Fire Claims Life of Woman, Hospitalizes Husband

By Neal Rentz

A fatal fire, believed to be electrical in nature, claimed the life of an 86-year-old Mount Kisco woman, and according to Mayor Michael Cindrich, put her 93-year-old husband in a coma on Aug. 13.

“The last I heard, he was in a coma,” Cindrich said at Friday’s village board of trustees meeting.

Westchester County Police Inspector Thomas Gleason said the fire began at about 6 a.m. in the second story of the house located at 540 Main St., behind a gas station and other commercial buildings.

“Despite the extremely dangerous situation, the Mount Kisco Fire Department made a heroic effort to save the life of Mrs. Nicholas,” Cindrich said. “Her death is a very sad and tragic incident.”

Gleason said the couple initially escaped the second floor fire, but Mrs. Nicholas went back into the burning building. “She went back to rescue a cat or cats,” Gleason said.

Gleason said the Westchester County Police and the Mount Kisco Fire Department and EMS responded to the scene. The couple was transported to Northern Westchester Hospital in Mount Kisco.

“The fire at 540 Main St. remains under investigation and is being supervised by the Mount Kisco Fire Department,” Cindrich said.

Though officials believe the fire could have been electrical in nature, “There’s no final determination,” Gleason said.

However, Mount Kisco Fire Chief Mario Muccioli reportedly said the cause of the fire was electrical.

Though Gleason said the fire was restricted to the second floor, village officials reported the house is no longer habitable.

Mount Pleasant Democrat's Ballot Line Upheld

By Neal Rentz

It is official, there will be a competitive race for a seat on the Mount Pleasant Town Board this fall.

The Westchester County Board of Elections recently rejected an effort from a local Republican to disqualify petitions signed on behalf of first-time Democratic town council candidate Wayne McPartland that could have knocked him off the November ballot.

It has been several years since a Democrat has served on the five-person town board.

McPartland will challenge two Republican councilmen, Mark Rubeo and Nicholas DiPaolo.

The Democrats are not challenging incumbent Republican Carl Fulgenzi, the
Mount Pleasant Democrat’s Ballot Line Upheld

According to a press release from the Mount Pleasant Democratic Committeeт last week the board of elections unanimously rejected Specifications of Objections filed by town resident Aimee Nichols against the Democratic candidate Wayne McPartland.

Town Democratic Committee Chair Janet Gandolfo said the majority of Nichols’ line-by-line challenges were “trivial.”

“Claiming that the absence of zip codes, middle initials or individual apartment numbers in multi-family dwellings invalidates the signatures of registered voters is clearly mean-spirited,” Gandolfo said.

Gandolfo also criticized Rubeo, whose law firm represented Nichols. “Rubeo, a practicing attorney, is also a current member of the Town Council running for re-election this year,” she said.

John Fisher, who coordinated the volunteer petition carrying effort to get McPartland on the ballot, also chided the town Republicans.

“Can you imagine how all our volunteers, who spent hours gathering signatures for Wayne, feel about this behind-the-scenes attempt to overturn their hard work,” Fisher said. “Furthermore I believe that, when the residents of Mount Pleasant, regardless of political-party affiliation, learn of this attempt to deny Wayne a place on the ballot, they will be highly offended.

McPartland, a Pleasantville resident, is a former New York City fire battalion chief who took early retirement in 2013 after 33 years with the fire department.

McPartland moved to Pleasantville in 2005 and, following his retirement, he said he took several years off to spend more time with his family. “Then I grew restless and decided I wanted to get back into public service full time,” he said.

McPartland said he was asked by the local Democrat Party to run, noting the five-person town board has been an all-Republican body for several years. “I love a good challenge,” he said. “We’ll see if the town’s residents want a return to two party government come November.”

For their parts, Fulgenzi, Rubeo and DiPaolo said they did not know McPartland and were not aware of his involvement in town.

“I do not know Mr. McPartland. I don’t recall ever seeing or meeting him at any town function whatsoever, during my numerous community activities, in my five years on the town board or during my 30 plus years as a town resident. I wish him the best of luck in his endeavor to seek election to the town board,” Rubeo said. “It’s nice to see people willing to be involved. Also, any time there is a contested election the public’s interest in the operations of the town increases, which is always a good thing. It gives us a chance to discuss all of the things that we have accomplished.”

Rubeo also said he did nothing wrong in representing Nichols. “Regarding the claim that my law firm is representing a Republican challenging his election petitions because they were missing zip codes, this is incorrect,” he said. “A town resident requested that, pursuant to State Election Law, Mr. McPartland’s election petitions be reviewed in detail by the board of elections, because there appeared to be over 100 instances of irregularities of a variety of types. Any candidate seeking to run for public office has an obligation to comply with New York State Election Law before they can get on the ballot. My office simply agreed to have any notices from the board of elections to the objectant to be sent to my office. There are no currently pending legal actions or proceedings in which my law firm is representing anyone concerning the election for the town board. However, if there were any such proceedings pending, a conflict of interest would only arise if I had an interest in the outcome of the matter which conflicted with my own client’s interest or I was seeking an outcome which conflicted with another one of my client’s interests outside the pending matter.”

Though the Democratic Committee stated in its release that McPartland is the first Democratic candidate to run for the town board in more than 20 years, Rubeo disputed that, providing a document stating The Official Statement of Votes Cast and Canvassed in Westchester from the Nov. 6, 2007 general election stated that Fulgenzi and fellow Republican-Conservative Joan Maybury defeated Democrats Michelle McLean and Peter Fiunefreddo.

Fisher said even if Democrats ran for office a few years ago, he believed the local party has not officially endorsed town board candidates for 20 years.

BATTING BACK PAIN?
What you should know about treatment options...

Ask the Doctor
John Abrahams, MD, FAANS
Chief, Neurosurgery
Co-Director, Orthopedic & Spine Institute, Spine Section
Northern Westchester Hospital
nwhorthospandspine.org/DrAbrahams

Q: What can I do about my aching back?
A: Back pain is surprisingly common—nearly 80 percent of Americans will experience back pain at some point during their lives. For most, stretching, rest, and over-the-counter painkillers will resolve the issue. If your pain is persistent, your doctor might refer you to a physical therapist for guidance on how to sit, lift, and move in ways that won’t exacerbate your pain. A physical therapist can teach patients stretches and exercises that will help prevent future back troubles.

Q: What causes back pain?
A: Strains are the most common cause of back pain and usually occur from awkward lifting or even a sudden movement. Structural problems are also a common source of back pain. Disks can bulge and press on the spinal nerves, the vertebrae can develop arthritis, narrowing and pressing on the spinal cord, or osteoporosis can develop. Although rare, it’s possible to get infections or cancer in the spine.

Q: What if my back pain won’t go away?
A: After standard treatments such as rest, physical therapy, painkillers and steroid injections have failed, your physician might refer you to a spine specialist. There are several surgical solutions for chronic back pain, and the tools and techniques have vastly improved.

The O-Arm Surgical Imaging System at Northern Westchester Hospital is an innovative technology that provides surgeons with a detailed, multidimensional CT scan of the spine during surgery.

The detailed views offered by the O-Arm enable surgeons to operate with increased precision and patient safety when performing complex neuro and spine surgery. With the treatments available for many spinal disorders, there is no need to live in pain.

Q: When should I see a doctor for my back pain?
A: Your pain can be your guide—if you’re worried about your back, definitely make an appointment. Some signs that your back trouble might be serious are if the pain:

• Spreads to one or both of your legs
• Is constant or intense especially when you lay down
• Causes weakness or numbness in your legs
• Comes after a fall
• Causes bowel or bladder problems
• Is also in your abdomen, is throbbing, or is accompanied by a fever

*American Academy of Orthopaedic Surgeons

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Hearth Remediation to Resume in Mount Kisco

By Neal Rentz

Work to repair the environmental damage done by the developer of the proposed The Hearth at Mount Kisco senior housing complex will be able to proceed following action by the Mount Kisco Village Board of Trustees on Aug. 14.

The board voted unanimously to allow Village Manager Edward Brancati to act on the trustees’ behalf to coordinate access to the Hearth property to complete testing on the site and mitigate the damage.

The Fortus Group’s project calls for 129 units at 270 Kisco Ave. The proposal has been under review by the planning board for several years. The project is slated for a 17.7-acre site opposite Holiday Inn Drive. The three-story building would be 177,000 square feet.

The developer is seeking site plan approval and special use, steep slopes and wetlands permits from the planning board.

Planning board member Doug Hertz said he was angered when he toured the upper portion of the Hearth property and saw much damage. Hertz showed his colleagues several photos he took at the site.

The damage was done during the process of doing soil and water testing required by the New York City Department of Environmental Protection. The work included digging holes as deep as 30 feet, including drilling through rock.

Hertz said large construction vehicles took down several trees and created three-foot deep holes in the earth in some areas, among other damage.

Hertz demanded that the developer restore the property to its former condition under a plan from an outside consultant that would be paid for by the developer.

On Aug. 5 the planning board unanimously approved a series of conditions for the developer to resume testing on the site, including implementing an erosion control plan.

Brancati said during last week’s work session the developer would complete the testing for the DEP after digging additional test borings. The estimated cost of the first stages of remediation is $117,000, which would include work to prevent soil erosion.

The trustees held their voting meeting on Aug. 14 because a quorum could not be gathered for the originally scheduled meeting on Aug. 10. However, the trustees conducted a work session on Aug. 10.

Encampment clean up

At the work session, Brancati said the village is continuing to explore how to clean up wooded areas that have attracted day laborers and undocumented workers. Squatters and encampments have been located near restricted New York State DEP and New York State DEC land.

Brancati said he has recently spoken with DEC officials about ways to clear vegetation in the wooded locations so squatters could be more easily viewed.

He said last week that the village is exploring a contract with a private firm to clear the areas.

Residency requirement change

Also during last week’s work session, the trustees discussed changing the requirement that the village manager and fire inspector must live in Mount Kisco. Currently, the duties of the fire inspector are handled by the building inspector, Mayor Michael Cindrich noted.

Cindrich said it was difficult for the trustees to hire a permanent village manager recently because of the residency requirement.

The trustees are looking at changing the residency mandate to allow the village manager and building inspector to live within a 15-mile radius in Westchester County. Trustee Jean Farber said the board should also look at changing the requirement to allow Putnam residents who live within 15 miles of Mount Kisco.
Pleasantville Board Encourages County to Ban Plastic Bags

continued from page 1

use plastic bags and polystyrene, the legislation suggests that consumers and retailers use reusable bags, recyclables, and other biodegradable products.

"My personal opinion is that rather than getting too focused on which form of waste is worse, we should get very focused collectively as a community and as a county and indeed as a society on reducing waste in general and in turn using reusable bags is a key way to do that at the consumer level when going to stores," Pleasantville bags is a key way to do that at the consumer level when going to stores," Pleasantville Mayor Peter Scherer said. "This strikes me as an appropriate gesture."

Scherer also noted the importance of a countywide ban.

"From my standpoint, the idea of getting plastic bags and polystyrene, the legislation suggests that consumers and retailers use reusable bags, recyclables, and other biodegradable products.

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Scherer also noted the importance of a countywide ban.

"From my standpoint, the idea of getting back from the county," she said. "We don't use landfills in Westchester County, as you know. The Environmental Protection Agency (EPA) is very supportive of the efforts we've taken and they are very pro-recycling."

Advocate and resident Christine Simon-Orgryzlo clarified the fact sheet, stating that unlike glass or aluminum, plastic bags cannot be recycled to create a new commodity.

"I think that that plastic bags are endlessly being able to be recycled into something new is just a myth," she said.

Milan and other biodegradable products.

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esther miller receives proclamation, spot on the county center jumbotron on aug. 19

esther miller receives proclamation, spot on the county center jumbotron on aug. 19
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Valhalla Fire Department Opposes Light Project, Seeks New Firehouse

By Neal Rentz

The Valhalla Fire Department is opposing a portion of a plan to install a new traffic light at the intersection of Legion and Columbus avenues and is exploring the possibility of constructing a new firehouse.

At the Aug. 11 Mount Pleasant Town Board meeting, Ken Hoffarth, commissioner of the Valhalla Fire District, said while the fire department was not against having a new traffic signal installed, the volunteer department opposed a requirement to control a sensor inside the station that would be used to control red and green lights to allow a fire truck to leave the site, which is located at 330 Columbus Ave.

Hoffarth said the volunteer department does not have the manpower to properly utilize a sensor.

Town Supervisor Carl Fulgenzi said Town Engineer David Smyth has been working with officials from the New York City Department of Environmental Protection on the traffic light proposal.

DEP Director Todd West told the town board that after the 9-11 terrorist attacks out of safety concerns the road leading to the Kensico Dam was closed. The traffic light is being proposed to help improve traffic flow in the area, he said. The proposed traffic light would have a sensor that would allow for regular vehicular traffic to be temporarily halted in the area with an extended red light that would allow a fire truck to leave the fire station easier than it can now to respond to an emergency, he said.

Hoffarth said his department has expressed its opposition to the DEP in the past. His fire department does not have a full-time paid staff and the department did not want to be in a position of having to hire a volunteer manning the traffic light sensor, Hoffarth said.

Hoffarth said the Valhalla Fire Department is exploring the possibility of moving from Columbus Avenue to a new facility elsewhere in town, which would need to be constructed. The department is looking at financial and other issues that would be involved in a move, he said.

The town board agreed to keep the public hearing open.
North Castle Police Department

Aug. 13: At 1:19 a.m., there was a report of a car fire on Bedford Road. Police called 60 Control and the fire department was dispatched. The vehicle was removed by the Armonk Garage.

Aug. 11: At 6:47 p.m., a caller reported an injured deer about a half-mile north of Route 22 and 120. Police responded and the animal died and was moved to the shoulder south of Nanny Hagen Road. The state Department of Transportation was to be notified to remove the deer.

Pleasantville Police Department

Aug. 8: Police are currently investigating a report of fraud. A report has been filed.

Aug. 10: Police responded to disturbance involving a road maintenance crew and driver. A verbal argument ensued when the driver accused the crew of getting mud on her car. The matter was handled at the scene.

Aug. 14: At 1:40 a.m., police arrested a 22-year-old Thornwood resident for allegedly assaulting two other parties outside of the BP gas station on Marble Avenue.

Lori Sachare

Lori J. Sachare, a 25-year resident of Chappaqua, passed away on August 14 surrounded by her family. During her career, Lori worked as the Public Information Officer for the Town of New Castle. She was a contributor to the Journal News, Inside Chappaqua Magazine and other publications. She earned her Bachelor’s degree in Journalism at (SUNY) Buffalo State. Lori was very active in the Sisterhood of Bet Torah and a former editor of the Bet Torah Message newsletter. She will be remembered for her love and devotion to family, friends and her courage in battling cancer for five years. Lori is survived by her loving husband Alex, cherished daughter Deborah, devoted mother Jacqueline Kaufman and brothers Andy, David, and Neil Kaufman. Donations can be made in her memory to Bet Torah Synagogue.

Alfredo Boccasini

Alfredo Boccasini of Briarcliff Manor died on August 10. Beloved husband, father, grandfather, friend and artist has passed, he will be missed. He is survived by his wife Maria Boccasini, his four children, Veronica, Nicole, Salvatore and Patricia and his eight grandchildren and two great grandchildren. In lieu of flowers donations to either, St. Jude’s Children Hospital or Duke University Autism Research would be appreciated.

Harry Frengs

Harry G. Frengs, 91, formerly of Thornwood, died on August 10. He was born on July 31, 1924 to the late Peter and Madeline (nee Sinning) Frengs in White Plains. Harry proudly served in the US Navy during WWII. He was a retired Train Conductor for Metro-North Railroad in NYC and a Life Member of the Thornwood Fire Dept. He was predeceased by his devoted wife, Edith Frengs in 2009 and one brother and one sister. Harry is survived by his loving children, Virginia (Thomas) Marschner of Putnam Valley, Martin (Eileen) Frengs of Collingswood, N.J. and Michael Frengs of Stamford, Conn., one brother, Peter Frengs of Sheffield, Mass. He is also survived by his six cherished grandchildren and 13 great grandchildren.

In lieu of flowers donations to American Diabetes Assoc. would be appreciated.

Stephen Frauenthal

Stephen C. Frauenthal, a teacher in the Chappaqua Public School and at the Hackley School for a total of 53 years, passed away on May 27, 2015. A memorial service will be held at the Hackley School, 293 Benedict Avenue, Tarrytown, on Saturday, September 12, at 11 a.m. Refreshments and an opportunity to share more memories will follow the service.
By Neal Rentz

While many of us are enjoying the final weeks of summer by soaking up the sun at a beach or pool, the work schedule for Mount Kisco native and resident Richard Pagliaro is just heating up.

Pagliaro is gearing up for one of his busiest times of the year as editor of Tennis Now, which consists of a Web site, print magazine and Tennis Now TV, which can be viewed in YouTube programs.

“We call ourselves a Web site with platforms,” Pagliaro said last week.

Tennis Now is gearing up for the US Open, tennis’ final major, Pagliaro, who is in his 40’s, said.

Pagliaro was in Canada last week covering one of the final tournaments preceding the US Open. Pagliaro is slated to cover the US Open qualifying tournament, which is set for Aug. 25 through 28. The Open itself is scheduled this year in Flushing, Queens from Aug. 31 through Sept. 13.

Pagliaro, who has played as a hacker on the Flushing courts outside of the big event, said the schedule will be intense over the next few weeks, but he enjoys it.

Following the Open, the tennis schedules begin to slow down and will heat up again with the first Grand Slam tournament of the year, the Australian Open in January, Pagliaro said.

Tennis has been Pagliaro’s focus in journalism from very early in his career, which began at the Gannett newspaper chain in White Plains in the early 1990’s. Though he covered a variety of sports as a young reporter, his passion for tennis began when his editors trusted him to cover the US Open and he has been reporting on it ever since.

The Fox Lane High School and New York University graduate subsequently worked for Tennis Week and Tennis Magazine and became Tennis Now editor in 2014.

After living for a brief period in New York City, Pagliaro moved back to Mount Kisco to raise his family about a decade ago.

The US Open has been a particular favorite for him to cover, Pagliaro said. “Tennis is a game of motion,” he said. “It’s a very visual game.”

The Web site for Tennis Now is tennisnow.com and the company also has a Facebook page. Tennis Now TV can be viewed on YouTube.

“Peekskill is my home, and keeping us safe is my job.”

Kaitlyn Corbett has always called New York home. Born and raised in Buffalo, she earned her degree in nuclear power engineering at SUNY College of Technology and moved to Peekskill to start her career at Indian Point. Safety is the single most important mission for Kaitlyn and her 1,000 colleagues at the plant, and it’s been the focus of her years of study and training in the nuclear power industry. Every day, engineers are graded on their performance by inspectors from the Nuclear Regulatory Commission. The NRC recently gave Kaitlyn and the team at Indian Point its highest safety rating — for the fifth year in a row.

Discover more about Indian Point at SafeSecureVital.com

Kaitlyn Corbett
Nuclear Engineer
Local Libraries to Receive Construction Grants from Albany

By Pat Casey

The New York State Department of Education's Library Construction Grant Program, supported by a $14 million capital fund appropriation in the 2014-2015 state budget for the construction and renovation of public libraries in New York State has announced its awards.

The Warner Public Library (serving Tarrytown/Sleepy Hollow) will receive $19,107 for the installation of a Hyper Inverter heating (cooling) pump system. The ceiling directly under the roof will be insulated and the front portico's gutters and downspout will be replaced. $11,950 to replace old shingles on the structure's roof, as well as improve the noise issues and increasing patron comfort and staff use of both areas.

Harrison Public Library is granted $32,438 to transform the Community Room that will provide comprehensive library services for the 21st Century. Harrison Public Library (West Harrison Branch) will receive $26,500 to replace the old entrance doors with energy-efficient, ADA compliant units to improve energy efficiency and accessibility.

Katonsah Village Library will get $11,950 to replace old shingles on the structure's roof, as well as improve the front portico's gutters and downspout. The ceiling directly under the roof will also be renovated.

The libraries in Pelham, Tuckahoe, Katonsah Village, New Rochelle and Eastchester will receive funds in excess of $200,000 for improvements ranging from new ceiling fans and other interior renovations to increase programming and quiet study space.

The Dobbs Ferry Public Library will receive $25,591 to retrofit or replace existing light fixtures with energy efficient, long lasting LED fixtures.

The Hastings-on-Hudson Public Library will receive $155,589 for the Roof Replacement Program, supported by a $14 million capital fund appropriation in the 2014-2015 state budget for the construction and renovation of public libraries in New York State has announced its awards.

The Warner Public Library (serving Tarrytown/Sleepy Hollow) will receive $19,107 for the installation of a Hyper Inverter heating (cooling) pump system, providing the library with a fully functional roof and drainage system, protecting the building and its contents.

The Greenburgh Public Library will receive $25,591 to retrofit or replace existing light fixtures with energy efficient, long lasting LED fixtures.

The Hastings-on-Hudson Public Library will receive $19,107 for the purchase and installation of a Mitsubishi Hyper Inverter heating (cooling) pump system for the expanded and renovated library community room.

The Greenburgh Public Library will receive $14,661 for the installation of a glass partition and door in the passage between the adult reading room and the teen section of the library, alleviating noise issues and increasing patron comfort and staff use of both areas.

North Castle Public Library has been awarded $46,772 to replace an outdated HVAC system, as well as old, drafty doors. Funding also provides for three ceiling fans and other interior renovations to increase programming and quiet study space.

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9/11 Day of Service Encourages Everyday Heroes

In honor of those whose lives were lost or forever changed by the tragic events of Sept. 11, 2001, County Executive Rob Astorino will join Volunteer New York! and Robison to host “9/11: Serve + Remember” at the Westchester County Center on Friday, Sept. 11, from 2 to 6 p.m.

Special focus will be given this year to the everyday heroes who save lives by donating blood, bone marrow and stem cells, as well as those who volunteer as first responders in their communities.

Westchester County’s formal 9/11 memorial ceremony will take place Sept. 11 beginning at 7 p.m. at “The Rising” at the Kensico Dam.

Register online at www.volunteernewyork.org/service (early registration is encouraged) for opportunities that take place September 11th through September 13th in Westchester and Rockland.

Many events are family-friendly and all provide meaningful ways to support local nonprofits and causes. To sign up for the blood drive contact Janet Lokay at jell@westchertgov.com or 914-995-2127.

Sign up for the following service projects on 9/11 at the County Center:

- Write Thank You Cards for Veterans and First Responders with Volunteer New York; Make Sleeping Bags for Adults in Need with Lifting Up Westchester; Pack Swab Kits for Blood Drive with New York Blood Center; Create No-Sew Fleece Blankets with Project Linus;
- Join the Bone Marrow Registry with Volunteer New York; Make Paracord Bracelets for the Troops with Operation Gratitude; Create Educational Games for Children with Volunteer New York; Receive Hands-only CPR Training with the American Heart Association; Donate Blood (9 a.m. to 4 p.m.) with New York Blood Center; Give to the Early Learners Book Drive with Open Door Family Medical Center; Contribute to the Food Drive with Hillside Food Outreach; Sign up for Westchester County Emergency Preparedness Exercise with Westchester County Department of Health.

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170 West 233rd Street, Bronx, NY 10463
By Colette Connolly

As a young girl, Livia DiPaola often watched her aunt cut hair and dreamed one day that she, too, would become a hair stylist. That dream came true 14 years ago when DiPaola opened her own business in Hawthorne called Livia’s Hair Salon.

A graduate of the Southern Westchester BOCES Cosmetology Program, DiPaola, who has over two decades worth of experience, earned her hairstyling chops in another Westchester hair salon before deciding to go it alone.

While DiPaola’s specialty is in applying highlights and color, her reputation as a children’s hairstylist is well known among the local community. A recent online review of DiPaola’s patience with children, especially little ones who can be difficult when experiencing their first cut, is a testament to her professionalism and dedication to perfection.

“I’ve always wanted to be better than good,” said the friendly DiPaola, who is not only concerned about doing a good job for each and every client, but also about making them happy. “I just want to make people feel good; it’s very rewarding,” she said.

Her other services include men’s haircutting, coloring and highlighting as well as a variety of services for women, including design cuts, razor cutting, Brazilian blowouts, toning, body waves, perms, hair extensions, and special occasion updos, and other styles.

She also offers a waxing service for the eyebrows, chin and lips.

The creatively driven DiPaola is always learning new skills and keeping ahead of the trends. “I enjoy my job most when I’m not always doing the same kind of hair cut or color,” she said.

One of the popular techniques she offers is called Ombre, which involves creating highlights on the bottom half of the hair. The technique, she said, can be applied to any color hair and has been popular with a lot of customers.

A testament to the extensive training that DiPaola puts herself through on a regular basis can be seen in the many framed certificates that are hanging on the walls of her brightly lit salon. They include qualifications in layering techniques from Jingles International London New York and other skills she’s acquired from the Arrojo Cosmetology School.

DiPaola also stands behind specific hair products. She recently spent time in the Scruples Academy in Minnesota, the makers of the Scruples line of hair products that she uses exclusively. She is a big fan of the Scruples gluten-free shampoo, which she said is gentle on all hair types and is particularly beneficial for chemically treated hair.

Livia’s Hair Salon also hosts themed birthday parties for children. Different packages are available, but all of them include the application of hair extensions on the party girl and her guests, in addition to hairstyles, manicures and much more.

Giving back to the community is important to DiPaolo. Every October, she raises money for the National Breast Cancer Foundation through a special Cut-a-Thon fundraiser.

For the month of August, she has been raising awareness of ALS by offering blue hair extensions to customers and in return giving them $10 off their back-to-school haircuts. Her intention is to raise $500 for Pat Quinn, who has ALS and is the founder of the Ice Bucket Challenge.

Livia’s Hair Salon offers a 10 percent discount to first-time clients. The salon is located at 414 Elwood Avenue in Hawthorne. It is open Tuesday from 9:30 a.m. to 6 p.m., Wednesday, 11 a.m. to 7:30 p.m., Thursday, 12 to 8 p.m., Friday, 10 a.m. to 7 p.m. and Saturday, 9 a.m. to 5 p.m.

For more information, visit www.liviashairsalon.com or to make an appointment, call 914-747-6155.
Guest Column

Congress Needs to Fix Excessive Testing in No Child Left Behind

In a letter to Congress members Nita Lowey, Eliot Engel and Sean Patrick Maloney, and Senators Charles Schumer and Kirsten Gillibrand, NYS Senator George Latimer, District 37, asks federal lawmakers to fix excessive testing in No Child Left Behind (NCLB).

First adopted in 2002, NCLB created a substantial and rigid system of standardized testing. Although adopted by the Bush Administration, the current U.S. Department of Education has taken an inflexible stance, particularly in regard to children with special needs and English Language Learners (ELL).

“...has recently been brought to my attention that the United States Department of Education denied the request of the New York State Education Department to provide a waiver which would allow our schools to better meet the needs of children with disabilities and those who are English Language Learners,” Latimer wrote.

As a state senator sharing constituents, and the ranking member of the Senate Education Committee, Latimer asked his colleagues to work on rewriting NCLB now, saying: “The current law is failing to meet our children’s needs in both these areas.”

In March, the NYS Education Department requested a waiver from the federal law, allowing for developmentally appropriate testing standards for children with serious disabilities, and a second year of prep time for English Language Learners for children just starting to learn English. Both were denied by the US Department of Education in June, based largely on the federal government’s interpretation of NCLB.

Latimer further wrote: “These are both reasonable requests, affecting thousands of students across our state and likely hundreds of thousands across the country. Putting testing above educational needs and abilities creates a system of accountability based on fallacy and failure as a self-fulfilling prophecy.”

Congress is currently working on legislation to reauthorize and extend NCLB. “As the work on NCLB continues, please keep in mind that these children, with special and diverse needs, are counting on us to protect them and ensure that education works for them,” Latimer concluded.

Letters to the Editor

Diaconis is a Poor Choice for District 3

My opposition to Diaconis is simple: I believe past behavior is the best predictor of future behavior. The Diaconis as I have seen as Chairman of the local Democratic Party and as a frequent and vocal attendee at North Castle Town Board meetings is not someone I want to see representing the third district. His politically driven opposition and obstructionist ways would serve the residents of District 3 very poorly. As a long-time resident of North Castle I have seen politicians, activist and volunteers of all stripes.

A Letter to HUD Affordable Housing Settlement Monitor James Johnson

I am a resident of the town of New Castle here in Westchester, and I am writing to appeal to your sense of compassion and justice in regards to the Conifer affordable housing proposal at 54 Hunts Place.

When I first learned of this proposal a few years ago, I was baffled by the suggestion that anyone should be actively invited to live in a contaminated location that was repeatedly rejected as a residential site by any developer who reviewed the property. I could not understand why the property, not owned by the town, was eagerly offered by then-Supervisor Barbara Gerrard to Conifer. My confusion, you see, was due to the fact that this location went against just about EVERY one of the stipulations made in the settlement of the lawsuit brought against the county, at the time run by Andy Spano.

I believe that you yourself instantly recognized the sheer inappropriateness of the location; the separation of the building from the rest of the community; the virtual strangulation of the building as it would be surrounded on three sides by a railroad track, a bridge, and a well-travelled highway, the contaminated grounds on which it would be built, the lack of any open space for children to play, and the list goes on.

What further perplexes me is the fact that the developer has repeatedly been offered, by the new iteration of the town board, a very appealing, safe, and large property on which they could build even more units, right in the heart of the community. I am flummoxed by the refusal on the part of Conifer to even consider it, even after resident architects drew up extremely well thought out plans illustrating the possibilities.

I have heard that money is the issue, that Conifer feels they have already invested money into this location and this is where they insist on building. However, increasingly more funds will be necessary as time goes on, between remediation of the site, constant alterations to the plans because of the line to line location of the walls of the building, the necessity to alter MTA property, NYS property, the inability to have operable windows in any of the apartments facing the tracks, etc.

In all the ballyhoo about money, I have not heard one person be able to truthfully and thoughtfully say that this residential project would be a safe, welcoming place in which to raise a family. Not one. How sad.

Please reconsider your approval of this location for a residential building. Please meet with the current town supervisor and have a conversation with him about other locations in town.

Rosemary Bellantoni

Letters Policy

We invite readers to share their thoughts by sending letters to the editor. Please limit comments to 250 words. We will do our best to print all letters, but are limited by space constraints. Letters are subject to editing and may be withheld from publication on the discretion of the editor. Please refrain from personal attacks. Email letters to mwilbur@theexaminernews.com. The Examiner requires that all letter writers provide their name, address and contact information.

Eileen Gallagher
Put Some Innovation into Your Back-to-School Routine

Back-to-school season is busy and stressful for families, but you can find easier ways of doing things – from what you feed your family to your morning routine.

Thankfully, parents don’t need to reinvent the wheel because “Product of the Year,” the world’s largest consumer-voted award for innovation, is on a mission to guide consumers to the most innovative products. Backed by the votes of 40,000 consumers, the list of winners can serve as a shortcut at the store, saving parents time and money on needed back-to-school and day-to-day items.

To try something new and innovative, check out some highlights from the 2015 Product of the Year winners:

**Goodnites Tru-Fit Underwear:**
Nearly one in six children ages four to 12 nationwide wets the bed, which can be upsetting for both parents and children. This product looks, washes and feels like regular underwear, but provides protection to keep sheets and pajamas dry all night, helping kids feel more confident.

**Gold Bond No Mess Powder Spray:**
Quick and easy application. The 360-degree check out a refreshing no-mess spray with boosters infused with natural essential oils. Available in three fragrance moods – Well-Being, Energy and Serenity, refresh oral care benefits found in regular varieties.

**Purex Crystals Aromatherapy:**
A nuturing environment for 2, 3 & 4 year olds.

**Dial Deep Cleansing Hand Soap:**
Combat germs picked up at school by washing hands with gentle micro-scrubbers.

**Snackeez Snack and Drink Cup:**
Simplify snack time by including kids’ favorite drink and snack in one convenient container. A sealed lid keeps snacks fresh, clean and ready to take anywhere.

**Sensodyne Complete:**
A new year deserves a new fumes, so it’s safer for your family and the environment.

**Benjamin Moore Natura Waterborne Interior Paint:**
Amongst new schedules, new friends and new experiences at school, trying out innovative products can make this back-to-school season a breeze.

For more information on other winning products, visit www.ProductoftheYearUSA.com or follow Product of the Year USA on Facebook and @POY_USA on Twitter.

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Mental Tricks Students Can Use to Help Boost Grades

Maintaining strong grades in every subject can be tough on even the brightest of the bunch. This is especially true these days, as students routinely are taking on more extracurricular activities and part-time jobs while enrolled in school.

Students looking to grasp complicated class material – and still have time left at the end of the day – can stand to benefit from tried-and-true systems for learning, say experts.

“Every student from a young age should learn speed reading, speed math and mnemonics,” said Harry Edelson, venture capitalist, managing director of Edelson Technology Partners and author of the new book, “Positivity: How to be Happier, Healthier, Smarter, and More Prosperous.”

Edelson, the son of an illiterate Russian immigrant, attributes his triumph over childhood poverty and success in the classroom and business world, to the adoption of key mental tricks and a positive attitude. In “Positivity,” he delves into how others may follow suit. Here he shares a few insights.

Speed Reading. Speed reading allows a reader to take in written material much more quickly than traditional reading. While those wishing to improve their speed-reading skills once had to attend seminars or enroll in a course, now lessons are widely offered online. Free software, as well as apps available for download to your phone, can offer training in this useful art.

Speed Math. Like speed reading, speed math can help students finish their homework faster and with more precision. Additionally, learning this skill offers students a deeper understanding of mathematical operations. A range of books on the subject, as well as online tutorials, can supplement classroom learning.

Mnemonics. So much of school testing involves the need for recall and recitation, especially as schools nationwide adopt Common Core Standards. Mnemonics are a classic and effective method of memorization and information retention. Depending on the material, students can turn to existing mnemonic devices or create their own.

Positive Thinking. “I consider myself to be very lucky. I have been happy all my life even though I started out as poor as a child could be,” said Edelson, who says positivity can lend itself to success. “Take control of your senses, determine to be happy and develop a frame of mind that will make you and all those around you happy.”

For an edge this semester, don’t reinvent the wheel. Consider first the academic techniques and personal philosophies that have worked so well for others.

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Preparing the Young Ballet Dancer Before Going en Pointe

By Rose-Marie Menes

School is just around the corner, and this means that parents are probably looking for after-school activities for their children. Many young girls are likely already involved in dance, and for those who are studying ballet, they might be anxiously hoping to finally get their "toe shoes"—or to use the correct terminology—their pointe shoes this fall.

The age for going on pointe is usually 11 years old. This age has become something of a "safety-number," or a "marker" for teachers to uphold to ensure that students don’t go on pointe when they are too young. Giving a child pointe shoes too early can be detrimental to her feet, legs and to the development of her whole body.

Many parents do not understand the meaning of going on pointe. Some think it’s a reward or a present to be given on birthdays and holidays, while others think it’s a "right of passage" that coincides with starting middle school or becoming a teenager.

More than anything, going on pointe requires time and dedicated training, which can take many years, beginning in pre-ballet classes when a child first learns the proper placement of the body in dance. If a child pursues ballet, between ages 8-11, she should be taking hour-long ballet classes, three times a week, with another 15 minutes of "pre-pointe" preparation at the end of each class. The more classes, the better—so long as the classes are of quality training. When a child is ready, she will have demonstrated the strength required, not only in her feet and legs, but her whole body (e.g. her ankles, knees, hips, back, abdomen, and shoulders), to maintain correct alignment for dancing on pointe. This means that she should be able to stand in "first position," with all 10 toes on the floor, so that her instep is lifted to ensure equal distribution of the weight on both feet and balance for eight counts on demi pointe and finish in first position — demi plié. This will develop the student's strength for more difficult steps to come. Having a command of these fundamental skills doesn’t mean that getting pointe shoes is going to be "a bed of roses." Even when a student has demonstrated the kind of strength and ability that pointe requires, it can cause sore feet, bruised toenails and blisters, which is all par for the course. As the student matures, this will disappear.

Getting pointe shoes is much like getting keys to a car. Without proper training and practice, accidents can happen. Like driving for the first time, dancing en pointe can be an amazing experience and the sign of a huge accomplishment. It is most important that you get the right training for your child now and in the future.

To set up a free consultation in ballet, please contact the Westchester Ballet Center for the Performing Arts at 914-245-2940 or info@westchesterperformingarts.com. Visit www.westchesterperformingarts.com for more information.

Rose-Marie Menes is a Master Ballet Teacher -- pre-school through professional. She is Owner/Director for over 37 years of The Westchester Ballet Center for the Performing Arts. She has been a Professional dancer for American Festival of Ballet, Radio City Music Hall, Chicago Ballet, New York City Opera and Ballet Russe. And a Master teacher for 12 years with Dance Caravan, Dance Olympus, Dance Masters, Dance Educators and Professional Dance Teachers of America. Over 30 professional recordings on ballet.

2015-2016 Rates Per Semester

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Costume Fee: $105 (Ballet, Tap, Jazz, Broadway, Hip Hop, Bollywood)

Materials Fee: $75 (Modern & Lyrical)

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2015-2016 CLASS SCHEDULE

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Registration for 2015-2016

Fall Registration - Main Studio - Rm 121

Friday, Aug. 28 5:00-7:00pm

Saturday, Aug. 29 10:00am-12:30pm

Tuesday, Sept. 8 - Saturday, Sept. 12 during regular class times

Nutcracker Auditions

Sept. 17 - Paramount Hudson Valley

12:30-1:00pm: Ages 8-11 (please - no one over 5’)

1:00-1:30pm: Ages 11-13 (please - no one over 5’; bring pointe shoes)

2:00-2:30pm: Ages 13-15, corps de ballet & soloists

(no one over 5’; bring pointe shoes strong on pointe)

2:30-3:00pm: Clara Auditions (Must be on pointe)

Sept. 19 - Westchester Ballet Center

12:30-1:00pm: Ages 8-11 (please - no one over 5’)

1:30-2:00pm: Ages 11-13 (please - no one over 5’; bring pointe shoes)

2:30-3:00pm: Ages 13-15, corps de ballet & soloists

(no one over 5’; bring pointe shoes strong on pointe)

Nutcracker Performance Dates

BROOKLYN COLLEGE: Sunday, Dec. 13

Tuesday, Dec. 15 & Wednesday, Dec. 16

(Brooklyn show tickets available through Brooklyn College, Tuesday/Wednesday closed to public)

PARAMOUNT HUDSON VALLEY: Saturday, Dec. 19

Spring Registration - Main Studio - Rm 121

Friday, Jan. 9 10:00am-12:00 noon

Spring Semester Begins January 14, 2016

Spring Recital: Yorktown Stage, Friday Evening, May 6, 2016; 6:30pm

Saturday Matinee, May 7, 2016; 11:00am

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**The Trick of Emotional Detachment from a Home When Selling**

Do more people than not get attached to their homes to the point where they suffer a sense of loss when it’s time to move on? Is it a question I’ve been pondering lately and one that once again I’m facing myself.

My home is on the market for the second time in two-and-a-half years. Last time, I had a problem detaching from it, surprising enough. But do I this time? Not at all. This time I’m ready.

One of my oldest but most vivid memories about attachments people might develop to a home happened on the day my best buddy from college was getting married.

I had travelled to his hometown and we were in the home where he had grown up from the time of his birth. He had invited me there to spend the night after his bachelors’ party and to dress in our tuxedos prior to the ceremony. As we were headed out the front door, he hesitated and said, “Wait, I want to look at my room one last time. I guess I’ll never hesitated and said, “Wait, I want to look at

From that time, after graduation, I moved from apartment to apartment with nary a thought about attachment to any living situation, never lingering longer than a year or two in any one place. Even after marriage, in short order, my wife and I moved five times in our first five years together.

By the time we moved to the suburbs to our current property, however, I guess we were worn down enough to declare, “only in a wooden box will we leave this place!” And pretty much that was the situation until two and a half years ago when, in the very doldrums of the recession, we decided that our large home no longer suited our purposes at this stage of our lives and placed our home on the market. For more than 40 years, we had enjoyed our large multi-use historic home as a work horse – a place to raise our family, to build our business in-house with a special use permit and to have income from an accessory apartment as well – but after our family became just my wife and me, we wanted a different kind of living environment. Despite the bad times of market, we did receive a good offer, having followed my own advice in preparing for the sale by updating and upgrading wherever needed, providing much fodder for this column.

When that offer came in, oddly, instead of rejoicing, I felt an inexplicable sadness, a sense of loss. When the inspection report came back with an issue, to that point unknown, and although quickly remedied, it ultimately killed the deal. Instead of being upset, frankly, I was relieved. When we were just not ready, I guess that with all the life experience I enjoyed under that roof, I hadn’t properly prepared to detach.

But just last week, the house was placed on the market again. And this time, I know I will be pleased when the right buyer comes forward, either someone with a large family or a couple who are entrepreneurs who want to operate a business on the premise with a special use permit as we did successfully for many years, while perhaps deriving income from an accessory apartment at the same time. What’s different this time? What makes it easier is that I’ve done a lot of “self-talk” about the benefits of a scaled-down responsibility of less space, and spent a lot of effort “de-personalizing” the premises of the many things we’ve collected through the years.

This is why the realtor “gurus” recommend removing personal items from view prior to placing a home on the market. Aside from helping to show a home in its best light, removing personal items begins to make a home feel more like a “product” for sale. It’s a subtle but important step toward detaching.

Also, when you think about it, gathering up all the personal items is the first step in packing up for the move! If you find that you are the perfect buyer candidate for The Home Guru’s home, described here, give me a call at (914) 522-2076. Also, let’s talk if you are planning a move and worrying about detachment. After all, I’ve been through it, twice now!

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.
Lyndhurst Sunset Jazz in Tarrytown Expands Food Service

By Jerry Eimbinder

Once upon a time, an attendee at a Lyndhurst jazz concert in Tarrytown had to buy a picnic basket or go hungry. Today, a considerably expanded menu has been introduced by Caperberry Events Catering, the new food and beverage provider for the sixth annual summer Sunset Jazz program under way at the Lyndhurst estate in Tarrytown.

The music presented at this twilight free-admission event has been under the direction of Mark Morganelli, founder of Jazz Forum Arts, since 2010.

Caperberry offers a wide selection of “grab and go” food and treats such as sandwiches, wraps, salads, fruit including grapes and strawberries, fruit salad, snacks and bags of cookies. Beverages include iced tea, beer, wine, soda and bottled water. A cheese platter comes with three types of cheese, fresh and dried fruit, and crackers.

Food service begins at 5 p.m. and ends at 8 p.m. for the two remaining Thursday performances. On August 20, the Gene Peria Quartet and Viktorija Gečytė will perform and on August 27, the Gilberto “Pulpo” Colon group will entertain with Latin jazz.

Wrapped cold sandwiches include grilled chicken, sliced prime rib, and avocado with lettuce and tomato. Salads include Caesar and greens with a choice of toppings.

Among items suitable for children are a peanut butter and jelly sandwich ($5) and a ham and cheese sandwich with lettuce and tomato on seven-grain bread ($8).

Brews cost $7 (including Captain Lawrence craft beer and Heineken light beer), soda costs $3, and bottled water is priced at $2. Bags of potato chips and popcorn can be purchased for $1.75 each. Wine is available by the glass ($10) or bottle ($30). Wine selections change each week but typically include Chardonnay, Malbec, Pinot Grigio, Pinot Noir, and Shiraz.

Credit cards are accepted for food purchases. A parking fee of $10 is charged.

Lyndhurst, a National Trust for Historic Preservation site, is located at 635 S. Broadway, Tarrytown, NY 10591, 914-631-4481, www.lyndhurst.org.

“The Turk — Authentic Turkish Cuisine” Opens in Mount Kisco

By Jerry Eimbinder

“The Turk — Authentic Turkish Cuisine,” after an extensive renovation program, opened on August 15 in Mount Kisco. Joining partners Simon Maden and Murat Hicdonmez in this new venture is Chef Aziz Seven (Maden’s uncle).

The restaurant is open seven days a week for breakfast, lunch and dinner.

Dishes offered include tapas, pide (Turkish pizza), meze, and a variety of Turkish dinner entrees such as döner kebab (a Turkish version of a gyro) with ground lamb at $14.99, lamb shank at $21.99 and grilled whole sea bass at $23.99.

A two-course, $11.99 prix-fixe luncheon menu is available Monday through Friday from 11:30 a.m. to 3:30 p.m.

The prix-fixe lunch starters include Shepherd’s salad (tomato, cucumber, green peppers, onions, and vinaigrette dressing), Lebni (yogurt with walnuts, garlic and dill), chicken vegetable soup, hummus, Baba Ghanoush (eggplant) and more.

The prix-fixe lunch entrees include Adana kebab (minced lamb) named after a city in Turkey and one of the world’s most popular Turkish dishes, spinach Borani (marinated baby lamb), Köfte kebab (ground lamb), marinated Shish chicken kebab plus more. Beverage cost is additional.

An a la carte luncheon menu is also available.

Eighty percent of the wines available are Turkish; the remainder are mostly from Mediterranean or Californian vineyards.

Breakfast service begins at 6 a.m. on Monday through Friday and on Saturday and Sunday it starts at 10 a.m. (the same breakfast menu applies on all seven days). The restaurant closes every day at 10:30 p.m.

“The Turk — Authentic Turkish Cuisine” is located at 20 South Moger Avenue, Mount Kisco; 914-334-3203.

“Lyndhurst at Tarrytown”

Lyndhurst at Tarrytown.

The Turk, a new restaurant in Mount Kisco.
WBT’s Backwards in High Heels Tells Tale of Ginger Rogers’ Real-Life Adventures

By Colette Connolly

Ginger Rogers and Fred Astaire were the extraordinary dance duo who charmed Depression-era moviegoers for years. But the vivacious actress didn’t win acclaim for her own unique talents until she split from Astaire and then won an Academy Award for best actress in the 1940 film “Kitty Foyle.”

That and Rogers' climb from a talented tap-dancing, cherub-faced teen in Texas to a major Hollywood star is the basis for “Backwards in High Heels: The Ginger Musical” at the Westchester Broadway Theatre in Elmsford.

The show opened Aug. 14 and will run through Sept. 20.

The title of WBT’s 191st performance comes from a quote in the 1982 “Frank & Ernest” cartoon that says: “Sure he was great, but don’t forget that Ginger Rogers did everything he did – backwards and in high heels.”

Conceived and developed by Lynnette Barkley and Christopher McGovern, the performance begins with an introduction to the precocious teen, played by Darien Crago, who wants nothing better than to tap dance her way through life.

Her mother, Lela Rogers, played by Erika Amato, is against her daughter entering a local Charleston contest, but the feisty Virginia Katherine McMath, which was Rogers’ real name, is hearing none of it.

And so begins the tale of Rogers as the musical recounts her journey on the Interstate circuit to New York and other American cities and then on to a number of vaudeville acts and the Broadway stage, where she performed in “Girl Crazy” with the comedic actress Ethel Merman.

Throughout her early career and certainly when she became a Hollywood starlet, Rogers’ mother was the driving force behind her. While they split for a while after Ginger Rogers’ first marriage to Jack Culpepper, Lela Rogers’ experience as a scriptwriter in Hollywood and her knowledge of show business was indispensable to her daughter’s success.

The love-hate relationship with her mother that Rogers experienced as she made her way up the show business ladder is evident throughout this performance.

Crago, a talented tap dancer in her own right and by the looks of it, a classically trained ballet dancer as well, performs flawlessly in both the tap dance and ballroom scenes. Jeremy Benton, who plays Astaire and is also the show's director and choreographer, is equally impeccable in his timing and execution of the steps.

One of the most beautifully rendered scenes of the show is the performance by Crago and Benton as they dance hand-in-hand to “Shall We Dance,” with Crago dressed in the Ginger Rogers white feather dress, a replica created for her by the show’s costume designer Heidi Giarlo.

Some of the other memorable moments of this wonderful show include the ensemble performance of “I Got Rhythm” which features Avital Asuleen, who plays Merman, along with Crago, Matt Gibson, who plays Culpepper, and other members of the ensemble company.

The poignant scene between mother and daughter toward the end of the show, when Amato performs “You’ll Never Know,” a number that showcases her fabulous singing voice, is one that audiences will remember.

The classic George and Ira Gershwin numbers “Let’s Call the Whole Thing Off,” “I’m Putting All My Eggs in One Basket” and “Let’s Face the Music and Dance” add an infectious air to the show.

All-in-all a truly powerful performance from Crago, whose singing talent is every bit as strong as her footwork, and Benton's charming portrayal of Astaire is as well, a delight to watch.

To purchase tickets online, visit tickets.com/buy/TicketPurchase?organ_val=420 or call 914-592-2222. For group sales, call 914-592-2225, or to make luxury box reservations, call 914-592-8730.

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Happenings

Tuesday, Aug. 18
Science Of Play. WeZee, The Science of Play Auction will be held from 4:30 to 6:30 p.m. at WeZee, 480 N. Bedford Rd. (Chappaqua Crossing). Doors will open at 4:30 p.m. and the auction begins at 5 p.m. and will continue until all items are sold. Info: 914-752-2100, e-mail info@weezeeworld.com or visit http://www.weezeeworld.com/weeze-auction.

Super Readers United Book Club. For children entering grades 2-4. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 p.m. Free. Info: 914-864-8041 or www.mountkiscolibrary.org

Thursday, Aug. 20
Let Your Yoga Dance Classes. The popular Kripalu noon dance class is now in Chappaqua! Combines easy dance, gentle yoga and great music. Come join this non-competitive, heart pumping and joyful experience. Drop-ins welcome. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 10 a.m. $20 per 75-minute class. Every Tuesday and Thursday. Info: 914-238-8974 or email claudiayогаданас@gmail.com.


Friday, Aug. 21
"Knit Knit Bomb Bomb" and All-Age Art Workshop. Pelham Art Center’s outdoor Courtyard will be colorfully ablaze this with a yarn bombing installation that will cover stretches of its brick walls, tree branches, benches and other objects with knitted garments. This community knitting project led by Maureen McCourt and Gail Heidell transforms the context of everyday objects as a new way to activate public space. In conjunction with the new work local artists exhibit. Pelham Art Center, 155 Fifth Ave., Pelham. Free. Exhibit continues through Aug. 31. Info: 914-738-2252 or visit www.pelhamartcenter.org.

Saturday, Aug. 22
Pleasantville Farmers Market. Come experience the largest farmers market in Westchester, the one voted Best of Westchester 2014 by the readers of Westchester Magazine. With over 55 vendors, seven nearby parking lots and creative and weekly programming, it’s a destination good time every Saturday. This week, returning dynamic duo Isabella Lalli will perform. Also, the Woods School of Irish dancing will display and teach fundamentals of Irish step dancing for the kids’ event. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Rain or shine. Info: Visit www.pleasantvillefarmersmarket.org.

Chappaqua Farmers Market. Bringing locally-raised and produced food to the community in a weekly market. Featuring about 40 vendors weekly. Also includes music, children’s activities and a food demonstration. Chappaqua train station, Chappaqua. 8:30 a.m. to 1 p.m. Every Saturday. Info: Visit www.chappaquafarmersmarket.org.

Mount Kisco Farmers Market. St. Mark’s Church, 85 Main St., Mount Kisco. 9 a.m. to 1 p.m. Info: Visit https://www.facebook.com/MTKisKoFarmersMarket.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Free. $12. Every Saturday. Also Mondays from 6:30 to 7:30 p.m. Info: 917-215-1720 or visit www.addie-tude.com.

Teaching Trails: A Community Path for Environmental Education. Join guided trail experience through the woodland forest. Discover who left that track, which tree makes the best animal home or which plant makes its own heat to help melt through the late winter. Program runs about 30 minutes. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 11:30 a.m. Free. Every Saturday and Sunday. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Tech Help. Drop in for help with any one of your technology devices. No appointment necessary. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:30 a.m. to 1 p.m. Free. Every Saturday. Info: 914-864-8041 or www.mountkiscolibrary.org.

Monday, Aug. 24
Knitting Group. Hats for our servicemen and women overseas and other ongoing projects for care centers and hospitals. Clinton Street Center, 1A Clinton St., Pleasantville. 9:30 to 11:30 a.m. Free. Every Monday. Info: 914-769-2021.

Tuesday, Aug. 25
"Revisiting Arcadia: Contemporary Landscapes." Surrounded by the majestic Hudson River and Long Island Sound and dotted with forests, foothills and preserves, Westchester County has long been valued for its picturesque landscapes and has served as an inspiration to artists. This exhibit offers fresh perspectives by 15 artists on this ongoing love affair between artists and Westchester’s natural settings. ArtsWestchester, 31 Mamaroneck Ave., White Plains. Gallery hours are Tuesday through Friday 12 to 5 p.m. and Saturday 12 to 4 p.m. Exhibit continues through Aug. 29. Info: Visit www.artsw.org/arcadia.

"Points of View from the Circle." A group photography exhibit featuring an exciting mix of work from the members of RedCircle Photo Arts. The Upstream Gallery, 8 Main St., Hastings-on-Hudson. Free. Exhibit continues through Aug. 30. Info: 914-674-8548 or visit http://upstreamgallery.com.

Wednesday, Aug. 26
College Essay Boot Camp. A comprehensive eight-hour workshop that will continue on Aug. 27. Oscining Public Library, 155 S. Greeley Ave., Scarsdale. 5 to 9 p.m. Free. Registration required. Info and registration: Visit www.educepasecossites.com.

Friday, Aug. 28
Menu in the Movies: "Mid-August Lunch." Led by food author and film buff Carol Durl; Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaquallibrary.org.

continued on page 23
The Dilemma of the Sulfite-Allergic Wine Consumer

All wines contain sulfites

“Contains sulfites.”
This government-mandated label appears on every bottle of wine sold in the United States. “I’m allergic to sulfites.”

“Every time I drink white wine I get a headache.”

These plaintive cries are on the lips of many wine drinkers in the United States.

And so the debate over the effects of sulfites continues amongst wine drinkers and producers. Allow me to clarify the debate over sulfites and offer a recently announced possible solution.

Sulfites occur naturally in wines as a byproduct of fermentation. By definition, all wines contain sulfites. So why the label? And why do consumers read the label as a warning, not simply as an ingredient in wine?

For centuries, winemakers have been adding supplemental, natural sulfites to their wines in order to preserve the freshness from bottling to consumption.

In general, this is a good thing.

In the 1970s, salad bars began to proliferate in the United States. Lettuce and other perishable vegetables at the bars were sprayed with high doses of sulfites to prevent wilting. In its infinite wisdom, and penchant for overkill, the federal government reacted to several hundred consumer complaints of adverse reactions to salad bar fare. In 1988, it mandated sulfite labeling on certain products, including wine; the logic being that such notification would aid those allergic to avoid such products.

The underlying facts are that less than 1 percent of Americans are allergic to sulfites. That is unfortunate for those afflicted, yet among foods containing sulfite additives, wine is on the low end of the scale. Bacon contains approximately 600 ppm (parts per million; equivalent to one milligram per liter), raisins and dried apricots over 1,000 ppm.

All of these concerns notwithstanding, the science behind sulfite additives is clear.

Levels up to 40 ppm occur naturally. Any levels above 10 ppm require government labeling – a very narrow band for compliance. The average levels are 150 ppm - or less. No label is required if sulfite levels are less than 1 ppm; very few wines do not display the sulfite label.

The European Union has no labeling requirements regarding sulfites. Hence the lack of labels on wines sold domestically in Europe. Secondly, since many of these wines are consumed shortly after production and bottling, naturally occurring sulfites may not be supplemented as readily for preservation as they are in in the United States. Many American travelers returning from Europe marvel at the “freshness” of the Italian, French and Spanish wines they consumed.

So how to deal with sulfite additives? Suffer through them? Never drink white wine again (or red for those highly sensitive)?

A logical solution would be to remove them from a bottle of wine once it is sold. However, no one has thought to pursue this feat – until recently.

I recently came upon a fund-raising campaign at the crowdfunding website Kickstarter. A Chicago entrepreneur, James Kornacki, is seeking funding for a sulfite filter. His pledge page describes the product: “Üllo is a revolutionary new wine purification product that removes sulfites, restoring wine to its natural, preservative-free state.”

Just place the filter over a glass or decanter and pour the wine through. The Üllo system uses “a porous, food-grade polymer filter to selectively remove sulfites, while allowing the other compounds in the wine to flow through unaffected. Through Selective Sulfite Capture®, Üllo maintains the original flavor and character of the wine while reducing sulfites to a more naturally occurring level of less than 10 ppm.”

His goal is $100,000. To date he has nearly 1,200 backers who have pledged over $128,000. For a minimum pledge of $60, a backer can receive one purifier, base and five filters (each with a six-month useful life). Deliveries are projected to begin next February.

A sulfite-allergic consumer’s dream come true? Or just another alluring product doomed for failure? Are you ready to jump on the pre-release bandwagon? There’s still time to pledge. If successful, it has the potential of ending the plight of millions of consumers – whether that plight is physical or psychological.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted numerous wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick’s credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.
**AUCTIONS**

Ranch Home Near Ski Area  3BR Burke, VT  Home on 2± Acre Lot Sells Absolute  Over $40,000 Auction: Wednesday, September 9  Touched by Heaven 1-800-634-7653

**AUTO DONATIONS**

Donate your car to Wheels For Wishes, benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call 914-468-4999 Today!

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**FOR SALE**

GREENE COUNTY - HUNTER/ WINDHAM MOUNTAIN. Ski area/summer sports. 5 acres, 2 bedrooms, 2 baths, loft area. $180,000. Call Tony at (914) 948-4368 www.greatnortherncatskills.com

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Lakefront Woodlands- Abuts State Land! 43 acres- $219,900. Over 1,400 ft on unspoiled Adk lake! Beautiful woods, great hunting & fishing! Just west of Albany! 888-701-7509 woodworthlakepreserve.com

**LEGAL NOTICE**

Notice of Formation of Journey Support Practices LLC, Arts of Org. filed with Sec'y of State of NY (SSNY) on 8/13/2015. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: 222 Bloomingdale Rd, Ste 116, White Plains, NY 10605. Purpose: any lawful activity.

Notice of Formation of Joanne Smith Travel, LLC. Arts. Of Org. filed with SSNY on 07/06/15. Office location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to William J. Florence, Jr., Esq., One Park Place, Suite 300, Peekskill, New York 10566. Purpose: any lawful act or activity.

**WANTED**

MOB CASH PAID FOR paintings, antiques, furniture, silver, sculpture, jewelry, books, cameras, records, instruments, coins, watches, gold, comics, sports cards, etc. PLEASE CALL AARON AT 914-654-1683

**WANTED TO BUY**

CASH FOR DIABETIC TEST STRIPS Up to $35/Box! Sealed & Unexpired. Payment Made SAME DAY. Highest Prices Paid! Call Jenni Today! 800-413-3479 www.CashForYourTestStrips.com

**VACATION RENTALS**


**WANTED**

MOST CASH PAID FOR paintings, antiques, furniture, silver, sculpture, jewelry, books, cameras, records, instruments, coins, watches, gold, comics, sports cards, etc. PLEASE CALL AARON AT 914-654-1683

**CASH for Coins!** Buying Gold & Silver. Also Stamps, Paper Money, Comics. Entire Collections, Estates. Travel to your home. Call Marc in NY: 1-800-959-3419

Ongoing Events

Storywalk. Naturalist John Mancuso leads you along the woodland trail to enjoy a favorite children's storybook, “Red Fox at Hickory Lane” by Kathleen M. Hollenbeck. California Pizza Kitchen will be on hand with food and drinks to sample. Recommended for children up to eight years old. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 p.m. Free. Runs through Sept. 27. Info: Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Parent Breastfeeding Support Group. The Mount Kisco Medical Group presents this program as part of its Community Education Series. New moms will have the opportunity to share their experiences. Discussions will focus on correct positioning while nursing, frequency of feedings, nutritional needs while breastfeeding and newborn care and routines. Led by Judy McAvoy, a certified maternal-child health nurse and an International Board certified lactation consultant. Mount Kisco Medical Group's obstetrics and gynecology office, 90 S. Bedford Rd. (second floor), Mount Kisco. 10:30 a.m. Free. Pre-registration requested. Info and pre-registration: Contact Judy McAvoy at 914-242-1334.

Saturday Specials. A program for special needs kids and their families. Stories, songs, sensory activities and schmoozing. For all ages. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 2 p.m. Free. Registration required Info and registration: 914-238-4779.

Third Saturday Bird Seed Sale. The sale supports the local conservation work of the Saw Mill River Audubon. Pruyne Sanctuary, 275 Millwood Rd., Chappaqua. 9:30 a.m. to 12:30 p.m. Info (including bird seed descriptions and prices): Visit www.sawmillriveraudubon.org/seedsale.

Legal Information Day. An attorney from Legal Services of the Hudson Valley will be available to meet one on one with anyone facing civil legal issues. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to 1 p.m. Free. Meets the last Friday of each month. Info: 914-666-8041.

Telephone Support Group for Women With Metastatic Breast Cancer. This Support Connection group offers the opportunity to share information and experiences with women across the country that are living with breast cancer. Share information and experiences. Confidentially discuss concerns and gain support from others who understand from the comfort of home. Open to women nationwide living with recurrent, advanced stage or metastatic breast cancer. 8 p.m. Free. Also Aug. 31. Pre-registration required. Info and pre-registration: Contact Support Connection at 914-962-6402 or 800-532-4290.

Breast, Ovarian and Gynecological Cancer Support Group. Northern Westchester Hospital at Chappaqua Crossing, 480 Bedford Rd., Chappaqua. 7 p.m. Free. Meets the first Wednesday of every month. Registration required. Info and registration: 914-962-6402 or 800-532-4290.

Second Saturday Divorce Workshop. This workshop will address the legal, financial, family and personal issues of divorce in a logical and compassionate way. With the guidance of trained professionals, participants will gain greater understanding of the confusing divorce process. All proceeds benefit the nonprofit organization Wife.org. 100 S. Bedford Rd., Suite 340, Mount Kisco. 9 to 11:30 a.m. $45. Meets the second Saturday of each month. Registration required. Info and registration: Email Mishelle.Ciliberti@sicounsel.com or visit www.secondsaturdaywestchester.com.

Westchester Senior Hall of Fame Nominations Sought

The Westchester Hall of Fame is a special tradition that honors seniors who have given their time and energy to improve the quality of life in their communities. Induction will be at a luncheon on Friday, Dec. 4 at the Westchester Marriott Hotel.

Nominations are due by Sept. 25 and may be obtained online at westchestergov.com/seniors.

To be nominated, a person must be at least 60 years old, live in Westchester, have made significant contributions to improve life in the county, be an outstanding leader or advocate, or have done innovative professional work.
Title Quest for BH/K 10U Team Ends With a Loss to the Rebels

A long winning streak capped by an impressive semifinal playoff victory a couple of days earlier provided the Bedford Hills/Katonah 10-and-under team with an extra confidence boost as it stepped onto the sunbaked field at Lakeland High School on Saturday morning.

But standing in the way were the Yorktown Rebels, a summer juggernaut that had blitzed through the regular season with an 18-0 record and then demolished two unfortunate foes in the playoffs.

As it would turn out, the Rebels, the heat and some defensive miscues proved too much to overcome for the boys from Bedford Hills/Katonah, who fell 10-5 in the WPBA 10U championship game. After two scoreless innings, Yorktown took advantage of four errors in the third to score three times and never looked back.

“We need to let us down a little bit,” said BH/K head coach Dave Morabito soon after his team's title quest had come to an end. “We didn't get it, but they (the A's) didn't get a bit hit either.”

That's because Fassert, who had already retired the first six batters he faced, made quick work of Yorktown in the bottom of the sixth inning.

“Nick carried us the last three innings,” said Danisi. “We were in trouble there.”

With the game on the line, he retired Makarenko on a foul pop near third base and Thomas Shkreli on a comebacker. He then needed just three more pitches to strike out Haddock for the final out. In an instant, Fassert's giddy BH/K teammates began piling on top of him near the mound in celebration of their championship victory.

“When I first signed on,” said Danisi, “if you had told me we went 3-15, I'd have been happy with it. We went 15-3, won the championship. It's amazing, really. We went on the road, lost our first game to Somers, and then we won 14 in a row and it just kept going. It's a special team, a special group of kids, without a doubt.”

BEDFORD HILLS/KATONAH PUTNAM BASEBALL ASSOCIATION 9-YEAR-OLDS DIVISION TITLE GAME AT LAKELAND HIGH SCHOOL.
Title Quest for BH/K 10U Team Ends With a Loss to the Rebels

The Rebels added two more runs in the top of the fifth, highlighted by Brendan Kenneally's RBI double, to increase their lead to 7-0. Kenneally came on to pitch in the bottom of the inning and got into immediate trouble as Finn Papenfus reached on an error and both Baumgartner and Scott Esposito singled to left, loading the bases.

A ground ball to short by Morabito scored the first BH/K run and another came home on a wild pitch. But the promising inning ended with two runners stranded and Yorktown still leading by five runs. In the sixth, the Rebels scored three more times as Stephen Haglund hit an RBI single and Kenneally soon followed with his second run-scoring double.

In its final turn at the plate, BH/K did not go down quietly: With one out, Kieran Brown reached on an error and Papenfus blooped a hit near third base. Baumgartner greeted new pitcher Adam Agresti by reaching on an error and both Baumgartner and Scott Esposito scamped down the first-base line in Saturday’s WPBA championship game at Lakeland High School.

Agresti soon got a called third strike to end the inning, and BH/K had to settle for just one run.

But a third consecutive upset victory proved to be too much to ask of BH/K. Second-seeded Somers American scored four runs in the first inning and three more in the second and went on to win 12-2 in a one-sided championship contest that was stopped in the fifth inning by the mercy rule.

“Today, we just came across a really, really good team,” said Somers’ coach John Samayou afterwards. “Their hitting was tremendous. I mean, they flat out beat us today with the bats.”

Somers collected four hits in the opening inning against BH/K starter Luke Baumgartner, including an RBI single by Luke Angelini and a two-run homer to right by lefty swinging Jimmy Shalley. An inning later, Somers took advantage of a hit batsman and a misplayed rundown between second and third base as Thomas Parisi belted a three-run homer that stretched its lead to 7-0.

In the top of the third, Bedford Hills/Katonah’s Luke Campobasso of the Yorktown Rebels arrives at the plate. Second baseman Hayden Norcia of BH/K throws to first for an out in the WPBA 10U title game.

Bedford Hills/Katonah shortstop Max Rapoport steps on second for a force and looks to turn two as Ryan Campobasso of the Yorktown Rebels arrives at the base.

“I had a little life there in the end,” said coach Morabito. “I was proud to see that we didn’t give up. We had a great season. We won nine in a row to get here. We had a lot of great games and a lot of great efforts.”

Today was not one of the best ones that we played. But we came out, we competed, and I’m proud of our guys for just doing that.”

—Andy Jacobs

Upset-Minded BH/K 12+ Team Stopped in WPBA Final

Little more than a week ago, the prospect of the Bedford Hills/Katonah 12+ team reaching the WPBA’s championship weekend seemed as likely as, say for instance, Tiger Woods contending at another major golf tournament or Donald Trump displaying a trace of humility.

Yet there were late Saturday afternoon, the upstart boys of BH/K lining up for the opening introductions before the first pitch of the Summer 2015 title game. After finishing the regular season in the middle of the pack with just an 8-10 record, Bedford Hills/Katonah stunned top-seeded Bedford/Pound Ridge in the opening round of the playoffs and fourth-seeded Larchmont/Mamaroneck in the semifinals.

Bedford Hills/Katonah shortstop CJ Polworth takes a late throw at second base as Daniel Turner of Somers American slides by in Saturday’s title game at Lakeland.

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In the top of the third, Bedford Hills/Katonah behind by 10. Second baseman Hayden Norcia of BH/K throws to first for an out in the WPBA 10U title game.

Today was not one of the best ones that we played. But we came out, we competed, and I’m proud of our guys for just doing that.”

—Andy Jacobs

The Bedford Hills/Katonah infield stands together during a pitching change in Saturday’s loss to Somers American in the WPBA 12+ title game.

special,” said Samayou about advancing to the championship round. “The kids fought all week long, all season long. They never gave up. They battled. So we’re really proud of them. They were outstanding.”

—Andy Jacobs
26

August 18 - August 24, 2015
The Examiner

BASEBALL 2015
A Look Back

Chris Donato of Westlake gets ready to swing the bat.

Aaron Winkler of Fox Lane pitches in the Foxes’ road game vs. Greeley in the sectional playoffs.

Greeley’s Joe Raguso tags out Will Cohen of Fox Lane at second base.

Valhalla shortstop Sergio Osorio throws to first to complete a double play as Westlake’s Matt Rubin slides past him.

Valhalla’s Brett Holtz runs to second base during a game early in the season.

Westlake center fielder Matt Rubin tries to make a diving catch.

Westlake infielder Nick Sica tries to tag Pleasantville’s Mike Nuccio in a close play at second base.

Fox Lane standout Andrew Workman pitches in a game against Roy C. Ketcham during the regular season.

Pleasantville’s John Tucci smacks the ball down the left-field line.

Above: Byram Hills shortstop Kellen Hatheway and outfielder Michael Aberman start to celebrate after winning the Section 1 championship.

Left: Byram Hills’ Matt Gertz was the winning pitcher in both games as the Bobcats defeated Division and Queensbury to win the Class A state title.

Right: Southpaw Steven Franzese of Valhalla fires a pitch in the Vikings’ home win vs. Westlake.

Derek Petfield of Westlake rounds third base in the Wildcats’ home win over Keio.

Above: Byram Hills shortstop Kellen Hatheway and outfielder Michael Aberman start to celebrate after winning the Section 1 championship.

Left: Byram Hills’ Matt Gertz was the winning pitcher in both games as the Bobcats defeated Division and Queensbury to win the Class A state title.

Right: Southpaw Steven Franzese of Valhalla fires a pitch in the Vikings’ home win vs. Westlake.
Frankie Vesuvio of Byram Hills pitches in the state regional final vs. Saugerties.

Julian Francisco of Fox Lane awaits a pitch at Dutchess Stadium in the sectional playoffs vs. Ketcham.

Fox Lane third baseman Joe Fraioli charges in for a pop fly in front of the bag.

Byram Hills second baseman Tommy Gagliardi stays ready during the Bobcats’ win over Rye in the sectional final.

Pleasantville’s Jon Carlo Angiolillo swings the bat in a road game vs. Westlake.

Jake Hertz of Briarcliff races toward third base late in the regular season.

Above: Horace Greeley shortstop Josh Small throws to first base for an out.

Left: Bobby Garbuio of the Greeley Quakers runs to third base in a game at Fox Lane.

Right: Briarcliff’s Mike King tries to tag Westlake’s Drew Kapica at second base during a game played at Dutchess Stadium.

Drew Marino of Pleasantville fires a pitch to the plate early in the season vs. Haldane.

Drew Marino of Pleasantville fires a pitch to the plate early in the season vs. Haldane.

Fox Lane catcher Henry Davis makes a late tag at home plate in a game against Roy C. Ketcham.

Byram Hills second baseman Tommy Gagliardi stays ready during the Bobcats’ win over Rye in the sectional final.

Jordan Block of Horace Greeley delivers a pitch during a Quaker home game.
BASEBALL 2015

A Look Back
See Pages 26, 27

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