger said the excessive testing and the Engage NY modules teachers are required to teach from are killing the passion to learn.

"I don't know who designed these things or who designed the Common Core curriculum to the school and offer the opportunity for the school to apply for grants up to $5000, to help support their football program. "This is great. It gives players the opportunity to go back and honor our schools for what they have done for us and to acknowledge the school's input, while contributing to the success of the NFL," said Monk. "If they had not produced what they did in us, we would not have made it to the NFL or played in a Super Bowl," he added. Monk, a prolific wide receiver, continued on page 2

Democrats Incumbents Hold Three White Plains Council Seats

With 100 percent of the unofficial tally in, the all Democrat Common Council in White Plains looks to have retained its power with all three incumbents keeping their seats and securing an easy majority of votes over Republican challenger AnneMarie Encarnacao, who hit between 12 and 13 percent early in reporting and stayed there until results from the 46 voting districts were in.

White Plains has seen previous elections with a smaller voter turnout. The final vote at 12,143 put incumbent Dennis Krolian with 3,635 votes at 30 percent and incumbent Milgros Lecuona with 3,318 votes at 27 percent. Challenger Encarnacao earned 1,528 votes at 13 percent.

All three of the winning White Plains Council candidates had voted against the closing of a portion of a public street, Hathaway Lane, a key component of the French American School of New York (FASNY) Special Permit application, resulting in the denial of said application.

The remaining four members of the Council had voted in favor, indicating a split amongst the all-Democrat Council.

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Covering White Plains, Greenburgh and Harrison

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Area Educators Blast Common Core Curriculum at State Hearing

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Core in general, but they didn’t ask teachers who know what they’re doing,” Berger said.

Valhalla School District Superintendent Dr. Brenda Meyers said the poorly developed standards were punishing districts and creating a culture of failure. “We’d love to see a definition of what are higher standards, not more standards, not technical standards, but higher standards,” she said.

Meyers said the curriculum for elementary school students, especially kindergarteners, is inappropriate for their age groups.

“In addition to that, the standards are built on 220 days of instruction, but I am lucky with snow days to get 160,” Meyers said. “I cannot meet all of these standards. People wonder why I need a 90-minute math block, it’s because the standards include far more content than we can rationalize or teach in a year.”

Mahopac Middle School English teacher Tom McMahon said standards often didn’t line up with the New York State Regents system, and often run counter to what those exams or other statewide tests required.

“How are teachers supposed to teach to an Algebra I test for students to pass in a year? “ McMahon asked.

Greenburgh Eleven Union Free School District Trustee and Westchester-Putnam School Boards Association Executive Board member Lisa Tane said that parents and educators have been airing the same concerns about the Common Core standards for several years, but to no avail. Tane said the state must return to research-based, developmentally appropriate curriculum.

“Please let the educators educate,” Tane said. “Untie the tests from teacher evaluations. It’s insanity, We’re all saying the same things. We all agree this has to be the right way, and the way that the government is doing it is not. Please listen to the educators.”

Also among those who spoke was Louis Wool, superintendent of the Harrison Central School District. Wool recommended a moratorium of at least two years on the implementation of the standards, as well as creating an expert panel to build a more meaningful assessment system over several years.

“They were given a charge that is not possible to implement, and I think it’s the wrong charge,” Wool said. “To suggest that somehow modifying 2,000 Common Core standards is going to correct the misdirection of this reform initiative implemented following rampant criticism from parents and teachers.

Task force members are expected to make recommendations for Common Core reform to the governor later this year based on feedback received at this month’s meetings held in each region of the state.

Core standards is going to correct the misdirection of this reform initiative – that doesn’t address developmental appropriateness, the development of assessments that can be used in a meaningful way and disavows the research that says what it takes to implement a high quality curriculum – it’s not possible.”

The hearings were scheduled several months after Gov. Cuomo questioned Common Core and how it’s been implemented following rampant criticism from parents and teachers.

“Parents and educators have been airing the same concerns about the Common Core standards for several years, but to no avail. The state must return to research-based, developmentally appropriate curriculum.”

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Frank Williams Honored with State Youth Bureau Award

As the White Plains monthly Common Council meeting opened Nov. 2, Youth Bureau Director Frank Williams was honored with the Bill Bud Award, granted to him by the New York State Association of Youth Bureaus at its annual convention this month.

In describing the award, Mayor Tom Roach said it was the highest award offered by this organization.

Councilwoman Nadine Hunt-Robinson called Williams the man of many hats, who serves over 2,000 youth at the White Plains Youth Bureau and that his work in raising funds in the millions of dollars for those youth was to be applauded.

Councilwoman Milagros Lecuona asked Williams how he does it, adding that he was always smiling, always patient, always listening, yet always working.

Consent Agenda Addresses Water and New Development

Water rates for White Plains consumers will be going up again based on water purchases the city makes from the New York City water supply.

Councilwoman Lecuona said White Plains is far from meeting the per capita rate required by NYC and therefore is in a continually behind situation. She recommended that in addition to trying to increase the city’s own water supply through its own wells and reservoirs, conservation efforts could also be implemented.

White Plains Youth Bureau Director Frank Williams was honored by the NYS Association of Youth Bureaus with the Bill Bud Award.

Currently White Plains purchases 90 percent of its drinking water from New York City.

Excited that the White Plains Education and Training Center will open in 2016, located in the new building at the former Winbrook Housing site, councilmembers were happy to have new partners in the program.

Councilwoman Hunt-Robinson emphasized that the purpose of the center is to train the under employed and the unemployed. ‘The focus is jobs, jobs, jobs,’ she said.

Partners include White Plains Housing Authority, the City of White Plains and Youth Bureau, Westchester Community College and White Plains Hospital, among others.

Cultural and educational training programs will include technology, health care, hospitality and entrepreneurship.

The former Border’s Books site at 60 S. Broadway and Maple Avenue, also known as the Pavilion, was also the source of some discussion.

Councilman John Kirkpatrick said he was concerned that new drawings showing altered design plans for the development were taking on a monolithic feel, with uniform height across the development rather than a multifaceted approach.

Kirkpatrick also wanted an explanation about the reduction of affordable housing units proposed for the project going from 71 to 36 units. ‘The number of affordable housing units has been cut in half,” he said.

Counsel for the developer, explained that the reduced number of affordable units was the result of offering the units to families at 60 percent of median income rather than at 80 percent, which according to the law allowed 5 percent affordable units rather than 10 percent in any market-rate residential development.

Councilwoman Lecuona suggested that White Plains needed to determine if this is what the city needs in that particular location, especially if zoning changes, including building height changes might be part of the equation.

Mayor Roach agreed with Lecuona that this is what the city does and in some cases needs to adjust unit numbers in a housing project to accommodate existing need. ‘Affordable housing is very difficult to produce,’ Roach said, adding that someone always has to write a check – either the developer, the taxpayer or someone else.

Councilwoman Lecuona had suggested building residential units atop the buildings on Mamaroneck Avenue, above existing retail and eating establishments, going up to six stories, during recent candidate debates.

With Mamaroneck Avenue just up the street from the Pavilion, it seems Lecuona is suggesting a more universal view of need in the area, rather than just project by project.

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Moviegoers Saddened By Pending Hawthorne Multiplex Closure

By Neal Rentz

Loyal patrons of the All Westchester Saw Mill Multiplex Cinemas in Hawthorne will soon have to find another venue to see the latest movies.

Site plan approval was granted last Monday to allow property owner National Amusements to tear down the 10-screen theater and replace it with an Audi car dealership.

A 67,000-square-foot structure will be built and include vehicle service facilities. The property is located in a commercial retail zone in the Town of Mt. Pleasant.

No announcement has been made regarding a possible closing date by National Amusements, a Dedham, Mass.-based company that operates more than 1,500 screens across the United States and abroad.

Last weekend, customers at the multiplex, located at 151 Saw Mill River Rd., were saddened to hear that the end appears to be near for the venerable theater.

“They probably figure they don’t have enough action,” a theater customer Rita Lakin said. “Before they built the Greenburgh one, we couldn’t even find parking here. We used to have to park across the street. Then they put the Greenburgh one in, and now they want to take this one away.”

Other moviegoers agreed the theater would be missed.

Bronxville residents Jean Hagerty and Eileen Breen have been seeing movies at the venue since the theater’s opening.

“I enjoy it very much and I bring my grandchildren here for parties,” Breen said.

Both women said they appreciated the convenience of the large parking lot that has plenty of spaces even on the busiest of days. Parking is a problem in downtown Bronxville, they said.

“I didn’t know anything about it,” Hagerty said. “We don’t need another car dealership. That’s the last thing we need.”

Arthur Cusano contributed to this article.

Food Bank Launches This Year’s Thanksgiving Turkey Drive

The Food Bank for Westchester, which operates the county’s largest food collection and emergency distribution network, kicked off its annual Thanksgiving Turkey Drive last Wednesday. During the ceremony, held at the Food Bank’s Elmsford distribution center, Stop & Shop donated 800 turkeys.

That donation gives the Food Bank a kick-start to reach its goal to provide 5,000 turkeys to families in need this Thanksgiving. With about 200,000 Westchester residents hungry or at risk of being hungry, there is a significant need for meals this holiday season. A donation of $20 provides a turkey to a family, said Food Bank President and CEO Ellen Lynch.

“When we think of Thanksgiving, we think of sitting down with our family and friends and enjoying their company over a delicious meal, we want everyone in Westchester to have that joyful experience,” Lynch said. “There are thousands of hungry people in our county that struggle to provide meals for their families. Let’s come together and provide something as simple as turkeys to families that will help make their Thanksgiving memorable.”

The problem of hunger has gotten significantly worse in recent years and the price of turkeys has risen more than 50 percent in the past year.

For information on how to donate a turkey for a hungry family in Westchester, visit www.foodbankforwestchester.org/turkeydrive.
Panel at Local Forum Urges Parents to Calm Children’s Stress

By Arthur Cusano

High school comes with all sorts of challenges, but growing up in an affluent area like Westchester County carries additional stress for teens that can batter self-esteem and emotional well-being.

To help parents assist their children in navigating stress, anxiety and depression, The Mental Health Association (MHA) of Westchester and Inside Armonk magazine held a forum last Wednesday evening at the Rosenthal JCC of Northern Westchester. The event, hosted by Sean Mayer of local public relations firm Thompson & Bender, touched on several key factors Westchester youngsters

"The numbers are just staggering," said MHA’s Dr. Barbara Bernstein. "One of the surveys done by the American College Health Association found that more than one-third of college students report feeling that sometime in the last year they felt so depressed that it was difficult for them to function. More than half of them said they felt overwhelming anxiety, and 9 percent said they seriously considered suicide."

"Felt overwhelming anxiety, and 9 percent said they seriously considered suicide." Boeing Bernstein echoed the term Duck Syndrome to describe young people who try to portray themselves as happy and successful, especially online, while hiding their struggles.

"On the surface, a duck looks tranquil and serene, but under the surface it’s paddling furiously," Bernstein said. The fragility of many youths who appear fine has led to them being referred to as "teapot children," students who are emotionally weak due to coddling parents. "We want them to not be hurt, but what happens is many of these kids develop a fragility," Bernstein said. "They are so fragile and so precious that when they come up against the slightest bump, they shatter."

One of the likely causes for that fragility is what Bernstein referred to as "lawnmower parents." "These are the parents (that) go around like blades and clear all the obstacles from their children’s paths to make everything nice and smooth," she said.

Fellow panelist and Armonk resident Shari Applebaum is a local advocate who lost her son Miles to suicide last year. She said while every parent wants to help their child do well and avoid struggles, teens need to learn how to deal with adversity. Parents and educators must stop linking achievement to self-worth, since students will be afraid to fail or take risks.

"What happens is there is peer pressure that they are hearing with each other’s grades, what schools they are getting into, what are the best schools to go to," Applebaum said. "What we need to do is keep supporting our children and giving them a lot of love and attention and praise them and celebrate for who they are."

"And now that they are putting their lives online, that has become a reality,” she said. "Everyone is constantly comparing themselves to everyone else, and so much of the time it appears as though everyone else's life is fabulous. Everyone else looks like they are having a great time and I'm not."

Grenley said parents need to be accepting enough that their children know they can approach them even when they fail to meet expectations.

"If we are overly critical, they won’t come to us," she said. "Maybe we are desperate to have our child be the captain of the baseball team and we really push for that for many years because we want our child to be good at baseball. We send messages, even with the best of intentions, that we want them (to) be this way. And if they aren't that way, they can sense that perhaps they are letting us down."

Another topic discussed was the type of long-term impact hiring tutors has. Borsari said talking to children about academic problems should be the first step. There are often free resources available such as online videos or lessons or peer tutors. Hiring a tutor may send an unintended message, he said.

"For a lot of kids, the message is that they’re not good enough," Borsari said. "That B is not good enough for mom and dad, and that’s something to consider and speak about with your son or daughter."

At Byram Hills, as many as 80 percent of students are accepted to Tier 1 and 2 colleges. But pressure is constant, especially in affluent communities where children are expected to be as successful as their parents even if today’s economic challenges makes that less likely. Applebaum said parents ought to embrace their children for who they are.

"They don’t want to disappoint us, they want to do even better than we did," she said. "The difficulty comes when a child wants to go to a trade school or do something different than get into a top school. I think it’s really important to embrace our children and give them unconditional love no matter what."

For more information about the services provided by the Mental Health Association of Westchester, visit www.mhawestchester.org.
Police Blotter

Greenburgh Police Department

Petit Larceny. On Oct. 26, the CEO of County Recycling reported that donated clothing had been stolen from one of the donation containers in the parking lot of 250 Tarrytown Rd. The complainant said he had checked the bin on the evening of 10/25/2015 and it was full, and upon returning in the morning found it half empty. He reports that this has happened in the past and that the pad lock on the box had also been previously cut. He was advised by an unknown party in the area that a box truck was seen in the area during the overnight hours removing clothing. The complainant said his trucks do not pick up after 6 p.m. or on weekends, and requested additional patrols be done of his bins in the lot at 250 Tarrytown Road and across from police headquarters. The complainant said he wishes to only document the incident at this time, but would be willing to pursue criminal charges for any future incidents.

Petit Larceny. On October 26 the Shop Rite loss prevention officer reported a larceny of (20) 12 packs of beer. There is surveillance video of the larceny and the male and female suspects are the same parties who were arrested for larceny at the same location on 10/19/15. Shop Rite pursued criminal charges and the detective division was notified.

Identity Theft. On October 26, police spoke with the victim, who said she received a phone call from the fraud department at Mahopac National Bank about suspicious activity on her debit card. The fraud department reported to her that at 12:40 hours on 10/25/15 there was a charge for $185.86 at the CVS at 325 Mamaroneck Ave. in White Plains; a second charge made at the CVS at 24 Mamaroneck Ave. in White Plains at 13:00 hours for $109.43; and a third charge was tried at a third CVS at an unknown location, which was declined. The victim said she still is in possession of her card and was unaware of any of the charges. The bank fraud department is looking into the situation. The victim called the two CVS locations and spoke with the store managers at both locations. Store video shows a black male made the transactions at both locations. The victim said she was not able to get any further information from her bank and that with a police report her bank should credit her account.

Threat of Violence. On the morning of October 27 police responded to 245 S. Central Ave. where they spoke with the complainant who reported that on the previous day he had confronted a male described as a 60-year-old Hispanic, approximately 5’-9” and 185 pounds, with facial hair, wearing glasses and a golfer’s cap. The complainant reported that he told the male not to walk through the cars and jump over the guardrail due to a past history of people falling. The male ignored the request and continued to walk through the cars and over the guardrail. He also said he would walk around next time. The complaint reported that words were exchanged and the male said: “You gonna be here for a while? Don’t go anywhere!” The complainant said he left for the day, however his brother reported that two men came looking for him. The brother advised the two men that the complainant had left for the day and would not be returning. However, the men were persistent on having the complainant return to “Teach him respect.” The two men advised that they would return on Oct. 27. The complainant’s brother described the two men as white males, approximately 40-45 years of age. One is described as being 6’-2”, 220 lbs., wearing brown dickie-like work clothes. The other is described as being 5’-7”, 200 lbs., stocky, wearing a blue Yankee hat and blue sweat suit. A black Acura with tinted windows, unknown registration was seen frequenting the area, and may be occupied by said individuals. The complainant said that he feels the threat of these men returning is credible and fears for his safety. He was advised to contact police headquarters if further assistance is needed.

Grand Larceny. On October 29, police officers were dispatched to a call of a stolen vehicle. Once on scene the victim reported that about 8 p.m. the previous evening his wife had arrived home from music class in White Plains and parked their vehicle in the driveway of the residence. The victim said he woke up at 4 a.m. to go to the gym and the vehicle was not in the driveway. The wife said that after parking the vehicle in the driveway she locked the doors and entered the residence and that was the last time she saw the vehicle. The vehicle is push to start and will not start if the key fob is not in the vehicle. The victim reported when he purchased the vehicle it was paid for in full and he was given two sets of keys. Both sets were shown to officers on scene. The victim also had the title to the vehicle. The victim’s bedroom is directly above the driveway and both parties reported they did not hear any noise outside of their window or see any lights at anytime during the night. It was raining outside and the ground was wet. There were no footprints in the grass, and no tire marks in the driveway. No broken glass or tools were found on the property. The victim reported that the vehicle may have OnStar, however it was not activated. The victim said he would contact the dealership where he purchased the vehicle to see if there is any way to track it. He would also be contacting the insurance company to report the vehicle stolen. The residence does not have any surveillance cameras. Areas surrounding the residence were canvassed with negative results.

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ATTORNEY ADVERTISING
Thank you, Lou Giampa, for your column on Ageism in the October 27 edition of The White Plains Examiner, and for opening a door.

Last night I was recognized for being old. I won the floral centerpiece at a fundraiser because I was the oldest person at the table. Well, at least I wasn’t invisible for 10 seconds.

I direct this correspondence to women in particular, because so many of us agree that being old makes us invisible, but what we really are is REAL.

You can be old when you’re 40 or young when you’re 90 but being REAL is where it’s at.

Unfortunately, the general populace tends to consider the aging as old and useless. I won’t go into the other adjectives.

Some bodies break down. Some minds do too. Perhaps hearts beat at a slower rate, but they love just as much, maybe even more.

REAL grows in confidence, love and understanding and that wonderful gift called wisdom kicks in at some point, but you have to earn it.

We like who we are, not what others think of us or expect from us. REALs are free.

Some REALs are happy to spend the day in pajamas and sweats, work in their gardens, bake pies and dote on their grandchildren. Others face the universe, getting up and out, keeping up with fashion, venturing out to a new day. It’s a time of options, not obligations.

How many of you, as you have grown older, have shared the feeling of being invisible? We attend cultural, fund-raising, and religious events. We often eat at restaurants. We are here in legions. We have buying power, but where is the marketing that you would think should be directed at such a large demographic?

Let’s hear from the older woman.

According to TV commercials and ads, the “older woman” is never more than 50, unless she is advertising for adult diapers, false teeth cleaner, or an old age home. Give us a break! We buy up, fashionable clothing, hair products ... we are invisibly REAL.

My granddaughter is amazed that grandma has an email address, never mind a website. How did grandma learn to turn on a computer? In her retirement grandma has also become an award-winning artist and photographer, as well as a published author. And grandma graduated from college just before her 65th birthday. Grandma is now 74.


“What is REAL?” asked the rabbit one day when they were lying side by side near the nursery fender, before Nana came to tidy the room. “Does it have things that buzz inside you and a stick-out handle?”

“REAL isn’t how you are made,” said the Skin Horse. “It’s a thing that happens to you. When you are REAL, you don’t mind being hurt.”

“Does it happen once, like being wound up,” the rabbit asked, “or bit by bit?”

“It doesn’t happen all at once,” said the Skin Horse. “You become. It takes a long time. That is why it doesn’t happen to people who break easy or have sharp edges or have to be carefully kept. Generally, by the time you are REAL, most of your hair has been loved off, and your eyes drop out and you get loose in the joints and very shabby. But those things don’t matter at all because once you are REAL, you can’t be ugly, except to people who don’t understand.”

“I suppose you are REAL,” said the Rabbit. And then he wished he had not said it for he thought the Skin Horse might be sensitive.

But the Skin Horse only smiled.

–Mary Ann Balco Berry, White Plains

Ms. Elizabeth Kurth’s recent diatribe (published in the Letters section of the Nov. 3 edition of The White Plains Examiner) against those opposed to the defeated FASNY project was both unfortunate and disappointing. Her personal attacks are regrettable, especially from someone who cites her distinguished IBM credentials.

Ms. Kurth misses what was at issue during the long FASNY saga. The reputation of the school was never the problem. The public record over the last four years is replete with documentation citing the real substantive issues: density, traffic, environmental degradation, hydrology, pollution, fire safety and residential values.

The election results could not be more clear: the three Council people who voted against FASNY were resoundingly reelected. And yes Ms. Kurth, The Gedney Association does represent the views of the overwhelming majority of residents in our neighborhood. Ms. Kurth forgot to mention the opposition of the School Board, The Conservation Board and The Planning Board to key aspects of the FASNY plan. She also neglected to mention the seven other neighborhood associations outside the immediate area that also publicly opposed the FASNY project and the over 2,000 residents from all 28 of the City’s neighborhoods who signed a petition against the project.

Understandably, most of the people who spoke in favor of FASNY had some connection to the school. Nonetheless, all those in favor as well as those opposed to the FASNY complex were entitled to their views and opinions.

The FASNY development has been turned down and is now behind us and it’s time to move ahead. We respectfully request that Ms. Kurth accept the differing views of the majority of her neighbors and the decision of the electorate regarding the Common Council members who rejected the FASNY project. Let’s move forward together towards a use for the former Ridgeway Country Club that preserves as much open space as possible and that is truly compatible with the environmentally sensitive property and the character of the neighborhoods that surround it.

–John E. Sheehan, President, The Gedney Association
Obituaries

Joretta Evans

Joretta Evans died November 4, at the age of 85. She was born in Rocky Mount, North Carolina on October 11, 1930 and was the daughter of Lucy and Joseph Hines. She was the youngest of six children. Joretta was not only a scholar in High School, but also the star of her basketball team. In 1994 she was inducted into the Booker T. Washington High School Hall of Fame. Joretta attended West Virginia State College and continued to play basketball. Joretta received her Master’s in Physical Education from New York University. In 1959 Joretta married Reginald Evans and shortly thereafter moved to Canada for a few years and ultimately resided in Scarsdale, where she raised her four adoring children. Joretta enjoyed writing, reading, painting, sports and most of all her children, siblings and mother. She was a kind, loving, and devoted wife, mother, daughter and sister. In 1998 she was diagnosed with Alzheimer’s disease and showed extreme courage through this very long battle. She is survived by her children Joretta (Evans) Crabbe - spouse Steven Crabbe, Lance Evans, Todd Evans - spouse Ed Piestrup, and Reg Evans - spouse Celine Evans, her devoted sister Naomi Corbett and grandchildren Cameron, Leah, Justin and Ian and nieces.

In lieu of flowers please donate to the Alzheimer’s Association, 2900 Westchester Ave, Suite 306, Purchase, NY, 10577.

Irwin Labadorf

Irwin Paul Labadorf passed away Sunday, Nov. 1 at the age of 90. A resident of White Plains for 50 years, Irwin was born in Manhattan and grew up on the Upper West Side. He was a proud graduate of DeWitt Clinton HS and the Wharton Business School of the University of Pennsylvania. From a young age he overcame adversity – the loss of his father at age 16 and the loss of a leg just after WWII. Yet he never let that disability get in the way of a long and wonderful life full of tennis, golf, the outdoors and traveling the world. He proudly served the US Air Force aboard a B17 flying 19 combat missions over Germany and earning an air medal with two oak leaf clusters. Following WWII he was blessed with a happy and loving marriage of 46 years to Arlene Barkan until her untimely death to cancer. He loved classical music, the opera, theatre, the Arts and took several college courses in myriad cultural subjects up until he was 89. He worked his entire life at Sobel Affiliates, then a third generation insurance brokerage firm founded by his grandfather in 1904, and subsequently run by his two sons, the fourth generation. He was a founding member of the Insurance Broker's Roundtable. He was a modest man but a great philanthropist to many causes, including Camp Vacamas for underprivileged kids, White Plains Hospital, The UJA Federation of NY, and SUNY Purchase. He is survived by his two sons Alan and Michael, their wives Robin and Corey, his five grandchildren Samantha and husband Hunter, Danielle and husband Zach, Stephanie, Juliet and Mark, and three great-grandchildren Andie, Jack and Olivia. He will always be remembered most for his love and devotion to his family.
A Master Cabinetmaker Helps Define a Room

Normally built-ins are utilized to transform dead zones into functional space, such as under stairs or windows or between fireplaces and corners. But with our most recent project, there were a couple of other objectives to achieve besides organization, storage and display.

Because my wife and I would be moving from a historic home with architectural detail in each room, such as chair rails and corner cupboards, to a new condo where, basically, we were dealing with clean, sleek lines and plain white walls, we wanted our built-ins to add that missing architectural definition, especially in our great room.

We also wanted them to have a more organic feeling as though they were planned as part of the construction, rather than an afterthought. In essence, we wanted to treat the room as an empty stage set and utilize the built-ins to give it definition.

There was another need. There was no fireplace in the model we liked, and having always lived in houses that featured one as the gathering place for entertainment, we knew that we would want to incorporate one into the project. We planned for a traditional mantel with a fireplace insert, not wood-burning or gas, but one of those amazing new electric versions where you dare not test the illusionary flames with your hand to test if they’re real.

Finally, because our new great room was to be the social hub of our home we needed shelving for more display space. We wanted to be able to sit on our sofa and look straight ahead at many things we love, while enjoying the fireplace or watching TV.

To help us realize our dream, we called upon Jan Efraimsen of Woodtronic Millwork Corp. in Yorktown Heights. Efraimsen’s story is one of a fortunate change of career some 30 years ago from an electronic engineer to a self-taught cabinetmaker based on his hobby in woodworking.

“I started out with only a skill saw in my basement, making wooden jewelry boxes,” he said.

From there, he secured residential building projects by going to construction sites and offering to do finishing cabinetry work. Today Efraimsen runs a large operation in a 7,000-square-foot space with 10 cabinetmakers and enough heavy duty tools and machinery to support 10 commercial projects, including retail and offices, as well as residential jobs.

It was a collaborative process working with Efraimsen and his designer Christine Keating. On his first visit, Efraimsen took exact measurements. Within a couple of weeks, Keating had created a set of drawings that perfectly reflected our vision. With a few adjustments of the details, primarily to the type of molding, dentils and fluting to be used, we agreed on the final styling of both the mantel and the bookcases.

As for the wood to be used, Efraimsen suggested cherry for its hardness and ability to finish and stain beautifully. During the process, I was invited to the shop to discuss details as the mantel and bookcases were being fabricated and sanded. When it came time to choose the stain color, it was suggested that we match the color used on the kitchen cabinetry, which could be seen from the great room. Three different mixes were created and I was shown samples until the color was matched perfectly.

On the day of installation, the modules constructed at the shop were moved into place and anchored seamlessly.

Now whenever I sit in front of my masterful great room built-in, whether to enjoy the flicker from the fireplace, to enjoy TV from the set positioned at one end or recount my years of memories from all the things we’ve collected, I find myself thinking of the fun that went into the creative process of bringing this beautiful project together with true artisans.

To learn more about Jan Efraimsen’s work, visit http://www.woodtronicny.com. For an appointment to discuss your own built-in dream, call 914-962-5205.


A Sampler of Fine Wines Across the Italian Landscape

As I recently reported, I attended a wine tasting event in New York City. A consortium of the top winemakers across Italy presented their world-famous wines.

The group, Grande Marche, is an amalgam of 19 family-owned wineries perennially considered the most prestigious in the land. Winemakers poured one representative wine from their locale, while extolling the indigenous grape, Barolo, are often associated with the unique terroir of their vineyards.

Of the 20 wine regions in Italy, 12 were represented. Those with the greatest offerings were Piedmont and Tuscany. A synopsis of those wines follows.

**Piedmont.** The wines produced from the indigenous grape, Barolo, are often referred to as the “King of wines and the wine of Kings.” Produced from the Nebbiolo grape and aged for an average of five years before release, they are full-bodied, complex wines with significant acidity and tannins. They generally reach their peak from eight to 30 years after harvest.

The wine: 2011 Pio Cesare. Since 1881, this fourth generation winery has received accolades from wine cognoscenti around the world. Lovingly crafted from grapes grown in five subregions within the environs of the town of Barolo, this wine evoked aromas and flavors of its pungent forests and rolling landscape.

The wine: Michele Chiarlo 2011 Cerequio. I tasted this single vineyard wine from the Langhe region. It was aged in oak barrels for two years and in bottles for 16 months before release. Many Barolos require up to 10 years before displaying their vibrancy and complexity. Surprisingly, the Cerequio was very approachable, displaying depth and fruit, balanced by tannins and acidity. This is a wine for those seeking instant gratification as well as those willing to wait a quarter century to reach maturity.

**Tuscany.** The Sangiovese grape reigns supreme throughout this popular region. Rising above the ubiquitous Chiantis and Chianti Classicos, the Brunello wine is considered the epitome of the Tuscan wine industry. The Brunello vineyards are nestled around the medieval hill town of Montalcino, about 25 miles southeast of Siena.

The wine: 2010 Antinori Pian Delle Vigne, was redolent of ripe dark berries with hints of chocolate. The Antinori family has been producing its acclaimed wines since 1385, an enviable legacy.

Relatively new to the Tuscan landscape is the region of Bolgheri, in its western extreme. It has become a laboratory for producing wines from previously verboten international grapes such as Cabernet Sauvignon, Cabernet Franc and even Syrah. The first of these wines, dubbed “Super Tuscan” debuted in 1968 to controversial fanfare.

The wine: Sassicaia, produced by Tenuta San Guido estate, is a Bordeaux-like blend. I tasted the 2012 bottling, a blend of 85 percent Cabernet Sauvignon and 15 percent Cabernet Franc. It teemed with dark fruit aromas, balanced with a sophisticated, velvety texture. At a retail price north of $200, it is an elusive pleasure.

This space does not permit a detailed description of the additional wines I enjoyed. Here is a listing presented by producer, followed by the wine name, grape composition and subregion/region. I encourage you to seek out these wines or alternative producers.

**Sparkling.** Ca’ del Bosco, NV Franciacorta from the Lombardy region.

**White.** 1) Gaja, 2014 Ca’ Marcanda Vigna La Selvaggia, 60 percent Vermentino, 40 percent Viognier, from Bolgheri, Tuscany; 2) Umani Ranchi, 2014 Vecchie Vigne; 100 percent Verdicchio, from Marche/Red. 1) Ambrogio e Giovanni Folonari Tenute, 2012 Cabreo il Borgo; 70 percent Sangiovese, 30 percent Cabernet Sauvignon, from Greve in Chianti, Tuscany; 2) Argiolas, 2011 Turriga; 85 percent Cannonau, 5 percent Bovale, 5 percent Carignano, 5 percent Malvasia Nera, from Sardinia; 3) Tasca d’Almerita, 2011 Rosso del Conte; 62 percent Nero d’Avola, 30 percent Cabernet Sauvignon, 8 percent Cabernet Franc, from Palermo, Sicily; 4) Mastroberardino, 2009 Radici Taurasi; 100 percent Aglianico, from Irpinia, Campania; 5) Rivera, 2009 Il Falcone; 70 percent Nero di Troia, 30 percent Montepulciano, from Castel del Monte, Puglia. 6) Lungarotti, 2008 Torgiano Rosso Riserva Rubesco Vigna Montichio; 80 percent Sangiovese, 20 percent Canaiolo, from Torgiano, Umbria. 7) Masi, 2009 Riserva di Costasera Amarone, 70 percent Corvina, 15 percent Rondinella, 10 percent Oseleta, 5 percent Molinara, from Valpolicella, Veneto. 8) Donnafugata, 2008 Ben Rye Passito di Pantelleria; 100 percent Moscato, from Pantelleria, Sicily.

**Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted numerous wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick’s credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccioc@thesaxamnernews.com or on Twitter @sharingwine.**
By Jerry Eimbinder

A coffeehouse called Muddy Water Coffee & Cafe opened in Tarrytown late last month by co-owners Linton Suttner and Loretta Oleck, both Ossining residents.

Food and beverage selections are posted on separate blackboards and orders are placed at the counter. This eatery does not have printed menus or wait staff service.

Items available include a bevy of breakfast items. There are no egg dishes but there are soups, salads, sandwiches, quiches, samosas, lots of snacks, desserts and gluten-free baked goods. Three different quiches are offered at $7.95 each: tomato/spinach, artichoke/mushroom and goat cheese. Samosa choices change weekly.

When I visited, one of the two daily soup specials was roasted vegetables with potato accompanied by garlic bread ($6.50). It was crammed with vegetables and delicious.

Suttner said that live entertainment is coming soon and will include band music, poetry readings and live mic participation.

Born and raised in Johannesburg, South Africa, Suttner arrived in America in 1985 and directed and produced television commercials and movies in Chicago for 25 years.

Before opening Muddy Water Coffee & Cafe, he was a co-manager at The Black Cow in Pleasantville.

Wine is served with the hors d’oeuvres menu.

The dinner starts at about 8 p.m. and poutine with bone marrow; buttery Lardo; miniature blood sausages with fennel salt and zesty mayonnaise; crispy whitebait with puffs with pistachio and maple and egg sauce; Mortadella cream brioche boxes with lobster, caviar and goat cheese. Samosa choices change weekly.

Tables and a sofa are available for self-seating. Backyard seating with umbrellas for shade is planned for next spring and summer.

Muddy Water is open Monday through Thursday from 6 a.m. to 8 p.m., Friday from 6 a.m. to 10 p.m., Saturday from 8 a.m. to 10 p.m. and Sunday from 8 a.m. to 5 p.m.

The Muddy Water Coffee & Cafe is located at 52 Main St. and is next door to the Tarrytown Fire Department Engine 79 and Hose Company 1 firehouse. For more information, call 914-909-2826.

Chef Jill Rose, 52, the founder of Chiboust in Tarrytown, lost her battle with breast cancer on Oct. 31.

Born July 2, 1963, Rose was the first girl to play on the Yellow Springs Elementary School baseball team in Maryland, at first tucking her hair inside her cap when her team played before word got out. She learned how to fresh-squeeze lemonade and sell it at booths at local fairs, while a student at Governor Thomas Johnson High School in Frederick, Md.

At first she worked for a chain operator of lemonade stands; later she operated her own stands at functions near and far.

At Tarrytown’s annual street fair on Main Street, Rose always set up a lemonade stand in front of Chiboust and offered other sweets and treats as well.

She opened her first restaurant in Frederick while still in her early twenties, funded mainly by local investors. It failed after a short time but proved to be a valuable learning experience, Rose had said. She concluded that she needed more schooling in order to pursue a successful career in the restaurant business.

After evaluating many culinary school programs, Rose enrolled at the Culinary Institute of America in Hyde Park in 1989 and earned two degrees (culinary and pastry); she cooked for an Indy racing car team, its followers and the nightly guests of the team’s sponsors as the drivers competed across America; and she was a pastry chef at Lespinasse in Washington, D.C. and Manhattan from 1993 to 1999 and at La Caravelle in Manhattan in 2002 and 2003.

Rose was recruited by the Women’s Housing and Economic Development Corporation (WHEDCO) in 1999, created to provide underprivileged residents in the Bronx with affordable training. She developed a curriculum and taught in its Culinary Arts Vocational Training Program for three years. Applicants, many on welfare, could sign up for an intensive six-month, hands-on course for as little as $5 per month.

Chiboust, now closed, was one of Tarrytown’s restaurant treasures. It opened in early 2004 at 14 Main St. across from the Tarrytown Music Hall. Named after a French bistro, it was also a bakery and after-dinner treats were shown for many years in a refrigerated display case near the front entrance. But during one-week, summer renovation in 2012, the display case was removed to add seats at the bar.

In September of that year, gourmet pizza was added to the menu — something she had considered doing years earlier.

Many articles mentioned the restaurant as one of the most romantic dining destinations in Westchester County.

Rose’s search for an additional location in Tarrytown that would include a pastry department had barely begun when she was diagnosed with cancer.

After undergoing chemotherapy in February 2013, she had surgery—a double mastectomy and removal of 23 lymph nodes—followed by more chemotherapy and radiation. Later, it was discovered that she had a very aggressive form of breast cancer and lesions were spotted in her liver.

The funeral service was held at the Coffey Funeral Home in Tarrytown.
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NOTICE OF FORMATION OF Joseph G. Del Toro, LLC. Arts of Org filed with Secy. of State of NY (SSNY) on 8/24/2015. Office location: WESTCHESTER County. SSNY designated agent upon whom process may be served and shall mail copy of process against LLC to principal business address: 78 Paulding Drive Ste. A, Chappaqua, NY 10514. Purpose: any lawful act. 0000034875 w.o.

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November 10 - November 16, 2015

The White Plains Examiner
Happenings

We’re happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words “Happenings Calendar Submission” in your email subject line. Entries should be sent to Pat Casey at pcassey@theexaminernews.com.

Tuesday, Nov. 10

Tuesdays at Dorry’s gatherings “conversation partners” weekly for informal table talk. Rev. Doris K. Dalton, Executive Director Westchester MLK Institute for Nonviolence will guide us in a short discussion of the provocative, important new book on being a Black man in the United States, “Between the World and Me” by Ta-Nehisi Coates. She will welcome questions about the book, race, the MLK Institute or her own role as its director. There is no charge. Just come and order your food from Sylvia and enjoy the discussion and the company. Please join us. No reservations are needed. 6 to 7 p.m. Food ordering starts at 5:30 p.m. Dorry’s Diner, 468 Mamaroneck Avenue, White Plains; 914-682-0005.

WPCNA Monthly Meeting. The Monthly Meeting of the White Plains Council of Neighborhood Associations (WPCNA) will be held at 7:30 p.m. at Education House, 5 Homsiede Lane, White Plains. Keynote speakers will be White Plains Planning Commissioner Chris Gomez and White Plains Department of Buildings Commissioner Damon Amadio. After their introductory remarks we plan to open the meeting to audience Q & A, so please bring your questions for Commissioners Gomez and Amadio. The meeting is open to the public and will start promptly at 7:30 p.m. Please come early to get a good seat and allow time for audience participation and networking.

Wednesday, Nov. 11

White Plains Veteran’s Day Ceremony will be held at the Soldiers and Sailors Monument in the White Plains Rural Cemetery at 167 N. Broadway beginning at 10:30 a.m. All residents and visitors are welcome to come pay tribute to veterans who have sacrificed so greatly to preserve and protect our freedom. The event, which is organized by the Mayor’s Veterans Committee, will feature recollections and insights by keynote speaker USMC Staff Sergeant Alex Guzman. This year the Mayor’s Veterans Committee will honor Operation Enduring Freedom Veteran Kevin W. Fischer.

West Harrison Veteran’s Day Parade. Step off on Columbus and Underhill Avenues, West Harrison at 10 a.m. participating: Veterans Groups, Harrison Police, Harrison Fire Departments, Harrison High School Marching Band, Harrison Ambulance Corps.

White Plains Outdoor Market. Fresh food and produce from local farmers, plus specialty items; 8 a.m. to 4 p.m. Court Street between Martine Avenue and Main Street, White Plains.

Noonday Concert. The musicians of the Westchester Philharmonic: Peter Reit, horn, and Alyssa Reit, harp, offer music of Bach, Villa Lobos, Armenian folk music, and more. This free concert is made possible with the generous support of the Brian Wallach Agency, White Plains; 30-minute free concert begins at 12:10 p.m. at Grace Episcopal Church at the intersection of Main Street and Mamaroneck Avenue, White Plains.

Zero Waste Your Event. Pete and Toshi Seegor’s Clearwater Festival, the largest annual environmental celebration in the U.S., reduced waste by more than 15 tons in the last three years. Festival co-coordinator M.J. Wilson will share practical and proven ways for reducing waste dramatically, whether at a family gathering or a large community event. Co-sponsored by the Lower Hudson Sierra Group. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. Refreshments at 7 p.m. Program at 7:30 p.m. Free. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Thursday, Nov. 12


Steven Hackett North American Tour. The former Genesis guitarist returns to North America to perform with his band in celebration of his new album “Wolflight” that was released in April and the 40th anniversary of the release of his first solo album “Voyage of the Acolyte.” Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. $48, $58 and $78. Info and tickets: Visit www.tarrytownmusichall.org.

Friday, Nov. 13

Opening Reception for Craft-Tastic. A dynamic collection of quality handmade work on display and for sale. Blown glass, woodwork and dyed leather creations will be included among the many skilled craft disciplines. Pelham Art Center, 155 Fifth Ave., Pelham. 6:30 to 8 p.m. Free. Exhibit continues through Jan. 2. Info: 914-738-255 or visit www.pelhamartcenter.org.

LEGACY: Sculptures by Ivan Biro and Derek Uhlman Opening Reception. In conjunction with the Craft-Tastic exhibition, this ongoing exhibit in the courtyard features a group of four sculptures that highlights the mentor relationship between Ivan Biro and Derek Uhlman. Sometimes a student departs radically from the training or visual language of the master. This exhibit reveals the dynamic between their works. Pelham Art Center 155 Fifth Ave., Pelham. 6:30 to 8 p.m. Free. Continues through March 30, 2016. Info: 914-738-2525 or visit www.pelhamartcenter.org.

WCC Friday Night Film Series. “The Railway Man.” A former British Army officer who was tormented as a prisoner of war at a Japanese labor camp during World War II, discovers that the man responsible for much of his treatment is still alive and sets out to confront him. Ultimately, this film beautifully portrays the ultimate power of forgiveness. Westchester Community College’s Gateway Center, Davis Auditorium, 75 Grasslands Rd., Valhalla. Refreshments at 7:15 p.m. Screening at 7:45 p.m. $11. Seniors (60 and up): $10. Info: 914-606-6716.

“Little Shop of Horrors.” The White Plains Performing Arts Center Conservatory Theatre presents this sci-fi smash. Performed by students in grades 7-12 in the center’s conservatory program. White Plains Performing Arts Center, 11 City Place, White Plains. 8 p.m. $20 and $25. Also Nov. 14 at 8 p.m. and Nov. 15 at 2 p.m. Info and tickets: Visit www.wppac.com.

“A Doll’s House.” Axial Theatre’s production of Henrik Ibsen’s timeless classic. Directed by Howard Meyer, Axial’s founding artistic director starring Laura Credidio and Dan Walworth. St. John’s Episcopal Church, 8 Sunnyside Ave., Pleasantville. 8 p.m. Adults: $27.50. Seniors and students: $22. Also Nov. 14, 20 and 21 at 8 p.m. and Nov. 14, 15, 21 and 22 at 3 p.m. Info and tickets: 914-286-7680, visit www.axialtheatre.org or e-mail axialtheatre@gmail.com.

Space Still Available for No. Castle Historic Tour This Saturday

The North Castle Landmarks Preservation Committee and the North Castle Historical Society will present its next “Exhibition in the Streets” tour, a roughly two-and-a-half hour bus tour that will visit many of the town’s historical sites, this Saturday, Nov. 14 starting at 10 a.m.

The tour group will assemble at Smith’s Tavern on Route 22 in Armonk before the scheduled departure. Sites in all three of the town’s hamlets will be included such as Cranberry Lake, Elijah Miller House and the Valhalla Dam in North White Plains; the Cornell Birstall House, the Bedford Road Historic District, Conyers Farm and the first post office in Armonk; and the Middle Patent Cemetery and Middle Patent Church, Finch’s Country Store and Col. Hobby’s House in Banksville.

Following the bus tour, docents will welcome the group for a tour of historic Smith’s Tavern as well as the other structures at the site of the educational complex which Smith’s Tavern is apart of – the Brundage Blacksmith Shop, the East Middle Patent One Room School and the 1798 Quaker Meeting House.

Longtime North Castle resident George Pouder will serve as the tour’s narrator.

Some seats are still available for “Exhibition in the Streets.” The suggested donation for the tour is $25 per person; checks may be made out to the North Castle Historical Society.

To reserve a space in advance, contact Landmarks Preservation Committee Chair Susan Shimer at sshimer@optonline.net.

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A&B
Stepinac Advances to AAA Semifinals Downs Flyers, 50-3!

By Albert Coqueran

The eighth seeded Chaminade High School never had a chance against the number one seeded Stepinac High School, as the Crusaders crushed the Flyers, 50-3, in the CHSFL AAA Quarterfinals at Stepinac High School on Sunday.

Chaminade scored a field goal by quarterback Ryan Morrison, but it was all Crusaders from that point, as they scored 50 unanswered-points with 43 points scored in the first half.

Stepinac fans looked pessimistic by the manner the game started but Crusaders running back Antonio Giannico excited the hometown crowd with a 50-yard run on the very next play from scrimmage after the Flyers scored.

Then, Crusaders quarterback Tyquell Fields went bang, bang, to his wide receiver Kia Clarillo, hitting him with two touchdowns passes within three minutes of each other in the first quarter. Fields then decided to keep-one and scooted across the goal line on a 6-yard quarterback sneak. The score at the end of the first quarter was 21-3, for the Crusaders.

"After the mistake, the fumble, we got back on point and started rolling," said Fields. "I am going into the Semifinals pretty confident. I am confident in my coaching staff and players and the team is definitely confident."

The Crusaders attack continued in the second quarter as running back Kobe Miranda crossed the goal line on a four-yard run. And with everything going the Crusaders way, a botched field goal attempt turned into a two-point conversion by T.J. Morrison.

Then the Crusaders defense got into the scoring act, as linebacker Jordan Gunther recovered a fumble by Flyers quarterback Matthew Chmil in the end zone for a touchdown, at 6:26 of the second quarter.

After Crusaders running back Malik Crawford exploded for a 53-yard touchdown run to end the first half; that would be all the game-time the Stepinac first string would see in the game, as the score remained 43-3, at halftime.

Nonetheless, Crusaders second-string junior quarterback Michael Cherico wanted a taste of glory and ran 52 yards for a touchdown in the third quarter.

Stepinac appears unstoppable, as they recovered a fumble by Chaminade in the end zone for a Crusaders touchdown. Stepinac scored 43 points in the first-half to beat the Flyers, 50-3, in the CHSFL AAA Quarterfinals.

Stepinac and White Plains high schools football first down chainman Nick "Nicky C" Ciaramella will drop his first down marker to promote the event. Dennis Dion Nardone will host the Doo Wop Spectacular which will feature: The Bronx Wanderers, The Manhattan Skyline, The Classic Sounds, The Harptones, The Salutations and a special tribute to "Grease" by Yonkers native Jackie DiMaggio with Christopher D. Macchio.

Tickets to the Stepinac Doo Wop Spectacular are priced at $45 each and can be purchased by calling: 914-424-8814 or 914-494-4286.

Westchester Knicks Coaching Staff and Training Camp Roster Set

By Albert Coqueran

The Westchester Knicks, the NBA Developmental League affiliate of the New York Knicks, held their 2015-16 Media Day, at the Westchester County Center against the Maine Red Claws, on Thursday, Nov. 4.

The local Knicks introduced their new Coaching Staff and Training Camp Roster, on Media Day, before the start of their second season at the Westchester County Center.

The Westchester Knicks will open their 2015-16 season with their Home Opener, at the Westchester County Center against the Maine Red Claws, on Thursday, Nov. 12, at 7 p.m.

The Westchester Knicks new Head Coach is Mike Miller. He has hired Coby Karl and Derrick Alston as his Assistant Coaches. Miller comes to the local Knicks, after serving as an assistant coach for two seasons with the Austin Spurs, the NBA D-League affiliate of the San Antonio Spurs. The Austin Spurs recorded a 32-18 record last year, while clinching the Southwestern Division Title.

Karl is the son of legendary NBA Head Coach George Karl, who is currently the Head Coach of the Sacramento Kings. Karl is a former D-League player, who played two seasons in the NBA. He is a graduate of Boise State University and played four seasons with the Broncos.

Alston, a Bronx native, comes to Westchester after spending three seasons as a Player Development Coach with the Houston Rockets. He was First Team continued on next page
Westchester Knicks Coaching Staff and Training Camp Roster Set

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All-Atlantic 10 for Duquesne University, before being drafted by the Philadelphia 76ers in 1994. Alston played two seasons in the NBA, before playing 15 seasons professionally in Europe.

Nonetheless, the highlight of Westchester Knicks Media Day was the introduction of their first round draft pick in the 2015–16 NBA D-League Draft. The local Knicks selected guard Jimmer Fredette in the first round, second overall in the NBA D-League Draft.

Fredette is a native of Glens Falls, NY. He was the 2011 NCAA National College Basketball Player of the Year and won the Naismith Trophy, John Wooden Award, and Associated Press College Basketball Player of the Year Award, among many other accolades. Fredette is the All-Time Leading scorer at Brigham Young University and in the Mountain West Conference with 2,599 college career-points.

Fredette was selected 10th overall by the Milwaukee Bucks in the 2011 NBA Draft. He played five seasons in the NBA before signing with the Westchester Knicks.

"I think we have a good group of guys here; it has been a good first couple days of training camp but it is all about progressing and getting better and I am excited about the opportunity," said Fredette.

Fredette was one of the five players selected in this year's draft by the Westchester Knicks. The local Knicks also drafted J'Mison Morgan with their second pick 23rd overall in the second round, Kevin Capers in the third round, Jordan Crawford in the fifth round and Duke Mondy in the sixth round.

All of the Westchester Knicks draftees were introduced at a Draft Party held at Buffalo Wild Wings, on Mamaroneck Avenue, on Saturday, Oct. 31. Mondy was released by the Knicks, as the team cut their roster to 12 players, which includes only three returning players. The Knicks roster needs to be down to 10 players by opening night, November 12.

Thanasis Antetokounmpo, who was signed by the New York Knicks in the offseason but waived, returns to the Westchester Knicks as a free agent. Antetokounmpo joins shooting guard Fredette and former Michigan State University star point-guard Travis Trice II, in hopes of turning around a last place Eastern Division team into NBA D-League playoff contender.

Miller understands he has a huge job ahead of him with the local Knicks producing a dismal 10-40 record last year, while going 1-25 on the road. "As you look around while wanting to be a Head Coach, I thought this team was a perfect fit for me," commented Miller. "I feel like with my experiences and the people that I have been around have prepared me to help them and to be an asset to this Knicks organization," explained Miller.

Art Monk Comes Home to Present NFL Gold Football to WPHS

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attended Syracuse University from 1976-'79, after graduating from White Plains High School. He won the Lambert Trophy his freshman and senior year as the top college football player in the Eastern United States. Monk was inducted into the National Football League Hall of Fame in 2008.

But it was not always easy for Monk growing up on Battle Hill Avenue in White Plains. Monk spoke about his struggles in high school and the community before adhering to the advice of his teachers, administrators and coaches at WPHS.

"Obviously I am known for my athletics, but me as a person, it was not that I was a bad youngster, it was just that I had no direction or hope for the future," explained Monk. "Sports was the only thing I had to hold on to, but even with that I did just enough to get by. It took the teachers, administrators and coaches to push me and the fruits of my life is what they instilled in me," Monk said humbly.

Dan Woodard was one of those administrators who helped guide Monk to his positive path in life. Woodard is a former Principal at WPHS, who was an Assistant Principal at the school when Monk attended.

Woodard presently is the Chairman of the Loucks Track & Field Games and the preserver and presenter of The Art Monk Foundation. Monk through his Art Monk Foundation presents a graduating senior from the White Plains football team a $1000 scholarship and a trophy designed by him each year.

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"This man is one in 20 million; from the day, 17 years ago from the time he started his efforts in the NFL, nobody knew how great he was going to be and he has never forgotten the White Plains graduating senior, never," exclaimed Woodard.

A total of 80 players from the Tigers football program representing the Freshmen, Junior Varsity and Varsity teams attended the Wilson Gold Ball presentation. Senior players JJ Hernandez, Tommy Avery and Elijah Ojo accepted the Wilson Gold Football from Monk on behalf of the Tigers football program.

“This will help the Tigers athletic programs a lot. Art does a great job. He has always given back to the community,” stated Tigers Head Football Coach Skip Stevens.

The Media Center at WPHS was filled with White Plains dignitaries who came to welcome Monk back home to his alma mater. Dr. Paul Fried, the White Plains Superintendent of Public Schools, Matt Cameron, WPHS Athletic Director, Principal Ellen Doherty, former Athletic Director Nick Panaro, (who was Monk's track coach), VP of the Board of Education, Charlie Norris, Mayor Thomas Roach and former Mayor Joseph Delfino. Also in attendance, Frank Williams, Director of the White Plains Youth Bureau, Board of Education Clerk Michele Schoenfield and New York State Assemblyman David Buchwald.

"It is wonderful to have one of White Plains High School's foremost alums back here to recognize his accomplishments but also because he continues to recognize how much White Plains prepared him for

the Football Bowl Subdivision College Football Hall of Fame in 2012. Monk played 16 years in the NFL with the Washington Redskins (1980-‘93), New York Jets (1994) and Philadelphia Eagles (1995). He was known as the “Quiet Man” and was selected to the Pro Bowl three times and voted to the NFL 1980’s All-Decade Team. Monk was elected to the

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