Saw Mill Pkwy. Repairs to Bring Detours to P’ville Next Year

By Arthur Cusano

Motorists in Pleasantville should prepare for detours throughout much of 2016 as the state Department of Transportation (DOT) plans to close lanes on the Saw Mill Parkway to repair roadway bridges.

Representatives from the DOT recently presented plans to the village outlining the nine-month project and listed the possible detours that could be implemented while the work is done.

William Cromek of the contracting group Echo III Enterprises of Yonkers said the bridges being replaced were not the vehicle overpasses on Bedford Road and Pleasantville Road that cross over the parkway, but the roadway that passes over water.

“The DOT calls a bridge anything that crosses a waterway,” he explained.

The project involves removing parts of those bridges, including the supports, where debris gets caught and leads to flooding.

Work on the Pleasantville Road bridge will start in late February and end in late October. The slightly shorter Bedford Road bridge will be renovated from September. Early work will be done with lane closures on the southbound side of the parkway.

Drilling and other work during the early phase would occur on the west side of the parkway during the day, while the eastern side would be done from 7 p.m. to 5 a.m.

Included in the plan is a proposed 21-day detour that would take place next summer, sometime between July 10 and Aug. 26, where the new roadway bridges would be installed. During that time, the northbound side of the parkway will be

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Greenstein Re-elected in New Castle; Democrats Snag Town Board Seats

By Martin Wilbur

New Castle Supervisor Robert Greenstein won re-election last Tuesday night, but Democratic town board candidates Jeremy Saland and Hala Makowska defeated Greenstein’s running mates, ensuring the party’s continued presence on the board.

The Republican-endorsed Greenstein defeated Democratic challenger Victoria Alzapiedi 1,926-1,625, according to figures from the Westchester County Board of Elections.

In the town board race for two council seats, Saland was the leading vote-getter (1,935), followed by Makowska (1,831), who outlasted Republican Eileen Gallagher (1,759). The Republicans’ second town board candidate, Seth Chodosh, of

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P’ville Celebrates Opening of Henckels’ New HQ on Marble Ave.

By Martin Wilbur

For years, it was easy to understand the frustration of Pleasantville residents and officials who wondered whether anything productive would ever become of the lifeless lot at 270 Marble Ave.

Last Tuesday, the village celebrated the critically important and highly visible property’s return to prominence with the official grand opening of Zwilling J.A. Henckels’ new state-of-the-art building that now serves as the high-end cutlery firm’s U.S. headquarters.

Henckels, based in Germany, had outgrown its offices and warehouse space on Route 9A in Hawthorne and bought the property to erect the building on the former MLA property. The structure is more than three times the size of the old

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Saw Mill Pkwy. Repairs to Bring Detours to P’ville Next Year

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split in half, with one lane open each way 24 hours a day, seven days a week.

Traffic will be blocked from entering or leaving the parkway at Pleasant Avenue and Grant Street. There will also be no pedestrian traffic at those locations.

“In rush hour in the morning, there will be one lane southbound,” Cromeek said. “During rush hour coming home, there will be one lane northbound. Because our job is from the middle of the Saw Mill Parkway to the west, the lanes get squeezed to the east. The existing two northbound lanes become one north and one south, so we wind up working on the west side of the southbound lanes.”

There is no bridgework planned in the northbound lanes, he said.

Some residents said they were concerned about the noise and bright lights for nighttime construction that would negatively impact quality of life. Pleasantville Avenue resident Steve Prizeman said work on the parkway last year made sleeping difficult.

“They had lights like a Broadway premier,” Prizeman said. “Are they going to have those lights again? I have two bedrooms that face that way and they had blinding lights on all night.”

Cromeek said they would try to divert the lights downward to avoid shining directly into homes, but said he would look into ways to mitigate light and noise pollution. He admitted that there would be noise through the night, but said it would be tolerable.

Cromeek also told village officials that work could be accelerated if the municipality allowed an additional three-month detour in the project’s first phase that would reroute traffic on weeknights off the southbound parkway and through the village. He listed several possibilities, but the most likely scenario is to have traffic turn left off the parkway onto Grant Street, then down Memorial Plaza to Marble Avenue, where traffic could then return to the parkway.

Left turns are currently prohibited off the parkway onto Grant Street; traffic systems would have to be modified to make that change possible.

“There will certainly be some hardships for everyone to endure, particularly the neighbors that live near that project,” Mayor Peter Scherer told residents during the Oct. 26 village board meeting immediately after the presentation. “A lot of the work will happen at night, but there certainly will be some noise.”

Scherer said the village could also benefit from the work in addition to getting a renovated parkway.

“The contractor has also expressed a willingness to make some improvements we would like to see happen, including much better pedestrian conditions over on the Pleasantville Avenue side of Grant Street, in exchange for having some detours through the village,” he said.

P’ville Celebrates Opening of Henckels’ New HQ on Marble Ave.

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efficient and easily accessible is also crucial.

“It wasn’t just to have a much bigger facility,” said Henkel. “It’s also to have a great working environment. You see as you walk through you have all this big open space, a lot of natural light, so it gets people feeling more energetic from the start.”

The building has more than four million cubic feet of space, up from the 1.2 million cubic feet it had in Hawthorne. About 22,000 square feet is for offices, up from 13,000 square feet at the previous location.

Henkel said the roof is covered in solar panels, which should make it energy neutral and one of the most energy-efficient buildings in Westchester.

The company moved to the Pleasantville site in stages. Its new logistics center, where much of their shipments are received and sent out, opened two years ago, Henkel said. Office staff moved over between August 2014 and last April, he said.

One of the building’s most enticing features is the large cooking studio where the company plans to hold cooking classes for the public as well as host parties and corporate events, said Joanna Rosenberg, Henckels’ vice president of marketing.

She said the studio was designed so while the 285-year-old company conducts its day-to-day operations, it interacts with the community as well.

“Just all sorts of things where people can work together, eat together, drink together,” Rosenberg said.

Perhaps the most attractive aspect of the project is what it means for the village, which had seen the property unused for about 15 years. The Medical Laboratory Associates building formerly at the address sat empty until it was torn down by Zwilling J.A. Henckels to make room for the new structure.

Stop & Shop had bought the property in 2001 with the hopes of opening a

continued on page 4

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Christos Stavropoulos, MD, FACS
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A: The screening is covered by Medicare and most commercial insurers. If you meet the criteria, and don’t have commercial insurance or Medicare, NWH can help - with many payment options and below-average pricing. If you can benefit from the screening, we make sure you get it.

Q: What steps should I take?
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Area Educators Blast Common Core Curriculum at State Hearing

By Arthur Cusano

A 15-member task force created by Gov. Andrew Cuomo held its first round of public hearings on the controversial Common Core curriculum last Friday, and speakers made it clear that they vehemently oppose the current setup.

Garrison Union Free School District English teacher Ian Berger addressed commissioners dressed in a replica yellow Star Trek shirt. The new standards were preventing his students from growing and learning as much as they can, he said.

“I want it to be about experiencing the world, about growing and seeing the world as they might have never seen it before,” said Berger during the two-hour hearing held at SUNY Purchase.

“Unfortunately the Common Core English standards are not letting me do that. They are about technical standards: analyzing, explaining, comparing, determining and dissecting. We’re taking the beautiful animal and instead determining and dissecting. We’re far more content than we can rationalize or teach in a year,” Berger said.

Meyers said the curriculum for elementary school students, especially kindergarteners, is inappropriate for their age groups.

“In addition to that, the standards are built on 220 days of instruction, but I am lucky with snow days to get 160,” Meyers said. “I cannot meet all of these standards. People wonder why I need a 90-minute ELA and a 90-minute math block, it’s because the standards include far more content than we can rationalize or teach in a year.”

Mahopac Middle School English teacher Tom McMahon said standards often didn’t line up with the New York State Regents system, and often run counter to what those exams or other statewide tests required.

“How are teachers supposed to teach to an Algebra I test for students to pass in order to graduate when it’s not clear how the standards are supposed to fit within the grade level content?” McMahon said.

Greenburgh Eleven Union Free School District Trustee and Westchester-Putnam School Boards Association Executive Board member Lisa Tane said that parents and educators have been airing the same concerns about the Common Core standards for several years, but to no avail. Tane said the state must return to research-based, developmentally appropriate curriculum.

"Please let the educators educate," Tane said. "Untie the tests from teacher evaluations. It's insanity. We're all saying the same things. We all agree this has to be the right way, and the way that the government is doing it is not. Please listen to the educators." Also among those who spoke was Louis Wool, superintendent of the Harrison Central School District. Wool recommended a moratorium of at least two years on the implementation of the standards, as well as creating an expert panel to build a more meaningful assessment system over several years.

“They were given a charge that is not possible to implement, and I think it's the wrong charge," Wool said. “To suggest that somehow modifying 2,000 Common Core standards is going to correct the misdirection of this reform initiative – that doesn't address developmental appropriateness, the development of assessments that can be used in a meaningful way and disavows the research that says what it takes to implement a high quality curriculum – it's not possible." The hearings were scheduled after Cuomo several months questioned Common Core and how it's been implemented following rampant criticism from parents and teachers. Task force members are expected to make recommendations for Common Core reform to the governor later this year based on feedback received at this month's meetings held in each region of the state.
Greenstein Re-elected in New Castle; Democrats Snag Town Board Seats

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Greenstein, 48, a registered Democrat who also sought the town Democratic Committee's endorsement but ran successfully as a Republican for the second consecutive election, said he was "happy, honored and humbled" to be re-elected supervisor.

Although throughout the campaign P’ville Celebrates Opening of Henckels’ New HQ on Marble Ave.

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supermarket at the site, but intense community opposition contributed to the rejection of that project.

Pleasantville Chamber of Commerce President William Floooks said Henckels’ arrival opens a new chapter for the village.

"We’ve always talked about the Marble Avenue corridor being the cornerstone of the entrance to Pleasantville," said Floooks. "And as you see here today, this is going to be the cornerstone of the Marble Avenue corridor."

The company had first eyed the property in 2007, Henkel said, but that rejection of that project.

"And as you see here today, this is going to be the cornerstone of the Marble Avenue corridor."

The final weeks of the campaign, the company acquired the property.

he seemed confident he would win a second term, he said he was disappointed that Gallagher came up short in her first campaign. He noted the disadvantage his ticket faced with the disparity in party registration and campaign war chest.

"I’m not surprised by my outcome, to be honest with you," Greenstein said last Tuesday night at the Republicans’ headquarters. "I was hoping for a better outcome for Eileen. But the truth is they outspent us by four times and they have the voter registration (in their favor) two to one. So considering they have the voter registration two to one and they outspent us four times, I think we did okay."

Alzapiedi, 49, in her first campaign, said as the challenger she faced a steep challenge but said she was happy that Makowska and Saland will serve the town.

“We all know how tough it is to win against an incumbent,” said Alzapiedi, who came to prominence earlier this year as the chair of the Coyote Awareness and Safety Advisory Committee, where she and Greenstein continually battled. “I would have loved to serve the people of New Castle for the next two years, and while I am disappointed in the outcome of the election, I am very proud of the number of votes that I received and I want to thank everyone who voted for me.”

The final weeks of the campaign, particularly the supervisor’s race, turned bitter when supporters of both slates took to social media to alternately support their side and ridicule the other. The campaign also featured a flare-up last month between Saland and Greenstein, when Saland, one of the town’s three prosecutors, accused the supervisor of questioning his integrity because of a high rate of parking ticket dismissals.

Gallagher said she was happy that she was able to stay above the fray and run a clean campaign. Because of her narrow margin of defeat, she didn’t officially concede until late Thursday.

“‘I’m proud of the campaign I ran,’ she said. ‘I was really excited. I felt I did a great job, and no matter what the vote is, I feel like I’m a better person for the experience.’

Makowska said she wasn’t surprised that voters made the somewhat unusual choice of splitting their allegiances by re-electing the Republican incumbent supervisor, yet opting for her and Saland. She called the results the voters’ desire for checks and balances.

Although she and Saland will be in the minority, Makowska said she is hopeful the board will function well. She said that she was initially in a similar position when elected as a commissioner for the Millwood Fire Company.

“I’ve been in the minority before on the Board of Fire Commissioners and I think there is sometimes a settling-in period, but I think that most people rise to the occasion, and I think my colleagues, some of which already reached out to me, will rise to the occasion as well so that we can function in the best interests of the town,” Makowska said last Tuesday night.

Saland, who also downplayed potential problems on a split board, thanked the public for its support and pledged to work together with his colleagues.

“We are extremely grateful that our community believed in us, and we are not going to let them down,” Saland said.

He said while he fully expected board members to cooperate with one another, they each have a responsibility to stand up for their positions during disagreements.

He and Makowska will replace fellow Democrats Elise Kessler Mottel and Jason Chapin, neither of whom ran for re-election.

Meanwhile, Greenstein dismissed concerns that there could be lingering problems from the campaign when the new board is seated in January. During the past two years he has had numerous run-ins with Chapin, which he blamed in large part on the outgoing councilman’s membership in the town’s Democratic Committee.

“I’m just worried that everybody is looking out for the best interests of New Castle, and I think that they will be because it’ll help that they’re not active members of the New Castle Democratic Committee,” Greenstein said of Makowska and Saland.
Land Trust Obtains Easement to Protect Rocky Hills Estate

By Martin Wilbur

The Westchester Land Trust announced last week that it now holds the conservation easement protecting the environmentally sensitive 13-acre Rocky Hills estate in Mount Kisco.

Lori Ensinger, president of the Westchester Land Trust, said last Thursday that the Garrison-based Garden Conservancy, the nation’s leading nonprofit organization dedicated to saving and sharing outstanding gardens, assisted in the transfer from Westchester County.

Transfer of the easement on the property, which had been owned for decades by longtime New Castle resident Henriette Suhr, will guarantee that it will remain open space in perpetuity. The parcel and the main residence where Suhr lived for more than 50 years is expected to be sold.

The only permissible development on the land would be a small addition to the residence, Ensinger said. As a result, water quality will be protected against runoff because the property sits in close proximity to the Chappaqua Brook and Kisco River Basin, which is part of the Croton Reservoir watershed, she said. It is also home to numerous species of plants and animals.

Suhr, who died in March at 98, developed the garden with her late husband William over the past half-century. The Garden Conservancy has periodically scheduled tours of the garden over the years, including most recently on Oct. 24. Henriette Suhr was a clothes designer while her husband was a painter. Many of his works still hang in the house, Ensinger said.

She said the couple loved to garden and enjoyed creating the space, which will now remain permanently intact, featuring an array of flowers, shrubs and trees. “They both had artistic talents and they both put that to good use in the garden,” Ensinger said.

In 2000, Suhr had reached out to the Garden Conservancy to draw up a conservation easement to preserve the property and maintain it as a public garden, Ensinger explained. The terms of the agreement would have passed the property on to the county upon Suhr’s death. However, the county informed Suhr two years ago that it was no longer interested in maintaining the land.

Ensinger said Suhr mutually agreed with the county and the Garden Conservancy to dissolve the original agreement and worked to draw up a new conservation easement exploring other options.

The major change for now is that Rocky Hills will be maintained as green space rather than a public garden. It is hoped that the eventual new owners would resume operating the garden as a public garden.

“Rocky Hills is truly a spectacular property with significant open space resources,” Ensinger said.

Since her death, Suhr’s estate executed her wishes and worked out the details with the Garden Conservancy, which assigned the conservation easement to the Westchester Land Trust. The Land Trust has preserved more than 7,500 acres since its creation in 1988.

“We’re pleased that Henriette Suhr’s land will be preserved as green space, in keeping with her passion for environmental stewardship, through this transfer of the conservation easement to the Westchester Land Trust,” said Jenny Young du Pont, president of the Garden Conservancy.

The two organizations plan to continue the popular Rocky Hills Lecture Series, which has been held at the Chappaqua Public Library in recent years.

Suhr was widely recognized for her commitment to open space. Most recently, she was honored by the Town of New Castle and from The Friends of Westchester County Parks.
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Corcoran Cruises to Victory in Board of Legislators District 3 Race

By Martin Wilbur
First-time candidate Margaret Corcoran helped make it a sweep for area Republicans competing for two open seats on the Westchester County Board of Legislators last week comfortably defeating Democrat John Diaconis in District 3.

Corcoran, a Thornwood resident who was raised in Armonk, collected 4,043 votes compared to 3,156 for Diaconis, who did not seek re-election. Corcoran's victory helped the Republicans retain the District 3 seat in County Executive Rob Astorino's home district, which also includes Pleasantville and parts of Greenburgh. Coupled with Francis Corcoran capturing former legislator Peter Harckham's seat in District 2, the Democrats' advantage on the Board of Legislators was trimmed to 9-8.

Corcoran said she hadn't formulated opinions about the various allegiances on the Board of Legislators but that she was first committed to easing residents' burden on taxes and standing up for the local communities' rights, particularly as it relates to the county's affordable housing settlement with the federal government.

Corcoran greeted her jubilant supporters with the news of his victory on Election Night at Gianfranco's restaurant in Bedford.

"I could hardly believe the actual reality," he said. "There were so many people who volunteered. This would never have happened without so many folks who worked on trying to get out the vote.

"I want to thank all the people in northern Westchester who put their trust in me that I'll do the right things to represent our needs down in White Plains in the county legislature, making sure that we protect the quality, the character and the affordability of northern Westchester," Corcoran continued. "We're different. Our voice needs to be heard and I think I could be the person who will go down there and make sure that's the case."

"I never thought I'd be up here speaking to you as your next county legislator. I'm pretty happy that I am," Schleimer said the race was "very, very tight."

Schleimer thanked her supporters and said that the election was "very, very tight."

The Republicans picked up an open seat on the Westchester County Board of Legislators Tuesday night as Bedford Councilman Francis Corcoran defeated Mount Kisco Village Trustee Karen Schleimer in District 2.

Corcoran, 52, outfinished Schleimer 4,900-4,385. He ran on the Republican, Conservative and Reform Party lines, while Schleimer, 65, had the backing of the Democratic, Independence and Women's Equality parties.

Corcoran continued. "We're different. Our experience" and she would continue to serve Mount Kisco as a trustee.

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Prevention - Diagnosis - Treatment

Imaging of Lung Cancer: A Practical Approach - Scott Berger, MD PhD
Lung Cancer Screening - Stephen Raul, MD FCPC
Smoking Cessation - Steven M. Mangelis, MD
The Surgical Management of Early Lung Cancer - Christine Stankiewicz, MD, FACS

Join us for a FREE information discussion on MONDAY, NOVEMBER 16TH AT 6:30PM

MOUNT KISCO OFFICE 3RD FLOOR - Founders Conference Room 110 SOUTH BEDFORD ROAD, MOUNT KISCO, NY 10549-3412

To RSVP or for more information, please contact Doreen Semel at 914-242-2666

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Diaconis, an attorney and an Armonk resident who had served on the New Castle Town Board when he lived in Chappaqua, issued a brief but terse statement last Friday following his defeat. He had hoped to regain the seat for the Democrats that had been held by former Pleasantville mayor John Nonna before Smith narrowly defeated Nonna in 2011 for the first of his two terms.

"Rob Astorino won the election to promote his own agenda," Diaconis' statement read. "We ran a competitive race in an extremely partisan district. I was proud that our side kept the campaign clean, steered clear of rhetoric and was based on facts."

In her own statement, Cunzio thanked Diaconis for "running a spirited campaign."

"Now that Election Day has passed, it's time to put the rhetoric aside and focus on the many challenges that lie ahead," she said. "I will bring my experience and passion to the Board of Legislators each and every day and will always work in the best interests of the hard-working taxpayers of District 3. I am honored to have the opportunity to serve."

While the Democrats once powerful supermajority from several election cycles ago has eroded to the slimmest of advantages, current Board Chairman Michael Kaplowitz (D-Somers) said he was optimistic that the spirit of cooperation and bipartisanship that he and Vice Chair Jim Maisano (R-New Rochelle) fostered nearly two years ago will continue to prosper.

He said that with Corcoran's election, the bipartisan coalition that includes the board’s other Republicans, himself and Legislator Virginia Perez (D-Yonkers) appears ready to expand to 10 members. Kaplowitz and Perez made headlines two years ago by breaking with the Democratic caucus in order to reach a compromise budget agreement.

Kaplowitz called the bipartisan effort "a coalition of the willing where we're not focusing on the county executive as much as working to represent the best interests of the people."

Incumbents Easily Re-elected to Another Term in Mount Pleasant

DiPaolo said the results showed the confidence that the public has in the current board.

"I was surprised at the margin," DiPaolo said the following evening. "We're doing a good job here. I feel that in the end the voters spoke up, they liked what we're doing."

Rubeo said voters rewarded them for their hard work.

"We're known quantities," he said. "We have a history of doing the right thing for this town and making tough choices and I think that it bore itself out on Election Day."

A message left last week for McPartland was not returned.

For DiPaolo, 37, this was his first run for public office. He was appointed to the board earlier this year to succeed Fulgenzi, who became supervisor after Joan Maybury retired last fall. The Hawthorne resident is director of guidance for the Mount Pleasant School District.

Rubeo, 44, an attorney, was first appointed in February 2010 when Maybury replaced Robert Meehan as supervisor after Meehan became county attorney.

McPartland, 64, is retired from the New York City Fire Department, which he served for 33 years.
As captain of the 2016 US Olympic Fencing Team, Francisco Martin knows a thing or two about finding the most talented fencers. He looks for expertise and precision. So it was no surprise when he chose the orthopedics team at Phelps Memorial Hospital to replace his hip. He was confident in their excellence – from top surgeons and superior diagnostics to outstanding inpatient and outpatient physical rehab, including aquatic therapy. With the orthopedics team at Phelps on his side, Francisco Martin was soon back doing what he does best – coaching the US Olympic Fencing Team.

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Obituaries

Jean Broussard

Jean Broussard, most recently of Trumbull, Conn. and formerly of Hawthorne, died on Oct. 31 at her residence.

She was 88.

Broussard was born on Feb. 15, 1927, to the late Stephen and Mary Stevenson in Mount Vernon. She worked for Verizon for 20 years, retiring in 1992. Broussard was predeceased by her husband, Charles A. Broussard, in 2013; one brother and five sisters. She is survived by her loving children, Mark Broussard of Holly Ridge, N.C., Stephen (Laurie) Broussard of Ariz., and two children, Amanda E., Rachel N. and Shannon (Stephen) Cerone of Alpharetta, Ga.; her beloved brother, Michael Orza of Bedford Hills; and her five cherished grandchildren, Hanna, Elizabeth and Catherine Salamida and Daniel and Carly Cerone.

Lucille Salamida

Lucille Salamida of Somers and formerly of Hawthorne died on Oct. 28. She was 71.

Salamida was born on Nov. 2, 1943, to the late Sam and Florence Orza in the Bronx. She was a retired secretary with the Town of Mount Pleasant for many years.

She is survived by her devoted husband, Michael Salamida, of Somers; her loving children, Michael Salamida of Chappaqua and Lisa (Frank) Cerone of Alpharetta, Ga.; her beloved brother, Michael Orza of Bedford Hills; and her five cherished grandchildren, Hanna, Elizabeth and Catherine Salamida and Daniel and Carly Cerone.

Visitation was at Hawthorne Funeral Home on Oct. 30. A funeral Mass was held at Holy Rosary Church in Hawthorne on Oct. 31 followed by entombment at Gate of Heaven Cemetery.

In lieu of flowers, donations to the American Diabetes Association would be appreciated.

Diann E. Scarcella of Thornwood died on Nov. 4 at her residence.

She was 55.

Scarcella was born on Nov. 8, 1959, to Joseph and Elizabeth (nee DeNardo) Gallelio in Mount Vernon. She loved animals, music, and animal rescue and had a wonderful sense of humor.

Scarcella is survived by her loving daughters, Amanda E., Rachel N. and Laura D. Scarcella, all of Thornwood, and her former husband, Raymond Scarcella, of Naples, Fla. She also loved her dogs, Max, Chuckie, Doodle-Bug and Gizmo.

Visitation was at Hawthorne Funeral Home on Nov. 8. A funeral service was held at Briarcliff Congregational Church in Briarcliff Manor on Nov. 9. Interment was private.

In lieu of flowers, donations to either, Shih Tzu & Furbabies Rescue at www.petresqinc.org would be appreciated.

Anne Frasca of Hawthorne died on Nov. 6.

She was 95.

Frasca was born on July 14, 1920, to the late Thomas and Rose (nee Pasqua) Tringali in Yonkers. She was a retired seamstress in Yonkers and was a member of the Mount Pleasant Seniors.

She was predeceased by her devoted husband, Vincent Frasca, in 1995; one brother, Peter; two sisters, Lillian and Mildred; and one great-granddaughter.

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Mildred Karl

Mildred A. Karl of Mount Kisco and formerly of Armonk died on Nov. 7.

She was 96.

Karl was a volunteer for Twigs of Northern Westchester Hospital for over 30 years. She is survived by her daughter, Patricia Orlowski and son Eric Karl. She was the loving grandmother of Jason Orlowski, Todd Orlowski, Katlin Westling and Josh Quinn and great-grandmother of six. Her husband, Walter Karl, son James E. Quinn and daughter Vicki Karl predeceased her.

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D’Angelo, Berra Capture North Castle Town Board Seats

By Arthur Cusano

Cross-endorsed incumbent Councilman Stephen D’Angelo was re-elected to a second term and Democrat José Berra will return to the North Castle Town Board after both candidates were victorious in last week’s election.

D’Angelo, a registered Republican who was a nominee for both major parties, led the three-candidate race for the two seats by collecting 1,522 votes, finishing far in front of Berra’s 987 votes, according to Board of Elections totals. Councilman Guy Mezzancello, who claimed a razor-thin victory last year over Berra in a special election to finish out the final year of Supervisor Michael Schiliro’s unexpired term, came in third with 885 votes.

Berra had been appointed in January 2014 to take over the seat vacated by Schiliro following his victory as supervisor. In that same 2013 election, Berra had been appointed in January 2014 to take over the seat vacated by Schiliro following his victory as supervisor.

Schiliro, 51, who served for six years as supervisor, said the biggest priority for the next two years was road repair.

Several officials were virtually assured of victory before a single vote had been cast. Schiliro, a Democrat, ran for a second term unopposed with bipartisan endorsement.

Town Clerk candidate Alison Simon and incumbent Town Justice Elyse Lazansky also won uncontested races.

Schiliro said he was happy to see the Brynwood Golf & Country Club project get underway next year. The planned community development will have 73 luxury townhouses if granted site plan approval by the planning board. Schiliro said would add welcome revenue to the town’s tax rolls.

North Castle is also in the process of updating its ethics code and completing moving ahead with an update of its Comprehensive Plan, he said.

“IT has over the past two years. “The board is bipartisan after Election Day,” Schiliro said. “The R or D next to your name disappears.”

Town leaders also hoped to renovate and expand the community center in North White Plains, he said. The building currently houses a police substation and the library branch. In addition to expanding those sections, officials are looking to install a generator to allow the facility to be used as an emergency shelter, he said.

Schiliro said he was happy to see the Brynwood Golf & Country Club development finally receive its rezoning approval and said he hoped to see that project get underway next year. The planned community development will have 73 luxury townhouses if granted site plan approval by the planning board. Schiliro said would add welcome revenue to the town’s tax rolls.

North Castle is also in the process of updating its ethics code and completing moving ahead with an update of its Comprehensive Plan, he said.

“I hope to have that updated and completed by the end of my two years,” he said.

On Jan. 1 Schiliro will oversee a board that contains two registered Republicans, a Democrat and an independent. He said Berra and D’Angelo are both exceptional people and public servants, and said he expected the board to work well together as it has over the past two years.

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Town Clerk candidate Alison Simon and incumbent Town Justice Elyse Lazansky also won uncontested races.

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Editorial

Task Force Good First Step in Quest to Make Common Core Revisions

After a few years of relentless pressure, Gov. Andrew Cuomo had apparently heard and seen enough. The calls to scrap, or at least seriously retool, New York State’s Common Core standards had reached such a fever pitch that it could no longer be ignored at the highest level of state government.

Alarming high rates of parents choosing to have their children opt out of some or all of the standardized tests and criticisms that arose from people who might be supportive of the majority of Common Core likely forced bureaucrats into action.

So it was with great hope that Cuomo named a 15-member panel of educators a couple of months ago to delve into reviewing and hopefully reforming Common Core.

Last Friday, educators throughout the lower Hudson Valley descended on SUNY Purchase for one of several public hearings around the state to make their argument as to why reform is so urgently needed.

Most of the issues raised seemed valid and to the point: curriculum that is poorly aligned with the tests; an excessive amount of exams; a rapidly diminishing amount of time for real learning and growing; an inadequate amount of time to cover the volume of material; and whether real educators, who are in the trenches regularly, will be called upon to make the necessary changes in assessments.

It will be fascinating to see how these hearings proceed and whether it produces the kind of substantive reform that is sorely needed to overhaul Common Core.

What will be an even bigger test is whether anything will be done about one of the key criticisms from teachers’ unions – that the linkage between test scores and teacher evaluations be severed. If the system is to be reformed, then it is unlikely anyone can make the argument that a flawed component in a flawed system should remain intact.

Hopefully, these hearings around the state are more than just gripe sessions to let people blow off some steam, and won’t meet the same end as the ill-fated mandate review committee. With the future of millions of children at stake, let’s hope the public and the policymakers heed the warnings until a good system is in place.

Letter to the Editor

Spectra Entegy’s Gas Pipeline Could Spell Disaster for Westchester

Most Westchester residents are blissfully unaware that Spectra Energy of Houston, Tex., has started construction of their jumbo fracked gas pipeline through the northern edge of our county. The construction will scar our region and put additional burdens on our local police, fire and EMS teams.

This pipeline is more dangerous than kinds of substantive reform that is necessary changes in assessments. real educators, who are in the trenches with a Navigator near you. “

so that Cuomo named a 15-member panel of educators a couple of months ago to delve into reviewing and hopefully reforming Common Core.

Peel off some steam, and won’t meet the same end as the ill-fated mandate review committee. With the future of millions of children at stake, let’s hope the public and the policymakers heed the warnings until a good system is in place.

We must stop building fossil fuel infrastructure. Gas pipeline projects like this hinder our nation’s transition to clean energy sources and steal money away from smarter investments that would provide more jobs and permanent, low-cost energy solutions for consumers.

Navigators Offer to Help Public During Health Insurance Open Enrollment

The open enrollment period for 2016 for the NY State of Health Marketplace began Nov. 1 and continues through Jan. 31, but for coverage to begin on Jan. 1, residents must enroll or re-enroll in a plan by Dec. 15.

Residents who are currently enrolled in the marketplace should receive information about renewing their coverage for 2016 directly from the NY State of Health Marketplace.

New this year is the Essential Plan. Designed for lower income people, the Essential Plan provides the same essential benefits as other plans, including free preventive care. Enrollment in Medicaid, Child Health Plus, the Essential Plan and the Small Business Health Option is available all year round.

To help residents and small business owners understand and access the marketplace, the Westchester County Health Department has seven “Navigators” available to help residents.

“We encourage residents to call us for free help choosing and enrolling in a health insurance plan that fits their budget and offers the coverage they need,” said Westchester County Health Commissioner Dr. Sherlita Amler. “With 26 sites around the county, there is sure to be a convenient place to meet with a Navigator near you.”

Navigators sites include libraries, health department offices, community-based organizations and government agencies. Weekday, evening and weekend hours are available either by appointment or during set hours. Navigator services are free and available in English and Spanish.

To reach a Navigator, call 914-813-5192 or e-mail hnav@westchestergov.com.

To learn more about health coverage, visit www.nyastateof.health.ny.gov or call 1-855-355-5777. The NYS of Health customer service hours are Monday to Friday 8 a.m. to 8 p.m. and Saturday 9 a.m. to 1 p.m.

For more information, like on Facebook at www.facebook.com/wchealthdept or visit www.westchestergov.com/health.
Know your Neighbor

Dr. Louis Campbell
Chiropractor, Mt. Kisco

By Martin Wilbur

It wouldn’t be a stretch to say that for many people today the trip to the chiropractor is as common as a visit to almost any other health professional.

Dr. Louis Campbell, one of two partners at Mount Kisco Medical & Injury Care, has seen firsthand how technology, increased stress levels for families and injuries caused by repetitive motion and an increasing number of people trying to stay fit has made the need for his services more important and sought after than ever.

“Everything is in front of them so you tend to have terrible posture when you look at devices,” said Campbell, a doctor of chiropractic who has operated his own practice for 13 years. “There’s a lot of stress-related problems. So many people have dual income (households) so they’re really juggling. It’s very stressful. With smart phones, everything is so accessible, so anytime a phone rings or beeps with an e-mail or a message you tend to want to return it immediately and it creates stress.”

His practice with Dr. Michael Adler, who specializes in physical therapy and sports medicine, treats patients suffering from a variety of physical maladies that produce discomfort. In addition to chiropractic, the practice, which opened on South Bedford Road earlier this year, offers individualized exercise programs for patients who are rehabbing from injury, spinal decompression therapy for those suffering back and neck pain and treatment for neuropathy, those without feeling in their extremities.

Campbell, a graduate of New York Chiropractic College, is also certified in Active Release Technique, which addresses the buildup of adhesions and scar tissue in muscles, provides treatment for women who endure back pain during pregnancy as well.

“I’ve treated everyone from pro athletes, I’ve treated professional football players, to A list actors and I’ve treated grandma. Really a very wide range of patients,” Campbell said.

Mount Kisco contains familiar surroundings for Campbell, 44, who previously commuted to his practice in Manhattan. While growing up in Mahopac, he regularly visited the village and worked as a lifeguard at the Guard Hill condominium complex off Route 117 in high school and through college.

It was during his senior year at SUNY Oneonta that Campbell decided to pursue a career in chiropractic. As a competitive triathlete, there was a natural interest and he understood that there was a need for people to cope with their aches and discomfort.

“Nearing the end of college, what do you want to do?” Campbell said of the reasoning behind his decision. “Do you want to go to grad school or do you want to work?”

He spent more than three years completing the program at New York Chiropractic College. He would later set up his first practice, a fledgling operation in the city with another young colleague, while he tended bar.

After Campbell and his wife, Cindy, started their family they moved out of the city. Today, Cindy runs the Ty Louis Campbell Foundation that they co-founded after their oldest son, Ty, lost his battle with brain cancer at five years old in 2012.

Although more people exercise and take care today, it is a double-edge sword, he said. The body needs to stay active to function at its best but that also can increase the likelihood for injuries.

“Westchester is one of the wealthiest areas, it’s an educated population so they want to be careful,” Campbell said. “They want to avoid surgery, they want to avoid complications. They want to exercise. They don’t want to be sidelined, so you have more proactive people.”

While Campbell sees a wide variety of people in different stages in life, he said he finds it amazing that he has as many patients in their 70s and 80s who are active and still working – and not just because they have to.

But no matter how active a person is, injuries and problems invariably crop up.

“You never like to say you’re in pain because you’re old,” he said. “The reality is your body does break down, but it doesn’t mean you should suffer in pain or that you should just stop,” he said.

Mount Kisco Medical and Injury Care is located at 103 S. Bedford Rd. For hours and more information, call 914-241-8000 or visit www.mkinjurycare.com.

“Peekskill is my home, and keeping us safe is my job.”

Kaitlyn Corbett
Nuclear Engineer

Kaitlyn Corbett has always called New York home. Born and raised in Buffalo, she earned her degree in nuclear power engineering at SUNY College of Technology and moved to Peekskill to start her career at Indian Point. Safety is the single most important mission for Kaitlyn and her 1,000 colleagues at the plant, and it’s been the focus of her years of study and training in the nuclear power industry. Every day, engineers are graded on their performance by inspectors from the Nuclear Regulatory Commission. The NRC recently gave Kaitlyn and the team at Indian Point its highest safety rating — for the fifth year in a row.

Discover more about Indian Point at SafeSecureVital.com
By Arthur Cusano

High school comes with all sorts of challenges, but growing up in an affluent area like Westchester County carries additional stress for teens that can batter self-esteem and emotional well-being. To help parents assist their children in navigating stress, anxiety and depression, The Mental Health Association (MHA) of Westchester and Inside Armonk magazine held a forum last Wednesday evening at the Rosenthal JCC of Northern Westchester in Pleasantville. The event, hosted by Sean Mayer of local public relations firm Thompson & Bender, touched on several key factors Westchester youngsters.

“The numbers are just staggering,” said MHA’s Dr. Barbara Bernstein. “One of the surveys done by the American College Health Association found that more than one-third of college students report feeling that sometime in the last year they felt so depressed that it was difficult for them to function. More than half of them said they felt overwhelming anxiety, and 9 percent said they seriously considered suicide.”

Bernstein said while college counseling centers report being overwhelmed by more students than ever needing help, students surveyed said that most of those students are not seeking assistance, an increasingly prevalent phenomenon.

Researchers at Stanford University coined the term Duck Syndrome to describe young people who try to portray themselves as happy and successful, especially online, while hiding their struggles.

“One on the surface, a duck looks tranquil and serene, but under the surface it’s paddling furiously,” Bernstein said.

The fragility of many youths who appear fine has led to them being referred to as “teapot children,” students who are emotionally weak due to coddling parents.

“We want them to not be hurt, but what happens is many of these kids develop a fragility,” Bernstein said. “They are so fragile and so precious that when they come up against the slightest bump, they shatter.”

One of the likely causes for that fragility is what Bernstein referred to as “lawnmower parents.”

“These are the parents (that) go around like blades and clear all the obstacles from their children’s paths to make everything nice and smooth,” she said.

Fellow panelist and Armonk resident Shari Applebaum is a local advocate who lost her son Miles to suicide last year. She said while every parent wants to help their child do well and avoid struggles, teens need to learn how to deal with adversity. Parents and educators must stop linking achievement to self-worth, since students will be afraid to fail or take risks.

“What happens is there is peer pressure that they are hearing with each other’s grades, what schools they are getting into, what are the best schools to go to,” Applebaum said. “What we need to do is keep supporting our children and giving them a lot of love and attention and praise them and celebrate them for who they are.”

Panel member Rev. Frances Wise Grenley said, “We want them to not be hurt, but what happens is many of these kids develop a fragility.”

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Panel at P’ville Forum Urges Parents to Calm Children's Stress

continued from previous page

Grenley of the Scarsdale Congregational Church said that parents shouldn't discourage their children from pursuing less popular interests or career paths.

“We all know how grateful we are when we find an amazing electrician or an amazing plumber,” she said. “We value those people for the skills that they have. There are many more things than being a graduate of Harvard or Yale.”

Panelists agreed rapidly changing technology and the rise of social media has made adolescence even harder. Christopher Borsari, the principal at Byram Hills High School, said today's students have no sanctuary from social stresses.

“It used to be that if you had a bad day at school or if you were struggling with something, once you got home you were safe,” Borsari said. “You'd walk in the door and go to your room and go listen to music or go read a book or put your head down on a pillow and cry. If someone wanted to give you a hard time, they'd have to call your mom and stretch the (phone) cord to your room.”

Borsari said youngsters are bombarded with messages at all hours on their computer or mobile devices, and parents often have no way of knowing.

“I'm amazed at how many ways my daughter was able to communicate with her friends after I took her phone away,” Borsari said.

Bernstein said teens often feel whatever faults they have are magnified, and that everyone notices even the most minor imperfections.

“And now that they are putting their lives online, that has become a reality,” she said. “Everyone is constantly comparing themselves to everyone else, and so much of the time it appears as though everyone else's life is fabulous. Everyone else looks like they are having a great time and I'm not.”

Grenley said parents need to be accepting enough that their children know they can approach them even when they fail to meet expectations.

“If we are overly critical, they won't come to us,” she said. “Maybe we are desperate to have our child be the captain of the baseball team and we really push for that for many years because we want our child to be good at baseball. We send messages, even with the best of intentions, that we want them (to) be this way. And if they aren't that way, they can sense that perhaps they are letting us down.”

Another topic discussed was the type of long-term impact hiring tutors has. Borsari said talking to children about academic problems should be the first step. There are often free resources available such as online videos or lessons or peer tutors. Hiring a tutor may send an unintended message, he said.

“For a lot of kids, the message is that they're not good enough,” Borsari said. “That B is not good enough for mom and dad, and that's something to consider and speak about with your son or daughter.”

At Byram Hills, as many as 80 percent of students are accepted to Tier 1 and 2 colleges. But pressure is constant, especially in affluent communities where children are expected to be as successful as their parents even if today's economic challenges makes that less likely. Applebaum said parents ought to embrace their children for who they are.

“They don’t want to disappoint us, they want to do even better than we did,” she said. “The difficulty comes when a child wants to go to a trade school or do something different than get into a top school. I think it's really important to embrace our children and give them unconditional love no matter what.”

For more information about the services provided by the Mental Health Association of Westchester, visit www.mhawestchester.org.

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Panel at P’ville Forum Urges Parents to Calm Children’s Stress

‘We all know how grateful we are when we find an amazing electrician or an amazing plumber. We value those people for the skills that they have. There are many more things than being a graduate of Harvard or Yale.’

--REV. FRANCES WISE GRENLEY, SCARSDALE CONGREGATIONAL CHURCH
Space Still Available for No. Castle Historic Tour This Saturday

The North Castle Landmarks Preservation Committee and the North Castle Historical Society will present its next “Exhibition in the Streets” tour, a roughly two-and-a-half hour bus tour that will visit many of the town’s historical sites, this Saturday, Nov. 14 starting at 10 a.m.

The tour group will assemble at Smith’s Tavern on Route 22 in Armonk before the scheduled departure. Sites in all three of the town’s hamlets will be included such as Cranberry Lake, Elijah Miller House and the Valhalla Dam in North White Plains; the Cornell Birsdall House, the Bedford Road Historic District, Conyers Farm and the first post office in Armonk; and the Middle Patent Cemetery and Middle Patent Church, Finch’s Country Store and Col. Hobby’s House in Banksville.

Following the bus tour, docents will welcome the group for a tour of historic Smith’s Tavern as well as the other structures at the site of the educational complex which Smith’s Tavern is apart of – the Brundage Blacksmith Shop, the East Middle Patent Blacksmith Shop, the East Middle Patent Road Historic District, Conyers Farm and the Cornell Birsdall House, the Bedford Meeting House.

To reserve a space in advance, contact Landmarks Preservation Committee Chair Susan Shimer at sshimer@optonline.net.

North Castle Officials Close in on Completion of Town Code Update

By Martin Wilbur

After two years of work, North Castle officials are in the latter stages of updating the town code by including dozens of supplements and new laws that have been adopted over nearly 30 years.

The recodification project, which was started in November 2013 and has been overseen by Town Clerk Anne Curran, will include the text of 57 supplements that were approved between the time the code was written in 1987 and 2012. In the past three years, another 25 local laws have been adopted and also are not included in the text, she said.

Curran said many residents or applicants for proposed projects often consult the code that appears on the town’s website, but they don’t have the most current and accurate document to read.

“While these local laws appear in a listing that is titled new laws, they’re not codified,” Curran said. “So codified means they are incorporated into chapters and they become part of the code that’s online.”

During the summer the town board met during three marathon work sessions to discuss other changes within the proposed 67-page code, such as the elimination of obsolete portions and revising or tightening language in other sections. Curran said the town also received input from various department heads and consulted with General Code, a website and service that is considered an authority on New York State municipal law.

However, at the opening of a public hearing last Wednesday for residents to weigh in on the proposal, Curran and the board were met by criticisms from two residents who objected because information detailing revisions weren’t made readily available to the public beforehand.

North White Plains resident Ed Lobermann said it seemed as though the town was ready to soon move ahead with adopting a version of the revised code with the public only having a couple of days to review the document.

Despite the scheduling of last week’s hearing, it would be virtually impossible for anyone to understand the proposal and make meaningful comments, he said.

“If the purpose of the public hearing is to get public input, give the public enough information and enough time so they can give you intelligent input,” Lobermann said.

Armonk resident and former town justice Susan Shimer said she found it overwhelming to try and digest the information in the short amount of time given. A link to the proposed code was supposed to be provided on the agenda that was posted on the town’s website on Friday, Oct. 30. However, the link wasn’t working and wasn’t fixed until after that weekend.

Supervisor Michael Schiliro said he understood their sentiments, but countered that there was ample time for the public to become acquainted with the code. The town board has been talking about the work, yet no resident attended the three work sessions, he said.

“If residents are interested, they need to pay attention, they need to attend,” Schiliro said.

The board adjourned the hearing until its next meeting on Nov. 18.
No. Castle Receives $250G State Grant to Improve Armonk Parking

By Martin Wilbur

North Castle will receive a $250,000 state grant to help pay for expanded parking behind Hergenhan Recreation Center in Armonk, a first step toward easing the hamlet’s downtown parking crunch.

The grant, from the Dormitory Authority of the State of New York (DASNY), was announced last Wednesday by Assemblyman David Buchwald (D-White Plains) and state Sen. George Latimer (D-Rye) during a visit to the North Castle Town Board meeting.

“That’s something that will go a long way in making the broader vision for downtown Armonk a reality,” Buchwald said. “I look forward to seeing that come to fruition and more importantly, getting to make use of it with my own shopping and visiting and eating in your restaurants.”

Director of Planning Adam Kaufman said he must still submit additional information to the state for the town to receive the money. When completed, the area will be paved and striped and have 73 spaces, he said.

Once the town receives the funds, it has three years to use the money. The town should be able to easily complete the Hergenhan parking project within that timeframe, Kaufman said.

Officials are optimistic that with the extra parking behind the recreation center, employees of downtown businesses will utilize the new area in order to free up spaces for customers that are closer to the establishments. It is often feared that if parking is too much of a problem or potential patrons have to walk too far, they won’t stop and will choose somewhere else to shop.

“It’s a good utilization of some excess land that we have that can serve multiple purposes,” Kaufman said.

Since Armonk Square opened with the busy DeCicco Family Markets, the parking problems downtown have become more severe during certain hours.

While the recreation center parking is an important piece toward solving the congestion problem in downtown Armonk, it’s not the only parking-related project that is anticipated. The town is before its own planning board with designs for the area that is referred to as Wampus Park South across Bedford Road from Wampus Brook Park that will be developed as passive park space.

Plans call for the new Wampus Park South to have a lot with 20 new spaces that can be used mainly by park visitors or other members of the public who visit downtown, Kaufman said.

Furthermore, the town is still considering the possibility of creating more parking on land that it owns at the end of Kent Place. Kaufman said that would require the construction of a culvert to get vehicles over the stream. There would be about 40 additional spaces at that location, he said.

Supervisor Michael Schiliro said the town submitted a different grant application to the state to help defray the Kent Place expenses should it decide to move forward with that project. If approved, North Castle would receive $80,000, or about 20 percent of the projected cost of the work, he said.

Schiliro said that receiving the grant would be helpful but would not decide whether the town would pursue Kent Place as a parking option if officials concluded more parking was needed.

The supervisor thanked Buchwald and Latimer for helping to secure the DASNY grant, critical funds the town won’t have to spend of its own money. It’s also needed with word across the area that Armonk’s downtown is booming.

“We have a situation where we want to continue to improve our parking in this hamlet downtown because people are coming and we want to provide as much parking as we can and make it a good experience,” Schiliro said.

The Swiftest of Them All

The Pleasantville boys’ cross-country team won the Section 1 championship last weekend, their third consecutive sectional title. Pictured, from left, are Coach Becky Demetropoulos, Will Blasdell, Dylan Bronkema, Drew Dorflinger, Robert Feeney, Aidan McDermott, Declan McDermott, J.C. Yahia and Coach Brett Alcantara. The team will vie for the New York State Championships this weekend at Monroe-Woodbury High School in Orange County.
**NOVEMBER SALE**

**SAUVIGNON BLANC (750ml)**

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**SPIRITS (various sizes)**

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IDEAL HAVEN FOR RELAXATION
Pleasantville | $615,000 | Resting at the end of a quiet and serene cul-de-sac with nearly a full acre of land, this stunning 2,200 sf Colonial offers a warm and cozy interior bathed in natural sunlight. Walk through the first floor’s open layout and discover the spacious living room, dining room, laundry room, bathroom and eat-in kitchen with stainless steel appliances. Family room includes a vintage pellet fireplace. Head upstairs to take in the flowing 3 bedrooms and 2 baths. Gleaming hardwood floors on both levels of the house. The scenic backyard with its finished wooden deck offers a huge landscape for barbecues, parties, or maybe just a good old game of hide-and-seek. Web# 4548195 Charles Bludeau, O: 914.723.6800, C: 347.420.2660
A Master Cabinetmaker Helps Define a Room

Normally built-ins are utilized to transform dead zones into functional space, such as under stairs or windows or between fireplaces and corners. But with our most recent project, there were a couple of other objectives to achieve besides organization, storage and display.

Because my wife and I would be moving from a historic home with architectural detail in each room, such as chair rails and corner cupboards, to a new condo where, basically, we were dealing with clean, sleek lines and plain white walls, we wanted our built-ins to add that missing architectural definition, especially in our great room.

We also wanted them to have a more organic feeling as though they were planned as part of the construction, rather than an afterthought. In essence, we wanted to treat the room as an empty stage set and utilize the built-ins to give it definition.

There was another need. There was no fireplace in the model we liked, and we wanted to incorporate one into the project. We planned for a traditional mantel with a fireplace insert, not wood-burning or gas, but one of those amazing new electric versions where you dare not test the illusionary flames with your hand to test if they’re real.

Finally, because our new great room was to be the repository of collected items from several rooms from our former home, we needed shelving for more display space. We wanted to be able to sit on our sofa and look straight ahead at many things we love, while enjoying the fireplace or watching TV.

To help us realize our dream, we called upon Jan Efraimsen of Woodtronics Millwork Corp. in Yorktown Heights. Efraimsen’s story is one of a fortunate change of career some 30 years ago from an electronic engineer to a self-taught cabinetmaker based on his hobby in woodworking.

“I started out with only a skill saw in my basement, making wooden jewelry boxes,” he said.

From there, he secured residential building projects by going to construction sites and offering to do finishing cabinetry work.

Today Efraimsen runs a large operation in a 7,000-square-foot space with 10 cabinetmakers and enough heavy duty tools and machinery to complete large commercial projects, including restaurants and offices, as well as residential jobs.

It was a collaborative process working with Efraimsen and his designer Christine Keating. On his first visit, Efraimsen took exact measurements. Within a couple of weeks, Keating had created a set of drawings that perfectly reflected our vision. With a few adjustments of the details, primarily to the type of molding, doors and fluting to be used, we agreed on the final styling of both the mantel and the bookcases.

As for the wood to be used, Efraimsen suggested cherry for its hardness and ability to finish and stain beautifully. During the process, I was invited to the shop to discuss details as the mantel and bookcases were being fabricated and sanded. When it came time to choose the stain color, it was suggested that we match the color used on the kitchen cabinetry, which could be seen from the great room. Three different mixes were created and I was shown samples until the color was matched perfectly.

On the day of installation, the modules constructed at the shop were moved into place and anchored seamlessly.

Now whenever I sit in front of my masterful great room built-in, whether to enjoy the flicker from the fireplace, to enjoy TV from the set positioned at one end or recount my years of memories from all the things we’ve collected, I find myself thinking of the fun that went into the creative process of bringing this beautiful project together with true artisans.

To learn more about Jan Efraimsen’s work, visit http://www.woodtronicsny.com. For an appointment to discuss your own built-in dream, call 914-962-5205.

Spotted Tiger Acupuncture & Holistic Health
Chappaqua

By Colette Connolly

Psychic medium and medical intuitive Francine Tesler jokingly calls her new business associate, acupuncturist Toni King, her “calmer doppelganger.”

The women share a recently renovated space housing Spotted Tiger Acupuncture & Holistic Health in Chappaqua.

Putting an acupuncturist and a psychic under one roof might seem like an unusual partnership, but both women have more in common than meets the eye. Both are medical intuitive, which means they can perceive information that’s going on within the body.

King, a licensed acupuncturist in Connecticut and New York, practices the Japanese Kiiko Matsumoto (KM) style of acupuncture. She is also classically trained in Traditional Chinese Medicine acupuncture, Acupuncture Physical Medicine and Chinese Herbal Medical Formulation.

Comfortable utilizing the KM approach, King, who operated out of another Chappaqua office for three years before moving to King Street this summer, said it allows her to use smaller needles, which provides gentler stimulation.

Passionate about her craft, King takes a detailed medical history of every new client before a treatment. She heeds even the smallest of ailments and works in a spa-like setting surrounded by dim lights, sweet-smelling candles and soothing music.

King explained that acupuncture can clear blockages in the body that disrupt its energy flow. Blockages may include lymph fluid or blood that would typically cause pain and discomfort, she said. Very fine needles are inserted in the body at strategic points to encourage free flow.

“For me, acupuncture is this energetically-based thing that’s controllable and informed,” said King, who holds a clinical master’s degree from the Tri State College of Acupuncture in Manhattan.

She treats symptoms of conditions such as diabetes, high and low blood pressure, muscle spasms, migraines and other types of headaches.

“The patients who come to me have been through the mill already, and I’m often their last stop,” King added.

For clients who are eager to see into their future, Tesler has been known to accurately provide the right information. A Bronx native, she remembers her childhood friends didn’t quite understand her telepathic tendencies, often referring to her as “Grandma Witchy.” After spending several years telling fortunes as a hobby, she realized she could make it a business.

She has made a name for herself in Westchester and in the Bronx and Yonkers Irish communities, where she read for years in several bars and restaurants frequented by Irish immigrants.

Tesler has expanded her reach, being hired for bridal showers, Bar and Bat Mitzvahs, graduations and birthdays. She still conducts readings at restaurants around Westchester to individuals and groups.

Tesler also has a thriving professional services business, working with law enforcement on missing persons’ cases and other investigations. In addition, she sees private clients.

Tesler doesn’t use Tarot cards but said “I see, I hear, I feel.”

“Most people just want to know about health, wealth, happiness and love life,” said Tesler, a Pleasantville resident.

Many of her clients want to know if they can communicate with deceased loved ones.

“I always tell people, ‘there’s no special phone number to dial up God,’” she said.

Loved ones who were quiet when alive will remain quiet after they’ve passed, Tesler said. Similarly, those who were loud will make themselves known from the other side.

In addition to offering individual sessions at the Chappaqua location, Tesler accommodates “gallery sessions,” where she can read up to 10 people.

Both women are eager to make Spotted Tiger a community resource for health and wellness, including hosting events to offer a better understanding of today’s health challenges and fads.

Spotted Tiger Acupuncture & Holistic Health is located at 226 King St. For more information, visit www.SpottedTigerAcupuncture.com.

King is available Monday, Wednesday and Friday; Tesler is available Thursday, Saturday and Sunday. Call King at 914-582-3276 to schedule an appointment or e-mail Spottedtigers2006@yahoo.com. Tesler can be reached at 914-469-6693 or at franfuture@aol.com. More information on her services can be found at www.francinetesler.com.

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The Restaurant Examiner

Jill Rose, Founder of Tarrytown’s Chiboust, Dies at 52

By Jerry Eimbinder

Chef Jill Rose, 52, the founder of Chiboust in Tarrytown, lost her battle with breast cancer on Oct. 31.

Born July 2, 1963, Rose was the first girl to play on the Yellow Springs Elementary School baseball team in Maryland, at first tucking her hair inside her cap when her team played before word got out. She learned how to fresh-squeeze lemonade and sell it at booths at local fairs while a student at Governor Thomas Johnson High School in Frederick, Md.

At first she worked for a chain operator of lemonade stands; later she operated her own stands at functions near and far.

At Tarrytown’s annual street fair on Main Street, Rose always set up a lemonade stand in front of Chiboust and offered other sweets and treats as well.

She opened her first restaurant in Frederick while still in her early twenties, funded mainly by local investors. It failed after a short time but proved to be a valuable learning experience, Rose had said. She concluded that she needed more schooling in order to pursue a successful career in the restaurant business.

After evaluating many culinary school programs, Rose enrolled at the Culinary Institute of America in Hyde Park in 1989 and earned two degrees (culinary and pastry); she cooked for an Indy racing car team, its followers and the nightly guests of the team’s sponsors as the drivers competed across America; and she was a pastry chef at Lespinasse in Washington, D.C. and Manhattan from 1993 to 1999 and at La Caravelle in Manhattan in 2002 and 2003.

Rose was recruited by the Women’s Housing and Economic Development Corporation (WHEDCO) in 1999, created to provide underprivileged residents in the Bronx with affordable training. She developed a curriculum and taught in its Culinary Arts Vocational Training Program for three years.

The funeral service was held at the Coffey Funeral Home in Tarrytown.

Muddy Water Coffee & Cafe Opens in Tarrytown

By Jerry Eimbinder

A coffeehouse called Muddy Water Coffee & Cafe opened in Tarrytown late last month by co-owners Linton Suttner and Loretta Oleck, both Ossining residents.

Food and beverage selections are posted on separate blackboards and orders are placed at the counter. This eatery does not have printed menus or wait staff service.

Items available include a bevy of breakfast items. There are no egg dishes but there are soups, salads, sandwiches, quiches, samosas, lots of snacks, desserts and gluten-free baked goods. Three different quiches are offered at $7.95 each: tomato/spinach, artichoke/mushroom and goat cheese.

Samosa choices change weekly.

When I visited, one of the two daily soup specials was roasted vegetables with potato accompanied by garlic bread ($6.50). It was crammed with vegetables and delicious.

Suttner said that live entertainment is coming soon and will include band music, poetry readings and live mic participation.

Born and raised in Johannesburg, South Africa, Suttner arrived in America in 1985 and directed and produced television commercials and after a French pastry, it was also a bakery and after-dinner treats were shown for many years in a refrigerated display case near the front entrance. But during a one-week, summer renovation in 2012, the display case was removed to add seats at the bar. In September of that year, gourmet pizza was added to the menu — something she had considered doing years earlier.

Many articles mentioned the restaurant as one of the most romantic dining destinations in Westchester County.

Rose’s search for an additional location in Tarrytown that would include a pastry department had barely begun when she was diagnosed with cancer.

After undergoing chemotherapy in February 2013, she had surgery — a double mastectomy and removal of 23 lymph nodes — followed by more chemotherapy and radiation. Later, it was discovered that she had a very aggressive form of breast cancer and lesions were spotted in her liver.

The evening begins with a 7 p.m. reception at which five hors d’oeuvres will be passed around: tripe fries with hot honey; brioche boxes with lobster, caviar and egg sauce; Mortadella cream puffs with pistachio and maple mustard; crispy whitebait with fennel salt and zesty mayonnaise; and David’s liverwurst on cinnamon-sugared munchkins.

DiBari’s six-course tasting dinner starts at about 8 p.m. and will last around two hours. The courses: beef tartare with whipped Lardo; miniature blood sausages with cheese curd potatoes and roasted apples; poutine with bone marrow; buttery hand-cut pasta with shaved foie gras; smoked beef tongue pastrami and crispy pig’s head with cabbage and root beer mustards; and sticky maple cake with bacon crumbles for dessert.

Wine is served with the hors d’oeuvres and paired to each of the six dinner courses. It is included in the ticket price.

Reservations can be made Monday through Friday from 9 a.m. to 5 p.m. by calling 212-627-2308 or by clicking on "Book Online" at www.jamesbeard.org/events.

The dinner will be held at The Beard House, located at 167 W. 12th St. in Manhattan.

James Beard Foundation Selects DiBari as Guest Chef

By Jerry Eimbinder

David DiBari, executive chef at The Cookery and The Parlor in Dobbs Ferry, will be the guest chef at a James Beard Foundation tasting dinner paying homage to the dishes of Montreal on Nov. 16 in Manhattan. The cost is $130 for foundation members and $170 for non-members.

The dinner will be held at The Beard House, located at 167 W. 12th St. in Manhattan.
As I reported last week, I recently attended a wine tasting event in New York City. A consortium of the top winemakers across Italy presented their world-famous wines.

The group, Grande Marche, is an amalgam of 19 family-owned wineries perennially considered the most prestigious in the land. Winemakers poured one representative wine from their locale, while extolling their cultural heritage, their family history and the unique terroir of their vineyards.

Of the 20 wine regions in Italy, 12 were represented. Those with the greatest offerings were Piedmont and Tuscany. A synopsis of those wines follows.

**Piedmont**

The wines produced from the indigenous grape, Barolo, are often referred to as the “King of wines and the wine of Kings.” Produced from the Nebbiolo grape and “King of wines and the wine of Kings.” The Antinori family has been producing its acclaimed wines for over 25 years to reach maturity.

The Sangiovese grape reigns supreme throughout this popular region. Rising above the ubiquitous Chiantis and Chianti Classicos, the Brunello wine is considered the epitome of the Tuscan wine industry. The Brunello vineyards are nestled around the medieval hill town of Montalcino, about 25 miles southeast of Siena.

The wine: 2012 Antinori Pian Delle Vigne, was redolent of ripe dark berries and hints of chocolate. The Antinori family has been producing its acclaimed wines since 1385, an enviable legacy.

Relatively new to the Tuscan landscape is the region of Bolgheri, in its western extreme. It has become a laboratory for producing wines from previously verboten international grapes such as Cabernet Sauvignon, Cabernet Franc and even Syrah. The first of these wines, dubbed “Super Tuscan” debuted in 1968 to controversial fanfare.

The wine: Sassicaia, produced by Tenuta San Guido estate, is a Bordeaux-like blend. I tasted the 2012 bottling, a blend of 85 percent Cabernet Sauvignon and 15 percent Cabernet Franc. It teemed with dark fruit aromas, balanced with a sophisticated, velvety texture. At a retail price north of $200, it is an elusive pleasure.

This space does not permit a detailed description of the additional wines I enjoyed. Here is a listing presented by producer, followed by the wine name, grape composition and subregion/region. I encourage you to seek out these wines or alternative producers.

**Sparkling**

Ca’ del Bosco, NV Franciacorta from the Lombardy region.

1. Gaja, 2014 Ca’ Marcanda Vistamare; 60 percent Vermentino, 40 percent Viognier, from Bolgheri, Tuscany;
2. Umani Ranchi, 2014 Vecchie Vigne; 100 percent Aglianico, from Irpinia, Campania.
3. Tasca d’Almerita, 2011 Rosso del Conte; 70 percent Cabernet Sauvignon, 8 percent Cabernet Franc, from Palermo, Sicily.
4. Mastroberardino, 2009 Radici Taurasi; 100 percent Aglianico, from Irpinia, Campania.
5. Rivera, 2009 Il Falcone; 70 percent Nero di Troia, 30 percent Montepulciano, from Castel del Monte, Puglia.
7. Masi, 2009 Riserva di Costasera Amarone; 70 percent Corvina, 15 percent Rondinella, 10 percent Oseleta, 5 percent Molinara, from Valpolicella, Veneto.
8. Donnafugata, 2008 Ben Rye Passito di Pantelleria; 100 percent Moscato, from Pantelleria, Sicily.
9. Ambrogia e Giovanni Folonari Tenute, 2012 Cabreo il Borgo; 70 percent Corvina, 15 percent Rondinella, 10 percent Oseleta, 5 percent Molinara, from Valpolicella, Veneto.
10. Ca’ del Bosco, NV Franciacorta from the Lombardy region.

1. Gaja, 2014 Ca’ Marcanda Vistamare; 60 percent Vermentino, 40 percent Viognier, from Bolgheri, Tuscany;
2. Umani Ranchi, 2014 Vecchie Vigne; 100 percent Verdicchio, from Marche/Red
3. Ambrogia e Giovanni Folonari Tenute, 2012 Cabreo il Borgo; 70 percent Corvina, 15 percent Rondinella, 10 percent Oseleta, 5 percent Molinara, from Valpolicella, Veneto.

**December in Review**

- **Friday, December 3rd** @ 7 pm
  - Jazz Legend - David Benoit’s Christmas Tribute to Charlie Brown

- **Saturday, December 5th** @ 8 pm
  - Ted Vigli’s John Denver Holiday Tribute With Special Guest Jessica Lynn

- **Sunday, December 6th** @ 3 pm
  - A Holiday Show by the Daisy Jopling Band Featuring Local Children’s Choirs

**Holiday Events Coming This December**

- **Saturday, December 12th** @ 8 pm
  - An Evening with Chris Botti

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**Hudson Valley Theater**

**Fri, Nov 13th @ 8pm**

Comedian Artie Lange

**Sat, Nov 14th @ 8pm**

“The American Pie” Don McLean

**Sun, Nov 15th @ 7pm**

The Django Festival AllStars and Friends

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Bedford Central Names Chambers as Interim Superintendent

The Bedford Board of Education announced last Friday the appointment of John A. Chambers as interim superintendent of schools, replacing Dr. Jere Hochman who was recently named New York State deputy secretary for education in Gov. Cuomo’s administration.

Chambers, who served as superintendent at Byram Hills from 2001 to 2008 and Bronxville from 1991 to 2001, will step into the position on Nov. 19 and remain at the helm through the end of the current school year. In addition to his experience at Byram Hills and Bronxville, Chambers was an interim superintendent for the Chappaqua and Haldane school districts. He also served as principal/assistant principal at John Jay and Scarsdale high schools.

As a recognized educational leader, Chambers brings broad expertise to Bedford as a public school district administrator. He is an instructor and adviser at the Future School Leaders Academy at the Bank Street College of Education and has played many leadership roles for the Tri-States Consortium of high-performing public schools. Chambers is also a senior associate with Hazard, Young, Attea & Associates, a top executive search firm serving public school districts. He earned a bachelor’s degree at Williams College, a Masters at Harvard and his school administrator certification at SUNY New Paltz.

“We are confident he is uniquely qualified to lead Bedford Central during this transition, attend to the needs of students, stakeholders, and staff alike and move us forward on key district initiatives,” a Board of Education letter to the community read in part.

With continuing oversight by the board, Chambers will be working with the district’s administrators to assure that programming, services and operations move ahead smoothly. Progress on major district initiatives for the school year will continue, including the work of the Space and Enrollment Committee, which kicked off on Nov. 4 as scheduled.

The selection of a specialized firm to conduct a nationwide search for the district’s permanent superintendent is underway. The search process will include opportunities for community involvement. The board’s expectation is that a new superintendent will be named this spring and begin next July.

In the coming weeks, Chamber is expected to announce getting-to-know you opportunities for parents, district residents and staff.

Maryknoll to Transform Into Hudson Valley Arts Training Center

Houlihan Lawrence Commercial Real Estate Group, a division of Houlihan Lawrence, the leading real estate firm serving New York City’s northern suburbs, announced last week that Maryknoll, located at 40 Somerstown Rd. in Ossining, has sold for $2.75 million.

The four-story, 42,944-square-foot structure, owned by the Catholic Foreign Mission Society of America, Inc. and also known as Maryknoll Fathers and Brothers, was purchased by local investor, David Lyons, who has the overall vision of transforming the space into the Hudson Valley Arts Training Center.

“The ample space will allow local artists and musicians to unleash their creativity and really master their work,” said Lyons. “The center will also offer various arts programs to the citizens throughout the Westchester area.”

Tom Laperch, manager of the Houlihan Lawrence Commercial Group in Rye Brook, represented the seller and purchaser in the transaction.

“This space is an amazing addition that the community will really benefit from,” said Laperch. “The library and conference rooms are great to display artwork and the dorm-style rooms will be the perfect place for artists to hold residencies.”

The first floor of the property houses a chapel, 15 dorm rooms with attached half baths, 17 offices and an accessory kitchen. The second floor includes a library and conference room, 13 dorm rooms and five apartments with full kitchens and baths. The third floor includes an additional 16 dorm rooms, a library and conference room, an accessory kitchen and three full apartments with full kitchens and baths.

Maryknoll, which was last occupied in 2013, has been within the Maryknoll family since 1924, when it was initially purchased by the Maryknoll Sisters of St. Dominic. The Maryknoll Fathers and Brothers obtained the title to the property in 1958.

Food Bank Launches This Year’s Thanksgiving Turkey Drive

The Food Bank for Westchester, which operates the county’s largest food collection and emergency distribution network, kicked off its annual Thanksgiving Turkey Drive last Wednesday. During the ceremony, held at the Food Bank’s Elmsford distribution center, Stop & Shop donated 800 turkeys.

That donation gives the Food Bank a kick-start to reach its goal to provide 5,000 turkeys to families in need this Thanksgiving. With about 200,000 Westchester residents hungry or at risk of being hungry, there is a significant need for meals this holiday season. A donation of $20 provides a turkey to a family, said Food Bank President and CEO Ellen Lynch.

“When we think of Thanksgiving, we think of sitting down with our family and friends and enjoying their company over a delicious meal, we want everyone in Westchester to have that joyful experience,” Lynch said. “There are thousands of hungry people in our county that struggle to provide meals for their families. Let’s come together and provide something as simple as turkeys to families that will help make their Thanksgiving memorable.”

The problem of hunger has gotten significantly worse in recent years and the price of turkeys has risen more than 50 percent in the past year.

Westchester County Executive Rob Astorino and Food Bank for Westchester President and CEO Ellen Lynch are surrounded by local advocates for the hungry during last week’s Thanksgiving Turkey Drive kickoff at the Food Bank’s distribution center in Elmsford.

For information on how to donate a turkey for a hungry family in Westchester, visit www.foodbankforwestchester.org/turkeydrive.

Registration Open for Free Weight Loss Program in Mt. Pleasant

A free 12-week weight loss program will be offered starting Tuesday, Nov. 17 at the Mount Pleasant Community Center in Valhalla.

Lisa Dodakian will lead OffTheScale, an exciting new intervention program with personalized lifestyle education covering nutrition, exercise and behavior change.

The goal is to slow, stop and reverse the progression of chronic and preventable diseases by addressing the underlying source of the problem and replacing bad habits which feed the disease with new good habits to help participants reclaim their lives from the downward spirals of chronic disease. The program is for adults of all ages.

The general public throughout Westchester is invited to participate in the free program, which would cost $395. Classes will take place once a week for 12 Tuesdays from 7:30 to 8:30 p.m. If you or anyone you know is suffering with obesity or a related chronic condition, this program could be for them. Many have already improved their lives with OffTheScale.

Registration is required in advance to participate in OffTheScale. To learn more about the program, determine whether it is right for you and to register, visit www.OffTheScale.com/join. Space is limited.
Committee Offers Plan to Entice Business, Investors to Mt. Kisco

By Neal Rentz

A Mount Kisco volunteer committee outlined a series of recommendations to promote the village in hopes of increasing private investment in the municipality.

Economic Development Council (EDC) Chair Larry Maisel provided information to officials last week about steps that could be explored to create jobs and enhance the village’s neighborhoods and quality of life. The nine-member council, which was established about a year ago, includes Village Manager Ed Brancati and Trustee Karen Schleimer.

Maisel said Mount Kisco has many attributes it can promote, including more than 300 existing small businesses and over 30 restaurants. It is also considered a medical hub.

In addition, Mount Kisco has the 120-acre Leonard Park and the 640-acre Westmoreland Sanctuary, a diverse community that is a transportation center, and numerous community and civic organizations such as the Chamber of Commerce, Rotary and an arts council.

The EDC concluded that a marketing and branding committee for the village was needed. Maisel said one possible slogan could be “Mount Kisco: The Heartbeat of Northern Westchester” with the subtitle “Mount Kisco has IT” or “Heart Pounding Reasons to Make Mount Kisco Your Next Stop” because of its history, excellent restaurants, diversity, shopping and health facilities.

The EDC also proposed creating its own website and becoming involved in social media platforms, Maisel said. The village should explore holding a monthly after-work party that would encourage people to stay in Mount Kisco and patronize its restaurants, he said. Holding weekend art and music festivals is another strategy that could be considered.

To aid business development, the EDC urged for a more tailored and expedited planning board review process, Maisel said.

Long-term projects the council would like officials to consider include attracting more young professionals to the village through easily accessible mass transportation, placing Wi-Fi benches and charging stations in the downtown and establishing a Mount Kisco playhouse for the performing arts to create a “cultural hub,” he said.

Though trustees did not commit to any of the concepts raised by Maisel last week, they were enthusiastic about the ideas. Mayor Michael Cindrich said he would attend the next EDC meeting to review the committee’s ideas and propose some concepts of his own.

Trustee Jean Farber questioned Maisel about whether the council was advocating the creation of a facility that would compete with the Bedford Playhouse. He said a playhouse would be similar to the Emelin Theatre in Mamaroneck, which provides a venue for music, dance, theater and family programs.

The village has offered various cultural performances in the past, including a weekend Shakespeare in the Park program several years ago that was very successful, Cindrich added.

Maisel said residents interested in contacting the EDC may e-mail the village manager’s office at ebrancati@mountkisco.org.

The next EDC meeting is scheduled for Tuesday, Nov. 17, at 7 p.m. at Village Hall.
Pound Fitness Program. A 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics, isometric movements and poses. Using lightly weighted drumsticks called Ripstiks™ and combining constant simulated drumming resulting in working the entire body. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 10:15 a.m. $20. Every Wednesday. Info: Contact Peggy at 914-960-4097.

Toddlers Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 11 to 11:30 a.m. Free. Every Tuesday and Thursday (except Nov. 26). Info: 914-741-0276 or www.mountpleasantlibrary.org.

Mah Jongg Club. Intermediates players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday (except Nov. 26). Info: 914-864-8041 or www.mountkiscolibrary.org. Storytime Playgroup. Come hear a story and music and join in on playtime with toys and books. Children, parents and caregivers will make new friends and share time together. For children one to four years old; with a caregiver. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 to 2:45 p.m. Every Thursday (except Nov. 26). Info: 914-769-0548 or www.mountpleasantlibrary.org.

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Bereavement Support Group for Parent/Sibling Loss. Led by Jody Monkovic. Phelps Memorial Hospital Center, Suite 225, 755 N. Broadway, Sleepy Hollow. 6:30 to 8 p.m. Suggested donation: $10 per meeting. Wednesdays through Dec. 2. Pre-registration required. Info and pre-registration: Contact Bess Steiger at 914-366-3957 or e-mail bsteiger@pmhcs.org.

Bereavement Support Group for Spouse/Partner Loss. Phelps Memorial Hospital Center, Suite 545, 755 N. Broadway, Sleepy Hollow. 2:30 to 4 p.m. Suggested donation: $10 per meeting. Thursdays through Nov. 19. Pre-registration required. Info and pre-registration: Contact Bess Steiger at 914-366-3957 or e-mail bsteiger@pmhcs.org.

Gaming Old School. Join old school gaming enthusiasts to play board games like a kid again. Open to all ages. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Thursday (except Nov. 26). Info: 914-666-8041 or www.mountkiscolibrary.org.


"Beasts of No Nation." Based on the highly acclaimed novel by Nigerian author Uzodinma Iweala, it tells the story of Agu (Abraham Attah), a child soldier torn from his family to fight in the civil war of an unnamed African country. Also starring Idris Elba. Followed by a Q&A with filmmaker Cary Fukunaga. Jacob Burns Film Center, 364 Mainville Rd., Pleasantville. 7:30 p.m. Members/S: $17. Info and tickets: www.burnsfilmcenter.org.

Steven Hackett North American Tour. The former Genesis guitarist returns to North America to perform with his band in celebration of his new album "Wolflight" that was released in April and the 40th anniversary of the release of his first solo album "Voyage of the Acolyte." Tarrytown continued on page 28
Byram Hills to Host Lax Classic to Benefit Wounded Warrior Project

The second annual No Man Down Lacrosse Classic tournament will be held at Byram Hills High School on Sunday, Nov. 15. The tournament is to benefit the Wounded Warrior Project® (WWP), an organization that assists wounded members of the nation's armed forces with services and support upon their return home.

Last year's inaugural tournament included 54 teams with about 700 youths and nearly 1,000 spectators, raising about $60,000 for WWP. This year there are 60 teams registered for the event from throughout the lower Hudson Valley plus Fairfield County, Conn. and Long Island. Starting at 9 a.m., the all-day tournament uses a 7-on-7 format for boys and 8-on-8 for girls and includes teams from seventh grade through junior varsity and varsity.

This year's event will feature a brief talk by retired Sgt. Deven Schi. While serving in the 101st Airborne Air Assault Division in Afghanistan, Schi was severely injured ending his deployment. Schi has devoted his post-military life to helping his fellow wounded service members as a WWP spokesman and as a member of the National Speaker's Association.

Funds will be raised from team fees of $500 and donation for concessions. Lax.com and local businesses will also be sponsors. The organizers are asking interested businesses, individuals and lacrosse fans to contribute by going to https://leagueathletics.com/UserForm.asp?n=108828&org=nmdlaxtourney.

“We are thrilled that the lacrosse community – from the youth to varsity level – is organizing another tournament in support of Wounded Warrior Project, and we couldn’t be more grateful to the teams and everyone who donates their time for this great event,” said Adam Silva, chief development officer for WWP.

The WWP mission is to honor and empower wounded veterans and to raise awareness and enlist the public's aid to help injured service members as well as to assist each other and provide unique, direct programs and services to meet their needs.
**Legends: Sculptures by Ivan Biro and Derek Uhlman Opening Reception.** In conjunction with the Craft-Tastic: An Exhibition and Sale of the Handmade. A dynamic collection of quality handmade work on display and for sale. Blown glass, woodwork and dyed leather creations will be included among the many skilled craft disciplines. Pelham Art Center, 155 Fifth Ave., Pelham. 11 a.m. Drop-in rate: $12. Every Friday; also Tuesdays at 10 a.m. Info: 914-643-6162 or e-mail olin.amyj@gmail.com.

**T’ai Chi Classes.** A graceful form of exercise that helps reduce stress and improve overall health. Phelps Memorial Hospital Center’s James House, 701 N. Broadway, Sleepy Hollow. 9:30 and 10:30 a.m. $10 per session. Registration required. Info and registration: 914-380-2997.


**WCC Friday Night Film Series: “The Railway Man.”** A former British Army officer who was tormented as a prisoner of war at a Japanese labor camp during World War II, discovers that the man responsible for much of his treatment is still alive and sets out to confront him. Ultimately, this film beautifully portrays the ultimate power of forgiveness.

**Westchester County Museum.** The museum’s newest exhibit, “Davidson Auditorium, 75 Grasslands Rd., Valhalla. Refreshments at 7:15 p.m. Screening at 7:45 p.m. $11. Seniors (60 and up): $10. Info: 914-606-6176.

**“Little Shop of Horrors.”** The White Plains Performing Arts Center Conservatory Theatre presents this sc-fi smash. Performed by students in grades 7-12 in the center's conservatory program. White Plains Performing Arts Center, 11 City Place, White Plains. 8 p.m. $20 and $25. Also Nov. 14 at 8 p.m. and Nov. 15 at 2 p.m. Info and tickets: www.whiteplsspac.com.

**“Mothers and Sons.”** A play by four-time Tony Award-winning playwright Terrence McNally performed by The Armonk Players. Twenty years after her son’s death, a mother pays an unexpected visit to the New York apartment of his former partner, who is now married to another man and has a young son. Here, she is forced to come to terms with how much society has changed without her and the full life her son might have been able to enjoy. A deeply compassionate and touching look at the transformative nature of forgiveness and the evolving definition of family. Whippoorwill Hall, 19 Whippoorwill Rd. East, Armonk. 8 p.m. $20. Students (18 and under): $10. Also Nov. 14, 19, 20 and 21 at 8 a.m. and Nov. 15 at 4 p.m. Info and tickets: Visit www.armonkplayers.org/reservations.

**“A Doll’s House.”** Axial Theatre’s production of Henrik Ibsen’s timeless classic. Directed by Howard Meyer. Axial’s founding artistic director starring Laura Credidio and Dan Walworth. St. John’s Episcopal Church, 8 Sunnyside Ave., Pleasantville. 8 p.m. Adults: $27.50. Seniors and students: $22. Also Nov. 14, 20 and 21 at 8 p.m. and Nov. 14, 15, 21 and 22 at 3 p.m. Info and tickets: 914-286-7680, visit www.axialtheatre.org or e-mail axialtheatre@gmail.com.

**Saturday, Nov. 14**

**Pleasantville Farmers Market.** Come experience the largest, year-round farmers market in Westchester, and the one voted Best of Westchester 2014 and 2015 by the readers of Westchester Magazine. With over 55 vendors, it’s a delicious gathering of community and local goods. Seasonal vendors including Alpacatraz, Living Edge Designs and Harper Keehn Knife Sharpening. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Rain or shine. Also Nov. 21. Info: Visit www.pleasantvilletfarmersmarket.org.

**Chappaqua Farmers Market.** Brining locally-raised and produced food to the community in a weekly market, creating a connection between shoppers and small-scale food producers in the region. Featuring about 40 vendors weekly. Also includes music, children’s activities and a food demonstration. Chappaqua Common Place, 7:30 to 11 a.m. Also every Saturday. Info: Visit www.chappaqafarmersmarket.org.

**Mount Kisco Farmers Market.** St. Mark’s Church, 85 Main St., Mount Kisco. 9 a.m. to 1 p.m. Info: Visit https://www.facebook.com/MtKiscoFarmersMarket.

**Bavarian Club Edelweiss Christkindlmarkt (A German Christmas Market).** Cash raffle prizes, traditional German foods, live entertainment, St. Nikolaus, homemade desserts and vendors. Mount Pleasant Community Center, 125 Lozza Drive, Valhalla. 10 a.m. to 4 p.m. Free. Info: 845-240-3227, visit www.bavarianclubdelweiss.org or follow on Facebook at Bavarian Club Edelweiss, Westchester, NY.

**Practice Tai Chi With Larry Atille.** Learn specific feldenkrais and kung fu breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10:30 a.m. Free. Also Nov. 21. Info: 914-273-3887.

**Adult Coloring.** If you’re an adult looking for a relaxing, fresh and new activity that will help bring stress relief to your busy life, try this new coloring class. Drop in anytime. Materials provided. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10:30 a.m. to 12:30 p.m. Free. Every Saturday. Info: 914-666-8041 or www.mountkiscolib.org.

**Joseph Ribkoff Trunk Show.** Meet Joseph Ribkoff specialist Lauren Fumarola for a day featuring fall/holiday merchandise and a spring preview, specials and giveaways. Refreshments served. Tiger Lily, 139 Main St., Mount Kisco. 10:30 a.m. to 6 p.m. Info: 914-244-2401.

**Adult Salsa Class.** Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Free. $12. Every Saturday. Also Wednesdays from 6:30 to 7:30 p.m. Info: 917-215-1720 or visit www.addie-tude.com.

**Teaching Trails: A Community Path for Environmental Education.** Join guided trail sessions characterized by informative and hands-on education about the local natural environment. Discover who left that track, which tree makes the best animal home or which plant makes its own heat to help melt through the late winter ice. Program runs about 30 minutes. Greenburgh Nature Center, 99 Drome Rd., Scarsdale. 11:30 a.m. Free. Every Saturday and Sunday (except Nov. 15). Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

**Pound Fitness Program.** A 45-minute full-body cardio and stress relief jam session, fusion Pilates, cardio, plyometrics, isometric movements and poses. Using lightly weighted drumsticks called Ripstix® and combining constant simulated drumming resulting in working the entire body. TADA Theatre And Dance Arts, 131 Bedford Rd., Katonah. 11:45 a.m. $20. Every Saturday; also Wednesdays at 7:30 p.m. Info: Contact Peggy at 914-960-4097.

**Greyhound Rescue and Rehab Meet and Greet Adoption Day.** Petland Discounts, Thornwood Town Center, 10-18 Broadway, Thornwood. 12 to 3 p.m. Info: Visit www.petlanddiscounts.com.

**Yoga and Scilosis?** Yoga Teachers Association of the Hudson Valley (YTA) presents this by Deborah Wolk, founding member and manager of Samamkayá Yoga Back Care and Scilosis Collective in New York City. Scilosis affects ix million Americans of both genders. Studies show that yoga can help relieve the pain associated with scilosis and even reduce or slow the amount of spine curvature. Yoga Studio at Club Fit, 584 N. State Rd., Briarcliff Manor. 1:30 to 4:30 p.m. Advance registration: YTA members—$35. Non-members—$45. At the door: Members—$45. Non-members—$55. Preregistration requested. Info: Contact Michael Sassano at 914-709-4150 or e-mail yogada@optonline.net. Advance registration: Visit www.YTYoga.com.


**“Yoga and Food Friends.”** A new weekly gathering that includes prayer, song, discussion and dinner for all. Emanuel Evangelical Lutheran Church, 197 Manville Rd., Pleasantville. 5 p.m. Free. Every Saturday. Info: Visit www. emanuelec.org.

**We’re Almost 50! Kickoff Party.** A fundraiser to benefit the New Castle Historical Society. Donations will help fund historical society educational programs, historical exhibits and community events. Continued on page 29.
NWH Earns Top Grade for Patient Safety in Survey

Northern Westchester Hospital (NWH) received an ‘A’ grade for patient safety last month from the independent hospital watchdog The Leapfrog Group, which released national results showing shifts among many hospitals on the A, B, C, D and F grades rating them on errors, injuries, accidents and infections.

NWH was the only hospital in Westchester to receive the top grade in this elite national ratings program, recognizing its strong commitment to patient safety. The Hospital Safety Score is the gold standard rating for patient safety, compiled under the guidance of the nation’s leading patient safety experts and administered by The Leapfrog Group, a national, independent nonprofit.

The first and only hospital safety rating to be peer-reviewed in the Journal of Patient Safety, the Hospital Safety Score is free to the public and designed to give consumers information they can use to protect themselves and their families when facing a hospital stay.

“Patient safety is paramount for hospitals, and our primary focus at Northern Westchester Hospital,” said Joel Seligman, the hospital’s president and CEO. “Each staff member plays a vital role in ensuring our patients are safe when they are in our care. In addition, our approach to patient-centered process design and governance enables us to continuously improve on all aspects of patient safety.”

“Northern Westchester Hospital’s A grade is a powerful reminder of its commitment to putting patient safety above all else, and we are pleased to recognize the persistent efforts of (their) clinicians and staff to protect patients,” said Leah Binder, president and CEO of The Leapfrog Group. “Our families, neighbors, colleagues and friends deserve a hospital that will pull out all the stops to keep them safe, and we urge Northern Westchester Hospital and all other A hospitals to preserve and renew your commitment to safety year after year.”

Mount Kisco Medical Group to Change Name in February

In February, Mount Kisco Medical Group (MKMG) will change its name to CareMount Medical. The new brand will reflect the group’s growth, which now comprises more than 500 physicians and expert health partners in over 40 locations throughout the Hudson Valley, while honoring its 70-year history.

“Thanks to the MKMG team’s great work over the decades, we’ve become a community practice with a regional presence and a national reputation,” said Dr. Scott D. Hayworth, president and CEO of MKMG. “The CareMount name reflects this growth, while honoring our origins and expressing our mission: to provide our patients with the highest standard of care, with the convenience and comfort of being close to home.”

While the new CareMount Medical name and visual graphics will be unveiled in February, preparation for the new brand identity is already beginning across the organization. Hayworth highlighted this initiative will not change any of the services offered to patients.

“All the members of the CareMount team, and all of our offices and facilities, together form an integrated medical network of world-class talent, technology and treatment with our patients at its heart,” he emphasized. “Under our new banner, we look forward to bringing the highest-quality care even closer to home for more and more people.”

Happenings continued from page 28

activities. Door prizes from the event’s sponsors. Greeley House, 100 King St., Chappaqua. 6:30 p.m. $125 includes entry into the cash raffle. Info: 914-238-4666, visit www.newcastlehs.org or e-mail Cassie Ward at director@newcastlehs.org.

“Sweet Sorrow: Music for Broken Consort From Britannia and Germany.” Ars Antiqua, a period instrument ensemble comprised of America’s finest baroque music specialists, presents this program as the wistful and melancholic sound of early baroque music from England and Germany. Followed by a buffet of English cheeses and German mulled wine. Church of St. Mary the Virgin, 191 S. Greeley Ave., Chappaqua. 8 p.m. $35. Tickets available at the door starting at 7:30 p.m. Info: Contact Ward at director@newcastlehs.org.

“Beatlemania Now.” Recapture the excitement, the mood and the frantic intensity against a backdrop of stunning images, which evoke memories of one of the most turbulent decades of modern times. The show meticulously performs incredible note-for-note renditions of Beatles classics from throughout their entire career, including songs the Beatles themselves never performed outside the recording studios. Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford. Dinner at 6:15 p.m. Show at 8 p.m. $84 (plus tax). Info and tickets: 914-592-2222 or visit www.westchesterbroadwaytheatre.com.

Don McLean in Concert. This member of the Songwriters Hall of Fame and star recording artist performs his biggest hits including “Vincent,” “And I Love You So,” “Castles in the Air,” “Crying,” “Tapestry” and “American Pie.” Paramount Hudson Valley, 1008 Brown St., Peekskill. 8 p.m. $49, $59 and $69. Info and tickets: 914-739-0039 or visit www.paramounthudsonvalley.com.

Beat Me at the Movies Café: “And Thou Shalt Love.” The Ma’aleh Film School has brought intriguing and compelling stories to the world for more than two decades. In this production, Odad, who is studying in the special “Hesder” program for orthodox soldiers of the Israeli Defense Forces, experiences profound loneliness while he conceals his homosexuality. Rabbi Greenberg will lead a post-viewing discussion. Light dinner and wine included. Temple Shaaray Tefila, 89 Baldwin Rd., Bedford Corners. Café begins at 6:30 p.m. followed by dinner and the movie. $12. Info and RSVP: Contact Robin at 914-666-3133.

Wild Encounters Story Time. Nature discovery for youngsters. Enjoy a nature-themed story and discover the wonders of nature while exploring fields, forests or landscaped grounds. Dress for outdoor activity. Except in extreme weather conditions, a portion of each class is spent outdoors. For children three to five years old; with a parent or caregiver. Greeenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: $9; Non-members: $12 per child. Every Monday. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Meet You at the Movies Café: “And Thou Shalt Love.” The Ma’aleh Film School has brought intriguing and stimulating Jewish films to the world for more than two decades. In this production, Odad, who is studying in the special “Hesder” program for orthodox soldiers of the Israeli Defense Forces, experiences profound loneliness while he conceals his homosexuality. Rabbi Greenberg will lead a post-viewing discussion. Light dinner and wine included. Temple Shaaray Tefila, 89 Baldwin Rd., Bedford Corners. Café begins at 6:30 p.m. followed by dinner and the movie. $12. Info and RSVP: Contact Robin at 914-666-3133.

Monday, Nov. 16

Knitting Group. Hats for our servicemen and women overseas and other ongoing projects for care centers and hospitals. Clinton Street Center, 1A Clinton St., Pleasantville. 9:30 to 11:30 a.m. Free. Every Monday. Info: 914-769-2021.

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**LEGAL**

Notice of Formation of Frawley Coaching, LLC. Arts of Org. filed with NY Secy of State (SSNY) on 9/4/15. Office location: Westchester County. SSNY designated agent upon whom process of the LLC may be served. SSNY shall mail process to: 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: any lawful activity.

Notice of Formation of KENNEDY PLLC filed with the Secretary of State of NY on September 9, 2015. SSNY has been designated as agent upon whom process against the PLLC may be served. SSNY shall mail process to 2002 Maple Hill Street #1113, Yorktown Heights, New York 10598. Purpose: any lawful activity.

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A Huge Defensive Stand Lifts Westlake to the Sectional Title

By Justin Thomas

Every fan’s heart was beating about as loudly as the bleachers were thundering late in the fourth quarter of the Section 1, Class B championship game.

Westlake was clinging to a 6-0 lead as Nanuet set up at the three-yard-line for a fourth-down-and-inches play with just 18 seconds left on the clock. Golden Knights quarterback Thomas Fay handed the ball off to Connor Breit, the only running back who had been able to make any sort of a dent in the stout Wildcats defense that was pitching a shutout.

Breit darted over to the right edge of the line and seemed to have room to run. That’s when senior linebacker Greg Alfieri burst through the line and stopped the big Nanuet back just behind the line to force a turnover on downs and put the Wildcats just one kneel-down away from their first Section 1 football championship in 32 years.

The Westlake sideline and the Wildcat fans erupted in excitement after seeing Alfieri seal the outcome. Generations of Westlake fans and community members were screaming, cheering and crying tears of joy with the players, and they weren’t going to turn it down for anything.

Saturday’s defensive battle at Somers High School fittingly came down to one final defensive stand, and Westlake’s stand-out linebacker made it happen.

“It was the biggest play of my life,” Alfieri said amid the Wildcats’ postgame celebration. “I had a responsibility on that play, and when it comes down to that…I just had to get the ball carrier, sprinted in and did what I had to do.”

Even the leg cramps that left him on the ground writhing in pain at the end of the play couldn’t prevent him from relishing the moment.

“Nothing is going to stop this,” Alfieri said, noting that no pain was going to overtake the moment. “We did it. That’s what was going through my head. It was unreal. It was the best moment of my life.”

As the team celebrated and tried to take it all in, you couldn’t help but look to the man who brought it all together this season: Coach John Castellano. He came in this past spring and quickly realized that he had something truly special to work with.

“I knew that Rich Hennessy had done a great job and left the cupboard full,” Castellano said. “It was just a matter of them buying into what we believed in as a staff. Defense, we told them, wins championships, and that was proved today. We came out in the spring, and we did a little work just to see what we had, and I kind of knew after four or five minutes of working with them that this was a special group, and that if they bought into what we were doing that they had an opportunity. I told them they belonged in this game, and that it would be special if we could win it, and it worked out.”

It worked out because of Alfieri’s title-clinching defensive play and a pair of Michael Love field goals in the opening half of the game. The top-seeded and previously unbeaten Golden Knights turned the ball over several times, but managed to limit the damage as Westlake had to settle for just the six points provided by the foot of Love. Nanuet opened the third quarter by driving deep into Wildcat territory. But the Golden Knights missed on a field goal try and were still trailing by six points when they got the ball one last time midway through the final quarter. They moved the ball 63 yards and seemed on the verge of a comeback victory before the final two fateful plays when the Westlake defense smothered them down.

Defense really has been the key to this Westlake team’s success this season. Saturday’s 6-0 championship victory was the Wildcats’ fifth shutout win of the season. It’s clear that the players completely bought into Castellano’s stressed importance of playing tough defense. The Gatorade-drenched coach couldn’t help but gush about his linebacker, Alfieri, and what he has done, not just on that last play, but all season.

“He’s my boy,” Castellano said. “He’s a great player. I’m so happy for him. He deserves it. He’s one of those guys that early in the year, because he was a three-year starter, wasn’t sure about reading keys and stuff like that. But now we’ve convinced him that if you read your key, those things happen.”

The Wildcats, just 2-2 two-thirds of the way through the regular season, have now won six straight games and the victory
Quakers’ Quest for a Championship Ended by the Tigers

The Horace Greeley field hockey team came within one victory of the Section 1, Class A championship. But the Quakers’ bid for the title ended in disappointment last Tuesday evening when Mamaroneck jumped out to a quick lead and never looked back, winning by a 5-1 margin.

The Tigers got two goals apiece from Lizzie Clarke and Gracie Fitzgerald on the way to defeating Greeley for the second time this season. Clarke's first goal came 90 seconds into the contest and left the Quakers playing from behind the rest of the way. A goal by Fitzgerald 15 minutes later increased the Greeley deficit to 2-0.

The Quakers sliced the lead in half before intermission on a goal by Sophie Berkowitz, but Mamaroneck staved off the Greeley challenge by scoring again in the first 90 seconds of the second half. Two more goals from the Tigers made certain the Quakers, who finished the year with an impressive 13-3-1 record, would have to settle for the runner-up trophy.
A Huge Defensive Stand Lifts Westlake to the Sectional Title

over the Golden Knights avenged a 12-0 loss back in late September. The team’s stingy defensive unit has been improving each and every week on the road to the title.

“This is a defense that believes in what they’re doing and believes in each other,” added Castellano, “and they are playing their best at the right time of year.”

“Our defense is not a result of one player,” Alfieri said. “It’s a result of all of us playing our hearts out as a unit, and we always stick together no matter what….We’re very confident now, but we also know that next week is going to be a tough Section 9 team (Marlboro) that we’ve got to play, and we’re not going to stop working. We’re not going to get complacent with this win. We’re just going to keep going hard and keep working.”

The feeling of victory in a sectional championship game isn’t anything new to Castellano, but it’s something that the Mt. Pleasant community hasn’t experienced in over three decades, making this win something truly memorable for everyone involved.

“This one here was so special because it means so much to that community who supports this program every step of the way,” Castellano said, gesturing to the crowd. “For the school, the faculty, the community and the staff, that’s why I wanted to win this game so bad. I wanted it for these kids because they deserve it. They really do.”

Westlake’s Azhar Hasseb (left) and Joseph Ferri start to celebrate after the Wildcats defeated Nanuet for the Class B championship.

Michael Love, who kicked a pair of field goals, holds aloft his award after being named most outstanding back in Saturday’s title game.
Fox Lane’s Jamie Lee finished third in the 100 yard butterfly and was part of the Foxes’ winning team in the 200 yard medley relay.

Fox Lane’s Maureen O’Sullivan swims the butterfly portion of the 200 individual medley at last week’s sectional championships.

Fox Lane’s Noelle Kaufmann, just an eighth grader, took third place in the 100 yard freestyle race.

Greeley’s Catherine Sawkins finished in fifth place in the 200 yard freestyle race.

Greeley’s Emma Hadley awaits the start of the 100 yard butterfly at last Tuesday’s sectional championships.

Greeley senior Isabella Weiner competes in the 100 yard breaststroke.

Emma Hadley is on her way to victory in the 100 butterfly with an All-American-Consideration time of 55.84 seconds.

Greeley’s Rachel Hellman checks her finishing time after swimming in the 50 yard freestyle race.

Georgia Edwards of Fox Lane swims the second leg of the 400 yard freestyle relay that concluded the championship meet.

Right: Maev McGirdle of Briarcliff/Pleasantville/Westlake/Valhalla swims in the 100 fly last Tuesday evening.

Greeley’s Emma Hadley is on her way to victory in the 100 butterfly with an All-American-Consideration time of 55.84 seconds.

Members of the Horace Greeley swim team pose with their championship plaque after winning the Section 1 title for the fourth straight year.

Ciara Dalton of Byram Hills competes in the 200 IM at Felix Festa Middle School.

Claire Goldstein of the combo team from Briarcliff/Pleasantville/Westlake/Valhalla competes in the 100 yard backstroke.

Felix Festa M.S.
West Nyack, NY
Tuesday, November 3
ANDY JACOB'S PHOTOS

Drew Dorflinger of Pleasantville finished second in Class B and helped the Panthers capture the team title once again.

Pleasantville's Jean-Christophe Yahia runs to a fifth-place finish in Class C.

Briarcliff's Caroline Pennacchio is on her way to victory in the Class C race.

Devon Bombassei finished 18th in Class C and was the second Briarcliff runner to cross the finish line.

2015 Section One Cross Country Championships
Bowdoin Park Wappingers Falls, NY Saturday, November 7

Briarcliff's Ryan Gallagher finished third in Class C, eight seconds ahead of fourth runner Sean Ryan of Bronxville.

Valhalla's Madison Brand led her team with a 16th-place finish in Class C.

Kate Patalino of Fox Lane competes in the girls' Class A race on Saturday afternoon.

Above: Frederick Milderhah of Greeley is in full stride as he heads down a hill at Bowdoin Park.

Right: Westlake's Steven Brunetto has a small lead over Putnam Valley's Ken Eckenberg in the Class C race.

Horace Greeley's Wesley Ford and Jonathan Bass run together three-quarters of the way into the boys' Class A race.

Cameron Stafford of Fox Lane wound up 10th in a Class A field of 129 runners.

Fox Lane's Vicky Martinez heads toward the finish line in the Class A race.
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