**Moviegoers Saddened By Pending Hawthorne Multiplex Closure**

*By Neal Rentz*

Loyal patrons of the All Westchester Saw Mill Multiplex Cinemas in Hawthorne will soon have to find another venue to see the latest movies. The Mount Pleasant Planning Board unanimously granted site plan approval last Monday to allow property owner National Amusements to tear down the 10-screen theater and replace it with an Audi car dealership. A 67,000-square-foot structure will be built and include vehicle service facilities. The property is located in a commercial retail zone.

No announcement has been made regarding a possible closing date by National Amusements, a Dedham, Mass.-based company that operates more than 1,500 screens across the United States and abroad. Last weekend, customers at the multiplex, located at 151 Saw Mill River Rd., were saddened to hear that the end appears to be near for the venerable theater.

“I’d be very disappointed to see it close,” said Ossining resident Rod Freeman. “It tends to be a more mature crowd that comes here, which is appealing.”

Rita Lakin of Briarcliff said she had heard conflicting rumors about the theater's fate, but hoped it would stay open.

“They probably figure they don’t have enough action,” Lakin said. “Before they built the Greenburgh one, we couldn’t even find parking here. We used to have to park across the street. Then they put the Greenburgh one in, and now they want to take this one away.”

Other moviegoers agreed the theater would be missed.

**Second Assault at P’ville Cottage School Under Investigation**

*By Arthur Cusano*

For the second time this month, a Pleasantville Cottage School student was arrested and charged with assaulting a fellow student, Mount Pleasant police said. Dastina Myers, 17, was arrested on Oct. 21 and charged with second-degree assault, a class D violent felony, after slashing a 16-year-old male student following an argument sometime on Oct. 20, according to police.

Myers was being held in the Westchester County Jail in Valhalla on $7,500 bail. She is scheduled to appear in Mount Pleasant Town Court this Thursday, said Detective Artie Romaine.

Mount Pleasant Police Chief Paul Oliva said his department was investigating why the assault was not reported until the next day. Incidents are supposed to be reported immediately.

Calls to Cottage School spokeswoman Leslie Gottlieb were not immediately returned.

The Pleasantville Cottage School is a facility for abused and neglected children run by the Jewish Child Care Association (JCCA). The school houses emotionally troubled boys and girls ages 7-16.

There have been 26 arrests made at the facility, including 10 juveniles, Oliva said. As of Oct. 21, there have been a total of 465 police responses to the facility.

“Officers have been injured when continued on page 2

**Town Board, Committee Debate North Castle Ethics Code Changes**

*By Martin Wilbur*

The North Castle Town Board delved into details last week of a possible revamped Code of Ethics debating whether violators should potentially be fined and if citizens should be empowered to directly submit a complaint.

The more than two-hour discussion during the opening of a public hearing was almost exclusively between town officials and three members of the Ethics Task Force, including co-chairs David Simons and John Diaconis. The task force was created last year to update portions of the code.

Recommendations from the task force cover elected officials, members of volunteer boards and committees and employees.

Much of last week's deliberations first centered on whether the town board should have the authority to levy fines of up to $2,500 for an individual who was found to be in violation. Other options available to the town would be to suspend, fire or censure the individual.

Town Attorney Roland Baroni said the town could run into trouble with union employees and whether fines would violate the contractual agreements between the worker and the town. He said CSEA employees have certain rights that others do not have.

There was also the question of how the town could collect the money if the person was unable or refused to pay, although Baroni later said the town could go to court, an option that is currently available.

**Moving Day**

Members of the Millwood Fire Company No. 1 participate in a short parade Saturday morning to commemorate the decommissioning of their 91-year-old firehouse on Route 120 and the move to the brand new modern facility about 300 yards down the road. For the story and more photos, see pages 14-15.

---

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Moviegoers Saddened By Pending Hawthorne Multiplex Closure

continued from page 1

"That would be very sad," said Serina Silverman of Somers. It's one of the few movie theaters where they have a nice big screen and a good selection of times.

Her husband, Mark, was also upset that the end appears near for the multiplex.

"We come every week, and I don't think the county needs another Audi dealer," he said.

Bronxville residents Jean Hagerty and Eileen Breen have been seeing movies at the venue since the theater's openings.

"I enjoy it very much and I bring my grandchildren here for parties," Breen said.

Both women said they appreciated the convenience of the large parking lot that has plenty of spaces even on the busiest of days. Parking is a problem in downtown Bronxville, they said.

"I didn't know anything about it," Hagerty said. "We don't need another car dealership. That's the last thing we need."

Supervisor Carl Fulgenzi said in August that the project would be beneficial to the town. He said as much as he would not like to see the theater close, he does support the redevelopment plan.

Messages left for National Amusements last week were not returned.

Arthur Cusano contributed to this article.

Second Assault at P’ville Cottage School Under Investigation

continued from page 1

NEAL RENTZ PHOTO

Moviegoers will soon no longer be able to see films at the All Westchester Saw Mill Multiplex Cinemas in Hawthorne.

On Oct. 13, Liana Brown, 16, was arrested and charged with second-degree assault after stabbing a student with a pair of scissors. She was transported to the county jail on $10,000 bail.

The female victim in that attack, who was under the age of 16, was not seriously injured and has returned to the facility, school officials said.

On Aug. 7, three students – two 19-year-olds and a 17-year-old – were arrested by town police for slashing a 17-year-old student in the face and neck with a box cutter.

In addition, on June 7, four female students under the age of 16 from the Cedar Knolls Residential Treatment Center, another facility run through a different agency, Jewish Community Services of New York, were arrested and charged with assaulting a woman at the Hawthorne train station and stealing her computer and smart phone before fleeing the scene. That case was handled in family court.

Residents have told Oliva that they are afraid to use the Hawthorne station because Cedar Knolls students often congregate there, he said.

Town officials had met with administrators from both facilities and town residents to discuss the recent incidents, he said. More discussions are likely to continue.

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COMPLETE BREAST HEALTH
What women need to know about breast density...

Ask the Doctor
Bonnie Litvack, MD, FACR
Director, Women’s Imaging
Northern Westchester Hospital
nwbreastinstitute.org/DrLitvack

Q: At what age should I begin getting mammograms?
A: Once a woman turns 40, the American Cancer Society and most recognized medical authorities recommend she start getting yearly mammograms. But mammograms aren’t uniformly affordable in all women. Between 40 and 50 percent of women have dense breasts - fibrous tissue as opposed to mostly fatty tissue - and that density can obscure potential problems.

Many women aren’t aware that breast density is an issue. New York State requires doctors to notify women, in a letter, when their mammogram reveals this is the case. Do not become alarmed if you get this letter. It simply means that you should have a conversation with your doctor about your overall breast cancer risk.

Q: Why is it important to know if I have dense breasts?
A: Dense breasts can make mammograms less sensitive, and they may also contribute to cancer risk. You'll need to speak with your doctor about your individual lifetime risk and thoroughly evaluate your risk factors. To determine your risk, your doctor will ask you about your family history of breast and ovarian cancer, your age when you had your first period, whether you have children, when you had your first child, and any history of chest radiation, among other potential risk factors. The good news is that for many women with dense breasts, their risk won’t be elevated enough to warrant any changes in screening.

Q: What if I’m high risk?
A: Women who are at high risk (greater than a 20-25% lifetime risk) and who have dense breast tissue should have annual screening breast magnetic resonance imaging (MRI) in addition to a mammogram. MRIs are very sensitive and can pick up some cancer missed on a mammogram.

Q: Shouldn’t all women, regardless of their breast density, get a Breast MRI?
A: There are many false positives with Breast MRI, which is why it is only recommended for women who are at high risk as they will derive the most benefit. Regardless of your breast density, make sure you get your yearly mammogram and discuss your risk factors for breast cancer with your physician.

Learn more about breast density and mammograms at www.nwbreastinstitute.org

Did You Know?
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DEP Opens New Water Quality Laboratory in Hawthorne

The New York City Department of Environmental Protection (DEP) opened a new state-of-the-art water quality laboratory in Hawthorne.

The facility will analyze thousands of water samples each year to help ensure the safety and high quality of New York City’s drinking water supply. The 20,000-square-foot lab is located in an existing office complex on Skyline Drive in Hawthorne. The facility employs 45 chemists, microbiologists and other scientists who collect and test water samples from key locations throughout the watershed.

“DEP is proud to open this new laboratory in Hawthorne, which will provide our water quality scientists with the space, infrastructure and other resources needed to perform hundreds of analyses each day,” said DEP Commissioner Emily Lloyd. “The water samples that are tested here come from critically important parts of our water supply system, including reservoirs and treatment facilities that convey water directly into the city’s distribution system. Because of this, the Hawthorne Laboratory and the highly skilled scientists who work here are key to ensuring the safety and high-quality of New York City’s drinking water.”

The new Hawthorne Laboratory includes modern equipment to process and test water samples that are collected 365 days each year. DEP scientists in Hawthorne collect more than 8,600 samples annually from reservoirs, treatment facilities, streams, wastewater treatment plants and other key locations throughout the watershed east of the Hudson River.

Many of these samples are collected from reservoirs or facilities that provide untreated water to dozens of communities in Putnam and Westchester counties, which purchase water from New York City’s supply system. Nearly 90,000 tests are performed on these samples throughout the course of a typical year. In addition, scientists at the Hawthorne Laboratory oversee a system of robotic monitoring equipment that analyzes the drinking water an additional 320,000 times annually.

The new laboratory replaces the former Kensico Laboratory, which was built in 1955 alongside the Kensico Reservoir in Valhalla. The Kensico Laboratory did not have adequate space or electric service for modern equipment. Water quality scientists from a former laboratory in Brewster and an existing DEP office in Valhalla will also be stationed in Hawthorne.

“The Hawthorne facility is one of four water quality laboratories that are operated by DEP, with the others located in Grahamsville, Kingston and Queens. All the laboratories have been upgraded in recent years to meet modern standards. Scientists at those laboratories collect roughly 48,000 samples from the watershed and distribution system each year. Those samples are tested more than 560,000 times annually as part of one of the most vigorous water quality programs in the world.”

Establishing the laboratory in Hawthorne is also part of a wider plan by DEP to upgrade facilities in the southern portion of its water supply system. The former Kensico Laboratory will eventually be refurbished and used as office space for DEP employees who operate and maintain that portion of the water supply system.

DEP manages New York City’s water supply, providing more than one billion gallons of high quality water each day to more than nine million New Yorkers. This includes more than 70 upstate communities and institutions in Ulster, Orange, Putnam and Westchester counties who consume an average of 110 million total gallons of drinking water daily from New York City’s water supply system.
Town Board, Committee Debate North Castle Ethics Code Changes

with other types of monetary penalties. “I don’t think a town board, in my opinion, should be imposing fines,” Baroni said.

But Diaconis countered that the fine could potentially act as a deterrent. Model codes that the task force referred to while drawing up their recommendations also included a fine as a possibility.

“The reason why I think this is a good revision is this gives you another tool and it sends a message that you would be subject to a fine,” Diaconis said. Simons added that it would send a strong message questionable or corrupt behavior would not be acceptable in North Castle. There would be nothing to oblige the town board to choose that penalty.

“This is just one more thing, that this kind of conduct can never be acceptable in this town,” he said.

Most of the town board was reluctant to take the step to impose fines. Councilwoman Barbara DiGiacinto said the embarrassment of a finding against an employee or elected or appointed officials might be more damaging than if they pay the money.

“I just think public humiliation, you cannot put a price on that if you had any conscience,” DiGiacinto said.

The board tentatively agreed to have fines available for elected officials but not for volunteers and employees.

The other major point that was debated was whether citizens should have the opportunity to submit complaints to the Board of Ethics. Baroni and some town board members raised the likelihood of abuse if the public is given that latitude.

Simons said that under the task force’s recommendation, the Board of Ethics could summarily dismiss a complaint. Previously, the town board would have to refer the matter to the Board of Ethics, and if it didn’t, that could be construed as political.

Baroni warned that similar to abuses with Freedom of Information Law requests, the Board of Ethics could become swamped with frivolous allegations. Furthermore, information that a complaint was filed could be leaked out embarrassing a person who may have ultimately done nothing unethical.

“It’s all of a sudden going to be a very active committee,” said Baroni.

Another task force recommendation that remained intact was the ability for the five-member Board of Ethics to have up to three people of the same political party. Simons urged officials to keep that portion in because it would be difficult to find qualified people.

The current code limits the same political party registration to no more than two members, likely forcing the town to appoint at least one non-Republican or non-Democrat.

The task force suggested that the town could call for the Board of Ethics to have a supermajority to have findings of a violation as a means of protection against politically motivated decisions. The town board is expected to continue discussion on the code at an upcoming meeting.

Pleasantville All-Day Community Blood Drive Nov. 2

The Pleasantville High School ECHO Club and the Pleasantville Volunteer Ambulance Corps have once again teamed up to sponsor an all-day blood drive on Monday, Nov. 2 from 9 a.m. to 9 p.m. at Pleasantville High School, located at 60 Romer Ave. in Pleasantville. Whole blood and red cell units will be collected from qualifying candidates. Although this drive makes it convenient for Pleasantville residents to participate, blood donors from all towns are welcome to lend their help.

For information or to sign up, call 914-747-2408 or e-mail angela.usobiaga@verizon.net.

To schedule a donation online, visit http://nybloodcenter.org/donate-blood/. Although it is helpful to schedule your donation in advance, walk-ins are always accepted.

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Trust John
Murphy Announces Money for Millwood Sidewalks

By Arthur Cusano

State Sen. Terrence Murphy (R-Yorktown) and New Castle Supervisor Robert Greenstein announced $500,000 in state funding to add additional sidewalks and lighting near Millwood Plaza.

The grant, through the state Department of Transportation (DOT), will go toward extending sidewalks by 474 feet along Route 133 from the edge of the Millwood Plaza property to the Route 100 intersection and up to the crossing for Rocky’s Deli and Plaza property to the Route 100 intersection of Route 133 and sidewalks along Route 100,” Murphy said.

“This is exactly what New York should be investing in, infrastructure improvements, which improve safety and our quality of life and something dear to me – enhancing our local business community.”

Last month the DOT informed town officials in a letter that funding for the project, which had originally been awarded in 2009, had been reconfirmed, said New Castle Supervisor Robert Greenstein.

“The money will be used to install additional lighting to the area,” said Americans with Disabilities Act (ADA) compliant sidewalks and curbing along the intersection of Route 100 and Station Place (Route 133) and sidewalks along Route 100,” Murphy said.

“We’re trying to present a responsible budget that comes in under the cap and still provides all the services that we need,” said Greenstein.

The current budget, which the town board discussed last week, came in well under the tax cap. Deary said the increase in the levy for next year is currently at $92,000; the ceiling is $285,000.

“The relatively modest increases include $100,000 that is being set aside for utilities, maintenance and buildings and grounds work for the Wallace Auditorium at Chappaqua Crossing, which will now be used by the town as a cultural venue. Deary said it was difficult to come up with a precise number for that expense since the town and Summit/Greenfield are still negotiating a deal for the space.

“This is my best guestimate and certainly an increase of more than $186,000 in net benefits of just over $106,000 and a net increase of more than $186,000 in net general fund revenues.

A public hearing will be held at the Nov. 24 board meeting. The final budget is scheduled for adoption on Dec. 8.

With .87% Tax Hike

Preliminary New Castle Budget Under Cap

By Martin Wilbur

The Town of New Castle is expected to present its tentative $37.1 million budget for 2016 to the public tonight (Tuesday), featuring a proposed $21 tax increase for the average homeowner, or .87 percent, including special districts.

The spending plan, which has been worked on by town officials for the past month, features a proposed $21 tax increase for the average homeowner, or .87 percent, including special districts. If the average homeowner is not in any special districts, the general fund carries a tax increase of $27.

“We’re trying to present a responsible budget that comes in under the cap and still provides all the services that we need,” said town Comptroller Robert Deary.

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State Sen. Terrence Murphy, right, and New Castle Supervisor Robert Greenstein announced a $500,000 grant last Thursday to add new sidewalks and lighting to the Route 100 and Route 133 intersection by Millwood Plaza.

“The sidewalk that’s already there extends all the way down to Station Place, so it will connect two different business districts in this area,” he said.

Greenstein said he would have liked to have seen sidewalks extended to Gedney Park on Route 120, but town officials determined the steep slope leading to that area would make it difficult to do.

Murphy also used the opportunity to endorse Greenstein, a Democrat running on the Republican line, for a second term as town supervisor in next week’s general election, as well as town board candidates Eileen Gallagher and Seth Chodosh.
Mount Pleasant Library Seeks Additional Funding From Town, Village

By Neal Rentz

Mount Pleasant Library Director John Fearon is hoping to secure additional funding from the town and the Village of Pleasantville for 2016. Fearon said he is asking for an additional $32,000 from Mount Pleasant and $16,000 from Pleasantville for general operating expenses. Fearon said he not yet met with the village board. The library board has been working on a draft $2.6 million budget for next year. Fearon told the Mount Pleasant Town Board last Tuesday that the library, which has branches in Valhalla and Pleasantville, receives two-thirds of its local funding from Mount Pleasant and the balance from Pleasantville.

Fearon said several changes have been underway recently at both locations. The library has been increasing its collection of audio books and has purchased new e-books, he said. The library also has a permanent collection of movies that have been provided by the Jacob Burns Film Center.

In an effort to hold down costs, the library now requires its 22 employees to contribute 20 percent of their health insurance premiums, Fearon said.

Though none of the town board members directly addressed the library director’s financial request, they did praise the work that has been done. Councilman Mark Rubeo said the work to hold down costs over the past several years has been outstanding.

Expansion Project Proposed for Landmark at Eastview

A significant expansion project for a Valhalla office park was unveiled last week before the Mount Pleasant Planning Board. Plans for the BMR-Landmark at Eastview property, a multi-tenant science business office park on Saw Mill River Road, calls for the construction of a café that would be open only to employees at the complex, three new four-story buildings in the middle of the property that would house laboratories and offices and two new garages.

BMR-Landmark is seeking amended site plan approval for the proposed 211,000 square feet of new construction. The project would be completed in phases and take five years to complete, said Judson Siebert, an attorney representing BMR-Landmark. The applicant is in negotiation with potential tenants, he said.

A master plan for the 86-acre property was approved by the planning board in 2011. About 70 acres are in Mount Pleasant with the remaining acreage is in Greenburgh.

The planning board voted unanimously to declare itself lead agency for the application’s environmental review.

Planning Board Chairman Michael McLaughlin said the review was just beginning.

“We’re a long way from doing anything,” he said.

--Neal Rentz

Mt. Kisco Rotary’s Pancake Breakfast on Saturday

The Mount Kisco Rotary Club is having its annual Pancake Breakfast this Saturday, Oct. 31 at the Holiday Inn in Mount Kisco from 8 to 11 a.m.

This year all proceeds will go toward the Appalachian Service Project, where volunteers visit rural Central Appalachia to repair homes for low-income families. Children who attend the breakfast are encouraged to dress in their Halloween costumes.

The breakfast costs $10; seniors and students will be charged $7.

MKMG is proud to welcome Oncologist

Jarett L. Feldman, MD

Dr. Feldman received his MD from The George Washington University School of Medicine and Health Sciences, he completed his Internal Medicine Internship and Residency at New York Presbyterian Hospital: Weill Cornell Medical Center. Dr. Feldman completed his fellowship in hematology and medical oncology at Memorial Sloan Kettering Cancer Center and is Board Certified in Internal Medicine.

Dr. Feldman will be practicing in the Carmel and Northern Westchester Hospital Cancer Center offices.

Bombers Baseball Club

2016 Tryouts

• Saturday 10/31/15 @ Peekskill Stadium at 4pm (30 Louisa Street Peekskill NY) (rainout date will Sunday 11/1/15 at 4pm at Peekskill Stadium)
• Ages 13u-18u for winter training plus serious summer travel ball
• 17u college showcase team also open to serious players
• Paid coaches; 501-C3 non-profit organization; low baseball fees
• Tryout Cost: $25 per player
• 2016 schedule includes league play; local/away tournaments
• For organization and tryout registration info:
www.crotonbombers.com; sriccio@crotonbombers.com
Pleasantville Police Department

Oct 17: Officers responded at 10:27 p.m. to a report of a suspicious car outside a home on Hillview Drive. Two teens were found to be in the car talking. No further action needed.

Oct 19: An 18-year-old Croton-on-Hudson man was arrested at 6 p.m. and charged with petty larceny, a Class A misdemeanor, after attempting to steal about $60 worth of merchandise from Key Food on Pleasantville Road.

Oct 22: An 18-year-old Pleasantville man was arrested at 9:49 p.m. and charged with unlawful possession of marijuana, a violation, following a traffic stop on Bedford Road.

North Castle Police Department

Oct 16: A subject called at 4:25 p.m. to report that they believe they have been victimized for $19,000 through a scam. The responding officer secured witness depositions.

Oct 18: An Old Mount Kisco Road resident arrived at headquarters at 1:13 p.m. and stated that he noticed $1,360.67 in unauthorized expenses charged to his checking account. The complainant stated that he left checks in his vehicle, which was stolen on Sept. 22, and believe the thieves gained access to his account via the checks. Witness and owner deposition secured.

Oct 19: A complainant reported at headquarters at 5:08 p.m. that she lost her handbag, possibly at Fortina restaurant on Maple Avenue last evening between 7:30 and 9:30 p.m. She stated that she noticed this morning it was missing and believes the last time she had it in her possession was at the restaurant. The woman followed up with the restaurant and personnel there will be reviewing camera footage.

Oct 20: Report of a dispute on Upland Lane at 12:15 p.m. The complainant stated that his landscaping company is attempting to clear the leaves from his property and the workers are having an argument with the neighbors’ workers because they believe they were blowing the leaves onto the adjacent parcel. An officer responded and the matter was adjusted.

Oct 21: At 5:03 p.m., a complainant requested an officer report to Byram Hills High School because a party may be in possession of marijuana.

Oct 21: A Hickory Pass resident reported at 7:09 p.m. that she swallowed carpenter nails and is requesting an ambulance to transport her to the hospital. The Banksville Independent Fire Department and Armonk Ambulance and ALS were dispatched and transported the woman to Northern Westchester Hospital.

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A message from Democratic candidates
Victoria Alzapiedi, Hala Makowska, and Jeremy Saland:

"During this campaign, the three of us have frequently been asked why we are running. The answer is actually simple: **We’re running to make our Town Government work the way it’s supposed to.**"

“We are at a crucial moment in our town’s history, with major decisions being made that will impact our quality of life for decades to come, and it is absolutely vital that we get the questions we are facing right. **To earn your support, we have to offer a real plan for how to move our Town forward.**”

“And that’s exactly what we’ve done during this campaign.”

“**Our promise to you, the voters, is simple: Start with respect.** Respect for you, respect for your money, and respect for the values that have made our Town a special place to live.”

---

**Our Plan for New Castle**

- Revitalize our existing hamlets with great food, great shopping and entertainment.
- Hold a “Saturday Night Under the Stars” event in the Chappaqua Train Station Plaza once a month from May to October
- Create a downtown arts center and destination playground to give families new ways to enjoy our hamlets
- Come up with a real traffic strategy to mitigate the impacts of Chappaqua Crossing
- Create a Citizen’s Budget Advisory Committee
- Initiate monthly, informal dialogue meetings with residents to discuss issues and concerns
- Allow the Ethics Board to operate independently of the Town Board

---

One New Castle

**One New Castle’s Democratic candidates**

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[Link to Facebook](fb.me/OneNewCastle)

[Link to Twitter](@OneNewCastle)
Alzapedi, Makowska, Saland for a Change in Direction in New Castle

There have been few town supervisors or local mayors that have elicited as strong a reaction as Supervisor Robert Greenstein has generated the past 22 months in New Castle.

For some who know him or deal with him, many seem enthralled by Greenstein’s wealth of ideas, energy, drive to improve the town, charm, attempts at humor and in-your-face style.

Then there are those who are enraged, or certainly put off, by his ideas, drive, energy, attempts at humor and in-your-face style.

To some extent, this election has become a referendum less on the accomplishments and demerits of Greenstein’s administration, or the prevailing strengths and weaknesses of his opponent, Democrat Victoria Alzapedi, but whether voters take to him or are offended by him.

To be sure, Greenstein is a capable individual. Even before he reached the supervisor’s office, he was the driving force behind the formation of the Chappaqua-Millwood Chamber of Commerce. He has had his share of successes, small and significant, since taking office, perhaps none better than the renegotiation of the garbage contract, which is projected to save the town close to $500,000 a year for seven years.

Getting access to the Wallace Auditorium at Chappaqua Crossing will provide the town with a bona fide cultural space, although not near downtown.

There have been real attempts and successes at improving the town’s aesthetics.

Throughout the current campaign he has chided previous administrations for failing to address pressing issues head on, such as the deterioration of the business hamlets and the continued parking crunch at certain hours. The criticisms have some merit.

Greenstein’s biggest strength is that he has big ideas and he wants the town to look great and be great – today. But it gets him in trouble. Even though he has the votes on a split board there have been repeated run-ins with outgoing Councilman Jason Chapin, who has constantly accused him of failing to keep him and fellow Democrat Elise Kessler-Mottel in the loop, and sometimes running a one-man show.

Even if you chalk up some of those complaints to partisan politics, there has been too much of the snark, which reached a crescendo during the controversy over a food court that was to be built in the former Millwood movie theater. The controversy led to a nearly $10 million referendum was easily passed by district voters.

Regardless of what section of town she lived in, Makowska would be a strong candidate. But given much of her work has been in Millwood and West End, she would bring a much-needed perspective to Town Hall.

Saland, who has been a town prosecutor for more than five years, is a sharp individual who seems dedicated to public service. He would complement the ticket well.

On the Republican side, Eileen Gallagher is an active member of the community, having volunteered in a host of capacities. She is familiar with Town Hall as a member of Chappaqua for Responsible Affordable Housing and a freelance writer.

Seth Chodosh, the second Republican candidate, has recently returned to town after growing up in Chappaqua. Other than plans to create more foot traffic to revitalize the business centers, he didn’t seem to be overly familiar with some of the other pressing issues facing New Castle.

D’Angelo, Berra Narrowly in Low-Key North Castle Election

Speak to each of the three North Castle candidates in next week’s election about issues facing the town and something becomes obviously clear almost immediately: they all have loved serving their town.

Stephen D’Angelo, Jose Berra and Guy Mezzancello have now each had an opportunity on the town board. D’Angelo is completing his first four-year term, while Berra and Mezzancello have taken turns finishing out Supervisor Michael Schiliro’s old council term; Berra was appointed in January 2014 and served the balance of last year before Mezzancello defeated Berra in a virtually dead-even special election last November to land on the board this year.

It’s difficult when you have dedicated community members who each bring valuable skills to the table to decide who might be left out. In this instance, though, the call is D’Angelo and Berra for the four-year terms.

D’Angelo, an accountant, has grown nicely into the councilman’s role during his time on the board. Initially thrown into the cauldron of a contentious split board, he’s a lawyer, who no longer practices, and now has her own mediation and teambuilding consultancies.

She acquitted herself capably when the ugly Coyote debates deteriorated earlier this year. While some of the plans are short on detail, if Alzapedi brings the same enthusiasm and verve for downtown revitalization and parking and downtown issues that she displayed during her exhaustive coyote research, the town would be in good hands.

For town board, Hala Makowska is an easy choice for one of the two open seats. Since shortly after moving to Millwood in the late 1990s, she has been an active member of the community, first with the old Millwood Task Force, then serving on the board of fire commissioners at the Millwood Fire Company. Today she is chair of the board.

She was part of a board that was instrumental in helping turn around public opinion that had been against a new firehouse to one where a nearly $10 million referendum was easily passed by district voters.
Experience, Independence Gives Diaconis the Nod in District 3 Legislators Race

For a Board of Legislators district that has at times had hotly contested campaigns and close finishes, this season’s low-key matchup between Republican Margaret Cunzio and Democrat John Diaconis has been a mild surprise.

That can likely be attributed to the temperament and levelheadedness of both candidates, who have compartmentalized themselves well throughout the fall and deserve high marks for keeping the discussion focused on the issues.

But don’t equate the absence of histrionics in this race for the seat in District 3, which covers primarily the towns of North Castle and Mount Pleasant and the Village of Pleasantville, with unimportance. This is County Executive Rob Astorino’s hometown district, and make no mistake, there is pressure on the Republicans to maintain the hold on this seat, especially if the GOP has designs on eventually overtaking the Democrats and regaining the majority one day on the Board of Legislators.

There is also optimism on the Democratic side that if former Pleasantville mayor John Nonna was able to represent this district for two terms (once unopposed), that victory with a strong candidate is achievable.

For the last four years Astorino has had an unwavering ally in White Plains in Michael Smith, who voluntarily departs the board after having served two terms.

While both Cunzio and Diaconis appear highly capable based on their professional qualifications, the comfortable advantage here goes to Diaconis.

First, he has gained expertise on the local level, having served for nearly five years over a decade ago on the New Castle Town Board before he moved to Armonk.

Beyond that, since Diaconis’ arrival as a North Castle resident about six years ago, he has continued his involvement in capacities where he has had to be well-acquainted with issues that are critical to his town, this district and the county, which has him well-prepared to enter office.

In a volunteer capacity, Diaconis has been the longtime treasurer for the Friends of Miller House/Washington’s Headquarters in North White Plains. The group has been among the legions in North Castle and elsewhere who have fought to end the county’s absurd refusal to complete at least the minimum repairs on that historic structure while everyone figures out where its permanent home should be.

Diaconis is also the current co-chair of an ethics task force in town charged with revising the ethics code, always a crucial matter to be well-versed in regardless of which level of government one serves.

Professionally, as an attorney, Diaconis has represented clients in housing discrimination cases, most notably, the Town of Yorktown against the government, so he’s not just familiar with the 2009 affordable housing settlement, he also understands many of the nuances of the agreement.

With 14 months remaining before Westchester must fully comply, his voice on the board would be welcome. He realizes that all the sabre rattling by the Department of Housing and Urban Development (HUD) is likely a ploy in hopes of intimidating the county and there is no legal standing for the agency to go beyond the terms of the settlement.

Perhaps most importantly, after four years of the district’s representative being in nearly perfect lockstep with Astorino on all of the major issues, the constituents of District 3 deserve more. They need someone who is an independent thinker, who will be able to protect constituents’ interests, even if that means bucking the administration.

There is also hopefulness that whenever it’s the Democrats’ turn to act like juveniles on the Board of Legislators, that Diaconis could be one of the adults in the room.

For her part, there is lots to like about Cunzio. She is equally well-spoken and speaks easily and knowledgeably on all the issues. She has a strong record of volunteerism, having served on the Mount Pleasant Architectural Review Board along with two animal shelters.

Cunzio’s long personal history in the area – she’s a lifelong Westchester resident and a Byram Hills graduate – and familiarity with nearly the entire district gives her a strong understanding of the pulse of the communities she would serve.

But her insistence that HUD’s aim is to dismantle local zoning draws a red flag as time grows short and the county needs to finish the requirements of the settlement. Her call for another study relating to the Miller House site calls into question whether she can be a fully independent voice.

In this race there are two qualified candidates competing for the job. But one, John Diaconis, is the best choice to move the district and county forward.

In Hard to Call District 2 Race, Corcoran Gets Narrowest of Edges

Voters in this election in Mount Kisco, Bedford and all the communities that comprise District 2 on the county Board of Legislators are fortunate.

There should be a level of comfort that regardless of the outcome of next week’s race between Democrat Karen Schleimer and Republican Francis Corcoran, constituents will have a representative with a strong and distinguished public service record over an extended period of time.

That’s also a good thing because for seven-and-half years Peter Harckham served the district exceedingly well, and with his departure, his successor will have high standards to live up to.

Since the 1980s, it seems Schleimer has been involved with almost every board or committee in Mount Kisco. She has served on the planning board, zoning board, village board, master plan and zoning review commission, finance and water quality committees and library foundation director. She has also been a passionate advocate on issues related to senior citizens.

In addition to all that, she was village prosecutor at one time. Then there’s her long legal career, where for the past 31 years she has had her own practice with a focus on business, real estate and land use.

Meanwhile, Corcoran has spent the past 13 years on the Bedford Town Board. Along with his town board service, most of his professional life has been in the financial industry. He was appointed to unpaid positions to work on financial-related issues, including chairman of the inspector general’s office for the MTA, serving under four governors, both Democratic and Republican.

Voters can only choose one of the candidates and as hard as it may be to split them apart – unless you happen to be a rabid partisan – the call by the narrowest of margins goes to Corcoran.

Although there have been improvements over the past two years, there are periods when bipartisanship in White Plains can be in short supply. Corcoran has served on split boards in Bedford and while there will always be disagreements, he has managed to deftly navigate those potential political pitfalls.

During his tenure, Bedford has maintained a AAA bond rating, something that takes at least five board members and staff to accomplish, but he was one of them.

For a large portion of District 2, environmental matters are of supreme importance, particularly water and sewer issues. Corcoran also would advocate for alternative water treatment systems, which in areas of the district may become a necessity.

Aside from accomplishments in a well-functioning town, Corcoran said he could help the county aggressively pursue corporations to sell them on the advantages of Westchester and explore the feasibility of giving tax breaks to companies that provide their own child care.

He opposes borrowing to pay for operating expenses in the budget, a move that generated waves of criticism during last year’s deliberations.

The one area where Corcoran’s views should give pause is on the affordable housing issue. He parrots the Republican line regarding federal overreach. However, he also said he would try to work with the municipalities involved in the settlement that haven’t approved the model ordinance to sell them on some of the strategies Bedford has employed. From before the housing settlement, the town has been among the leaders in providing affordable and workforce units through the Blue Mountain Development Corporation.

Considering all of her professional and public service achievements, there is little negative to say about Schleimer. On a few occasions she has been the dissenting vote on the village board; one of the more recent times was opposing the community choice aggregation program because all of the details weren’t made public before the vote.

Her work on senior issues with the Livable Communities Council and the Northern Westchester Geriatric Committee will only become more important over time.

The only substantive gap between the two candidates was the appearance that Schleimer was not as well-versed on several county issues as her opponent. This year that becomes more critical because the winner of this race will be seated as soon as the election is certified since Harckham resigned midyear.

All things considered, Corcoran is the best choice of two very strong options.”
Editorial

Rubeo, DiPaolo Obvious Choices to Return in Mt. Pleasant

The good thing about Mount Pleasant’s more recent political history is that there have been elections. The not so good news is that despite the presence of one or more challengers on the ballot, none have been serious enough contenders, despite earnest attempts, to warrant a second look. Such is the case again next week where incumbents Nicholas DiPaolo and Mark Rubeo who will be seeking to win a first and second full term, respectively, over Democratic challenger Wayne McPartland, stand far ahead of their challenger.

As is the case with any candidate who runs an active campaign, especially at the local level, they should be applauded for putting themselves on the line. Most of us would never have the chutzpah to do the same. However, McPartland seems to be more concerned about county issues than focusing in on zoning matters, economic development, transparency in government or any of a host of other local matters. Also, it would behoove any candidate who runs for a seat to actually attend a majority of the town board meetings after he or she has announced.

Having said that, Rubeo and DiPaolo are both serious-minded officials who have a strong grasp of the issues before them. With the town back on strong financial footing, a condition which wasn’t the case two years ago, according to the state comptroller’s office, the town would be well-served should they both return to office.

Letters to the Editor

Makowska Would Be Outstanding Addition to New Castle Town Board

So I’m asking you to consider Hala Makowska as an addition to fill one of the two vacant town board seats. Her opposing candidates haven’t nearly the experience and determined dedication shown by Hala in her service. She long has been involved making things better. WENT for tax relief, the Millwood Task Force for community betterment, Millwood volunteer firefighter to protect us, then fire commissioner, and for years now fire commission chair. Hala took on the fire commission chair in order to finally get our volunteers a building they needed. The project was stalled for years in an environment of mistrust, rancor, frustration, threatened litigation and deep disappointment among the fire company volunteers. All of this while their old building was literally falling down around them.

As chair, brought us all together. She championed the volunteers, steered the difficult process of healing the community, getting the building programmed, funded, approved and built. On Saturday, they moved the trucks in. You really should go see it. It’s a stunning community achievement. In my mind, the finest public infrastructure in our town. We did this; and thanks to Hala, we all did this together.

So when you’re yanking levers this time, give Hala a thought or two. It’s the inclusivity, civility, transparency, charity, executive competence thing. One can always use more of that down at Town Hall.

Thomas Curley
New Castle

Cunzio the Right Choice for Mt. Pleasant, District 3 on Board of Legislators

It has been a distinct honor to represent and serve the residents of Mount Pleasant on the town board for the past five years. My colleagues, including Councilman Nicholas DiPaolo, and I have worked hard to craft budgets in a fiscally responsible manner, promote economic development to increase the town’s revenue base and improve our town’s recreational parks and activities. Mount Pleasant also needs a county legislator who will advocate for Mount Pleasant taxpayers at the county level. That is why on Nov. 3, I will be voting for Margaret Cunzio. Margaret has already served the Mount Pleasant community extraordinarily well through the town recreation center’s Senior Citizen program, on the Mount Pleasant Architectural Review Board and at Columbus Elementary School, where her husband, Michael Cunzio, is the principal.

A school teacher herself, Margaret can bring a unique and pragmatic perspective to the county board. She is a nonpartisan problem solver who will listen to her constituents and make the tough decisions. Margaret will stand up for Mount Pleasant against any attempt by federal bureaucrats to usurp our right to home rule in connection with local zoning regulations.

I encourage the residents of Mount Pleasant to join me in supporting Margaret Cunzio on Tuesday, Nov. 3. I also ask that residents consider voting for me and Nicholas DiPaolo to continue our service on the town board. Every vote will matter.

Mark A. Rubeo, Jr.
Mount Pleasant

Why North Castle Needs John Diaconis as County Legislator

While serving our town for almost eight years, I have firsthand experience as to why it’s so important to have a skilled, bipartisan county legislator to represent our town. John Diaconis fits the role perfectly and I urge you to vote for John on Nov. 3.

During my first four years, County Legislator John Nonna scheduled monthly meetings with me to insure proper communication. My second four years have consisted of exactly zero such meetings with our current legislator. This will change with John Diaconis. We have seen what four years of inadequate representation looks like. If you want proof, take a ride past Washington’s Headquarters (aka The Miller House) in North White Plains and you decide. The deterioration of George Washington’s headquarters at the hands of the county is a disgrace. John Diaconis will provide the leadership needed to right this wrong.

As your Supervisor, I serve on a board that puts policy before party affiliation, because the taxpayers of North Castle take priority. The county needs to do the same, and it starts with John Diaconis. The county lost its way when politics overtook policy. The most glaring example of this is the county borrowing over $100 million dollars over the last several years to pay for operating expenses, specifically pension contributions. This is like borrowing money every year to pay a utility bill and letting the next owner of your house pick up the payments. John’s plan of shared services can insure fiscal prudence without taking a loan to do it.

John Diaconis offers the best of what you should expect from an elected official. A diligent, ethical, legal-minded, reach-across-the-aisle approach that is all too lacking in government today. Look no further than the partisan gridlock that exists in Washington D.C. today to see government dysfunction on both sides at its worst. That conduct has no place in our county. John understands that politics ends when Election Day passes, and competent bipartisan policy begins. Please join me in voting for John Diaconis as our county legislator.

Michael Schiliro
Supervisor, Town of North Castle

Letters Policy

We invite readers to share their thoughts by sending letters to the editor. Please limit comments to 250 words. We will do our best to print all letters, but are limited by space constraints. Letters are subject to editing and may be withheld from publication on the discretion of the editor. Please refrain from personal attacks. Email letters to mwilbur@theexaminernews.com. The Examiner requires that all letter writers provide their name, address and contact information.
Westchester Medical Center celebrated the launch of a new tech-driven program Oct. 21 aimed at providing remote care to patients across its large network of hospital centers.

The $7 million, 5,500-square-foot eHealth Intensive Care Unit operations center at the Valhalla campus, which features 20 multimedia stations equipped with patient monitoring software, will be staffed around the clock by physicians, nurses and other staff.

Westchester Medical Center President and CEO Michael Israel said the program was part of a 15-year agreement with Philips technology that will allow first access to cutting-edge technology. It also allows medical staff to monitor vital signs, medications, blood test results and X-rays of patients in 98 ICU beds from the centralized hub.

The electronic ICU patients will be monitored through the use of two-way video cameras, which allows the eHealth team to consult directly with bedside doctors, nurses, family members and patients.

Westchester Medical Center R.N. Lisa Lapolla gives a demonstration of the hospital’s new eHealth Intensive Care Unit. The unit provides supplemental, nonstop remote care to ICU patients.

The unit is the first telehealth program in the Hudson Valley and will eventually serve remotely to assist the medical care teams in network hospitals, nursing homes and physician offices across the healthcare network.

Marcia Casey, Westchester Medical Center’s executive vice president, said the Philips technology will give employees 24/7 access to people throughout their healthcare network, with the operation center at the Valhalla campus the first step.

“Our goal is to take everybody's smart phone and someday have you connected in all ways to your care provider through WMC Health, and we're not that far away from that,” Casey said.

Medical Director of Telehealth Dr. Corey Scurlock cited an extensive 2011 Journal of the American Medical Association study of a tele-ICU used as a supplement to regular ICU staff.

“The study found that ICU mortality decreased by 20 percent, length of stay for patients shortened by four days and compliance with best practices increased while preventable complications were significantly reduced,” Scurlock said.

“In a tele-ICU we have a computer that’s constantly monitoring the patient's physiology, looking for best practices, looking for certain kinds of lab alerts,” Scurlock said. “We have a critical care nurse to help serve as a second set of eyes to check with the bedside team to make sure we’re in synch with them, and we have a dedicated e-ICU doctor taking care of larger groups of patients, helping to implement those best practices.”

Scurlock stressed that the eHealth programs would not replace current care at Westchester Medical Center hospitals.

"This is a supplemental way to help take care of patients with all the good work that the bedside teams are doing," he said. "We provide alerts driven by technology with computers analyzing things humans couldn’t. We provide a second set of eyes, and then we're there at the speed of light if you hit a (panic) button, if there is a crisis we can be there in a matter of 10 seconds.”

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Opening of Millwood Firehouse Is Dawn of a New Era

By Martin Wilbur

A quarter-century after Millwood Fire Department officials first explored building a new firehouse, their dream became reality on Saturday morning.

The department decommissioned its antiquated 91-year-old Fire Station No. 1 on Route 120 and moved into the just-completed 18,600-square-foot state-of-the-art facility at 100 Millwood Rd., about 300 yards down the street.

The move, which will be completed by Friday, was accompanied by a ceremony that included the transfer of the American flag to the flagpole at the new site and a short parade.

"Buildings are made of brick and mortar, not love," said former chief and 58-year department member Neil Gollogly. "But I found out that beloved firehouses are made of men and women who built it, serve it, who come together as a community. They breathe life into our beloved firehouse."

All but $4 million of the $13,995,000 needed to build the structure was overwhelmingly approved by district voters in a 2011 referendum.

Construction began early last year, capping a two-decade struggle to find a suitable site to build a new facility that would be big enough to house today's larger apparatus, said Hala Makowska, chair of the board of fire commissioners.

The new firehouse, which has five bays, was completed on budget, she said.

Makowska said the vehicles barely fit in the old building and there is little room between trucks, making it difficult for firefighters wearing or carrying their gear to efficiently race to a call.

"It was built for a 1924 Brockway, that's when the original firehouse was built, and when we did this firehouse and we came up with the exact space you see in front of you, (there are) the NFPA and OSHA standards for the type of space that you need around the apparatus," she said.

Commissioner Alan Schapiro said in the early 1990s the department transferred ownership of the site of the old firehouse to the district for $1 with the promise that it would one day be able to build a new facility.

"The site is not ideal but it became the best available," Schapiro said.

Chief Greg Santone said the timing of the move will coincide with next Thursday's scheduled closing of the sale of the old property.

"It is clear that Karen would be an invaluable addition to the Board of Legislators to represent Bedford, Mount Kisco, Lewisboro, Pound Ridge, North Salem and Somers, but if we don't bother to vote, her Republican opponent's scare tactics may leave us without Karen's advocacy and expertise on the County Board."

So please remember to vote on Tuesday, November 3rd!

Please visit Karen's web site at KarenSchleimer.com
the supplies will be moved over, and on Friday the apparatus and turnout gear will go to the new firehouse for good, Santone said.

Since the new facility is much larger and more modern than what the department is accustomed to, it will be a new experience for everyone.

“There’s definitely a learning curve,” Santone said. “Construction is 100 percent done. Basically, we’re aiming toward the goal where we have the essential facility and components up and running, but there are a couple of rooms that need to be finished and a couple of the systems need to be fully worked out and fully up and running. So it’s going to be a little bit of a process.”

Aside from having a modern firehouse, Makowska said building the facility was also crucial to support the volunteers and the department, which helps save taxpayers up to an estimated $3.2 million a year compared to paying for professional firefighters.

She said the department’s most valuable assets are the volunteers and hopes the new firehouse will help entice other community members to join.

“It’s a lot of training and a lot of work, and we wanted to let them know we’re going to support them to let them do the job they need to do,” Makowska said.

The department will schedule a formal grand opening and ceremony next spring.
County Executive Rob Astorino unveiled designs for a universally accessible playground at Ridge Road Park in Greenburgh on Sunday as part of the county’s ongoing commemoration of the 25th anniversary of the Americans with Disabilities Act.

The designs were presented as more than 500 people gathered for a Miracle League Halloween celebration at the county’s universally accessible baseball field for people with disabilities.

“All kids deserve the opportunity to be kids, and few things are more a part of childhood than playing on the playground,” Astorino said. “We are so excited about our new universally accessible playground because it removes barriers to having fun. The fact that it’s right next to our Miracle League baseball field makes it a true homerun for kids and families.”

The proposed playground includes many of the same exciting elements as a traditional playground – twisty slides, climbing structures and swings – however, this facility will be fully accessible to people of all physical abilities. For instance, a wheelchair ramp provides access all the way to the top of the structure, the swings are specially designed for children with disabilities ages 2-12 and the surrounding surface is made of poured-in-place rubber surfacing to ensure safety and accessibility.

For children like 12-year-old Spencer Oram, who was injured during childbirth and has been in a wheelchair his entire life, the experience of looking out from the top of the playground will be something his mother says is like a dream come true.

“He’s going to go crazy,” Elizabeth Oram said. “He’s a real boy. He loves going fast in his wheelchair. He loves spinning. I can’t even tell you how exciting this is going to be for him.”

Spencer doesn’t speak, so he won’t be able to tell his mother this himself, but she understands him like any mother would understand their child.

His twin sister, Emma, has a harder time relating. But that’s the beauty of the universally accessible and inclusive playground; it will be a place where the two of them can play, laugh and enjoy each other’s company just like any other brother and sister.

“I’m so happy for them to be able to share this,” Oram said. “My daughter really wants to connect with him, but it’s hard for her. She will love pushing him to the top.”

In addition to the new playground, the project also calls for upgrades throughout the 236-acre park, including repaving the park’s roadways and parking areas, as well as renovations to the picnic areas, playgrounds, volleyball courts and pavilions. The installation of storage bins and a maintenance shed, improved drainage and new pathways and landscaping are also part of the proposed upgrades.

The total project is estimated to cost $3.45 million, $325,000 of which was already bonded for design work. Astorino was scheduled to send legislation to the Board of Legislators Monday requesting that they approve an additional bond act to fund the cost of construction and renovations.

Once funding is secured and contracts are awarded through a competitive bid process, the project is expected to take a year to complete. Design work for the project has been prepared by the county’s Department of Planning.

County Executive Rob Astorino presents plans for a universally accessible playground at Ridge Road Park in Greenburgh. The Oram family – Elizabeth and 12-year-old twins Emma and Spencer – are among those in attendance last weekend.

“Ridge Road Park is a sprawling county park with a wide range of amenities for people and families to enjoy all year long,” said Kathleen O’Connor, commissioner of the county’s Department of Parks, Recreation and Conservation, which oversees maintenance and upkeep of the property. “These renovations – especially the repaving of the park’s roadways – will go a long way towards enhancing the park experience.”

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The Full Range of Coffee Tables, Both Simple and Diverse

The classic sitcom “Seinfeld” may rival Shakespeare for the number of neologisms it has given us – “low talker,” “regifting” and “anti-dentite” among them – and it has also brought us the holiday Festivus and the career of The Original Soupman.

But there is still one area of the Seinfeld universe that has yet to come into being: I am still waiting for my coffee table book about coffee tables.

Okay, granted, Alexander Payne published “The Coffee Table Coffee Table Book,” a collection of a few avant-garde coffee table designs, but it didn’t seem to measure up to the all-encompassing exploration that many of us envisioned Cosmo Kramer producing. It also did not unfold into its own coffee table shape.

The original coffee tables were actually tea tables, developed in the late 18th century throughout Europe and in Britain. These coffee tables were quite a bit higher than the ones we are used to today, and these early examples evolved into the basic design of these fixtures, the low profile of which could accommodate beverages and TV dinners without obstructing the view of the screen.

Every design trend has created its own form of the coffee table, and steel with purity of form in the Bauhaus movement. Perhaps the simplicity of the form of the coffee table helps give designers greater freedom in their creativity.

The ingenuity of interior designers in more recent times has made the coffee table multifunctional, with shelves and drawers built in underneath for storage. With the individualized artisan movement of today, it’s not uncommon to go online or watch a competitive show about flea market finds and see either coffee tables repurposed into other objects, or other objects repurposed into coffee tables.

In my home I have a very large, round 19th century table, which I found on one of our early antiques expeditions 19th century table, which I found on one of our early antiques expeditions. In my case, I have used it to display my love of antique collectibles, and my coffee table carries an odd assortment of brass items, a candle snuffer, a tea strainer, butter knives, a trivet, a crystal bowl of vintage marbles and, inexplicably, a beautiful newel post glass ball. Vive la différence.

Today the design of the coffee table seems to be returning to its original taller design, with top surfaces that elevate horizontally. Part of this function is to allow access to storage underneath, but part is also to bring one’s laptop up to a comfortable level for typing or video streaming. Ergonomic, surely, but perhaps less conducive to the face-to-face gathering that these tables used to cultivate.

know your Neighbor

Ron Rose
World War II Veteran, Valhalla

By Martin Wilbur

After all these years, there are still 30 hours in Ron Rose's life that are impossible for him to forget.

Right after Christmas 1944, Rose, a U.S. Navy supply officer for the Seventh Fleet, was aboard the armed transport ship USS LST750 with more than 100 crew members in the Sulu Sea near the Philippines.

Rose's ship fell under bombardment from Japanese torpedoes and kamikazes that attacked in waves, aware that the American ship's mission was to replenish supplies for the troops.

The crew wasn't sure when the attacks would cease or whether they'd survive.

More than 70 years later, it's difficult for Rose to dredge up the memories from when the ship sank on Dec. 28, 1944, and those crewmates, in many instances like when the ship sank on Dec. 28, 1944, and those crewmates in the Sulu Sea near the Philippines.

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More than 70 years later, it's difficult for Rose to dredge up the memories from when the ship sank on Dec. 28, 1944, and those crewmates, in many instances like family, who perished.

"It's something you don't even want to talk about because it's an experience you hope no one ever has to go through," Rose said.

"When they started sinking all these ships and killing all these people, I'm just waiting for that order and I hated to hear that," he added. "It was abandon ship."

Rose, who has lived in Valhalla with his wife, Rosemary, since 1955, was eventually picked up by other naval ships, along with the surviving crew members, and assigned elsewhere for the remainder of the war. He remained active in the service for 11 years, reenlisting for the Korean War, although he spent most of that conflict stationed in Cuba.

Rosemary, a Tarrytown native, said if it was up to her husband he likely would have made a career out of the service, but she wasn't up for the perpetual possibility of having to relocate.

"It gets in our blood, it's like you want to help out and you meet such good people in the service," Rose explained.

Rose, 88, was born in New Brunswick, Canada, before his family moved to the area near New London, Conn., when he was eight years old. Military service was in his family's blood. Rose said a lot of other Canadian men, including his father and uncle, itched to serve for the United States. All three of his brothers and a cousin also went into the military, all but one in the Navy.

Rose was 17 when he enlisted. After he completed basic training at Fort Pierce, Fla., he was provided a list of jobs available and chose supply officer, before being given his assignment. Rose headed to San Francisco to meet his ship and eventually sailed out into the Pacific.

After World War II, Rose worked on submarines in Groton, Conn. He and Rosemary moved to northern Virginia before settling in Valhalla for good to raise their family. For most of his working years rose was employed by the Pinkerton security company.

He met Rosemary through one of his brothers, who was dating her best friend. They started seeing each other when she was 16. Two years later, in 1950, they married. The couple has three sons and two granddaughters.

Rose's service continues to play a major role in his life and Rosemary's. He is a life member of the American Legion, having been with the organization for more than 70 years and becoming an integral part of the Adolph Pfister Post 1038 in Valhalla, where he still participates.

That involvement provides him the camaraderie that only other veterans can truly understand, Rosemary said.

"I think the Legion, more or less, took over," said Rosemary, who worked at Westchester Community College for 28 years. "I think he's forgiven me."

They also volunteer regularly at the Montrose VA, spending time with veterans there. A couple of Saturdays ago, they arrived with other Legion members to have a picnic with the other veterans.

"I think the satisfaction is helping people," Rosemary said.

In 1991, Rose and a few of his crewmates from the USS LST750 organized a reunion in Atlantic City. Those continued each summer in a different location—Maine, the Carolinas, Nashville and elsewhere—for close to 20 years. However, there aren't many of the guys left, Rosemary said.

The couple has a house in the Adirondacks, which they regularly get away to from May to October.

Rose realizes that he was fortunate after what happened to him in the South Pacific all those years ago. He is grateful for his good fortune and that he and Rosemary can still enjoy life.

"I always say this: I'm so happy and so lucky, I would say, to be able to, after what I've gone through, to come out and I've got a clear head," Rose said.

""Peekskill is my home, and keeping us safe is my job.”

Kaitlyn Corbett
Nuclear Engineer

Kaitlyn Corbett has always called New York home. Born and raised in Buffalo, she earned her degree in nuclear power engineering at SUNY College of Technology and moved to Peekskill to start her career at Indian Point. Safety is the single most important mission for Kaitlyn and her 1,000 colleagues at the plant, and it’s been the focus of her years of study and training in the nuclear ower industry. Every day, engineers are graded on their performance by inspectors from the Nuclear Regulatory Commission. The NRC recently gave Kaitlyn and the team at Indian Point its highest safety rating — for the fifth year in a row.

Discover more about Indian Point at SafeSecureVital.com
New Menu Debuts at Mount Kisco’s Cafe of Love

By Jerry Eimbinder

One of the goals for appetizers and entrees on the fall menu at Cafe of Love in Mount Kisco was to combine locally sourced ingredients with international flavors, said Leslie Lampert, its executive chef and owner.

Examples she cited among the new appetizers include a radish, red cabbage and ramen salad with bean sprouts and Asian miso-ginger-soy vinaigrette; steamed pork belly buns with house-picked cucumbers, Chinese hoisin sauce and Korean gochujang sauce; and Peruvian ceviche with cod, shrimp, jalapeno, cilantro, sweet potatoes and lime and orange juices. Appetizer choices are considerable and range from $9 to $16.

Rapidly catching on as an appetizer, Lampert said, is the pierogi or dumpling. A significant difference about the Cafe of Love pierogi, she pointed out, is that they are filled with pumpkin rather than commonly used mashed potatoes. Also included as ingredients are ricotta, pecans, sage, butter and cream. (Pierogis are available as either an appetizer or as a main course.)

"New American" dishes appear on the menu as appetizers and include a flatbread and a soup. The Fontina and Hen-of-the-Woods flatbread is topped with sautéed onions, arugula, pomegranate molasses and scallions. The Harvest Celebration Soup ingredients are butternut squash, sweet potatoes, carrots, apples, onions and maple croutons.

New American dishes can also be found among the main courses and include roasted organic chicken with apple-chicken sausage stuffing on the side and ac-compounded by whipped squash and cranberry sauce.

Lampert said the most popular seafood entrees are pan-seared Arctic char served with sautéed wild mushrooms, truffle cauliflower mash, heirloom carrots ($29); seared scallops with Persian jeweled brown rice, almonds, cranberries, turmeric-spiced rutabaga puree ($38); and Chatham cod served with maple-glazed turnips, beets, carrots and beet agrodolce coulis ($27).

Best sellers among the land entrees, Lampert said, include venison loin, paella and lasagna. Venison loin comes with red grape freekeh, charred parsnips and cabernet reduction ($39).

"Brown rice is used in the vegetarian paella because it is healthier and heartier than white rice," Lampert said.

Also included are tomatoes, chickpeas, squashes, peas, smoked paprika and saffron ($25).

The mustard greens and mushroom lasagna includes maple-sage béchamel, parmesan and savory crème anglaise ($29).

Holdover dishes dating back seven years to the first Cafe of Love menu include seafood bouillabaisse, the Signature Farmhouse Salad and a burger. All have undergone multiple changes along the way because of seasonal availability of ingredients or simply to keep up with the times. The menu changes four times a year.

The bouillabaisse version on the new menu includes shrimp, mussels, cod, prawns and tomatoes in a saffron-fennel broth ($34).

The Signature Farmhouse Salad combines English cucumbers, beets, grape tomatoes, avocado, blue cheese, carrots, radishes, bacon, hard-boiled egg, walnut-raisin croutons and white balsamic vinaigrette ($18). Optional additions are chicken ($4), shrimp ($8) and salmon ($10).

"Our customers would probably revolt if I ever dropped the Signature Farmhouse Salad from the menu," Lampert said.

A grass-fed burger is served on a challah bun and comes with blue cheese, thick-cut bacon, Bibb lettuce, honey ketchup and French fries ($16). Optional side dishes include roasted Brussels sprouts, truffled chickpeas, meatballs, whipped squash, pommel frites, sweet potato fries and a crock of cheddar macaroni.

Local growers and farmers providing ingredients to Cafe of Love include Amba Farms, Hilltop Hanover Farm, Meadowland Farm, Sir William Farm, J. Conover Farm, John Fazio Farm, SoCo Creamery, Sugar Hill Farm, Tiny Hearts Farm and Coffee Labs Roasters.

Lampert was formerly senior editor at Ladies’ Home Journal. She covered life-styles, wrote feature articles, including hundreds of food articles, and developed recipes in the magazine’s test kitchen.

Chef De Cuisine Hector Coronel has been with the restaurant since the restaurant’s 2008 opening.

Cafe of Love is open for lunch and dinner Tuesday through Sunday and for brunch on Saturday and Sunday. It is closed Monday. The restaurant is located at 38 E. Main St. in Mount Kisco. Call 914-242-1002 for more information.

New Prix-Fixe Tasting Dinner Debuts at La Panetière in Rye

By Jerry Eimbinder

Jacques Loupiac’s La Panetière in Rye has a new tasting menu priced at $90 per person (meal only) or $140 (dinner with wine pairing). Tax and gratuity are additional. The tasting menu is offered every evening of the week.

New à la carte luncheon and dinner menus have also been introduced at La Panetière and include a flatbread, soups and a salad. The Fontina and Hen-of-the-Woods flatbread is topped with sautéed onions, arugula, pomegranate molasses and scallions. The Harvest Celebration Soup ingredients are butternut squash, sweet potatoes, carrots, apples, onions and maple croutons.

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Dance Featured on Film at Upcoming Series at Jacob Burns

By Neal Rentz

During her long career as a ballerina, Rose-Marie Menes was always nervous before going on stage.

The Yorktown resident is nervous again about another program that she is involved with this week.

Following the Oct. 29 screening of “A Ballerina’s Tale,” directed by George Nelson, which kicks off this year’s Dance on Film series at the Jacob Burns Film Center, Menes will interview her longtime friend and former dancing colleague Raven Wilkinson.

Wilkinson is a friend and mentor of Misty Copeland, the subject of the documentary. Copeland is the first African-American woman to become principal dancer at the American Ballet Theater.

Burns Programmer Kathryn Bonomi said she asked Menes to participate in the opening night discussion because of her friendship with Wilkinson.

Wilkinson was a groundbreaker herself. She was the first African-American woman to dance fulltime with the Ballet Russe de Monte Carlo, which she joined in 1955. Wilkinson and Menes danced together with the company in 1965 and 1966.

“I looked up to her,” Menes said.

Menes, who began her career at 17 years old, has devoted her life to ballet. She also danced with the Chicago Opera Ballet, the New York City Opera and the Radio City Ballet Company.

While growing up in Florida, Menes, 71, said she witnessed firsthand the discrimination of African-Americans. However, during her career she danced with many African-Americans in addition to Wilkinson.

Menes recalled the day she decided to retire from performing at the age of 39. As she was about to dance she said to herself, “Why are you doing this? You’ve done it all.”

Following her retirement as a dancer, Menes continued her passion for ballet as an educator. She opened her own school in 1978, the Westchester Ballet Center, which is now the Westchester Ballet Center for the Performing Arts. In 1979, she founded with her husband, Bernie Warner, the Dance Theatre in Westchester, a regional company where she serves as artistic director. The company opened in Temple Beth Am in Yorktown, but soon moved to the Yorktown Community and Cultural Center.

Dance on Film has been an annual tradition since shortly after the Burns’ 2001 opening.

“It’s pretty much been a series from the beginning,” Bonomi said.

This year’s series highlights features that include nearly every kind of genre, such as tap, Flamenco and break dancing. All but one of the six features are contemporary films. The exception is the 1935 classic “Top Hat,” directed by Mark Sandrich starring Fred Astaire and Ginger Rogers, which will be screened on Nov. 1. A separate program that will be held earlier in the day is “Fred Astaire: Greatest Dancer in the World.” featuring clips from his RKO and MGM films and a question-and-answer session conducted by Bonomi with Joan Kramer and David Heeley, co-authors of “In the Company of Legends.”

Bonomi said it’s no surprise that Dance on Film has been a major success for the film center since its inception.

“There are a lot of dancers in Westchester and a lot of appreciators of dance,” Bonomi said.

The Jacob Burns Film Center is located at 364 Manville Rd. in Pleasantville. Call 914-747-5555 or visit burnsfilmcenter.org for information, including ticket prices and the full schedule.

Dear Neighbors,

During the past several years, progress has been made to hold the line on taxes and spending in Westchester. Now, our Board of Legislators wants to increase taxes this year.

Worse yet, politicians from White Plains and Washington, D.C. want to allow HUD to take over local control of zoning and planning codes.

National headlines now reveal what we, in Westchester, have known all along.

The infamous HUD Affordable Housing Settlement forced on us was nothing more than a “grand experiment” that the federal government now wants to take to suburban communities across the nation. Our Board of Legislators has fought County Executive Astorino as he has stood up to protect our local rights against this massive overreach into our communities.

As your legislator, I will stand with County Executive Astorino in this fight, and provide real leadership and fresh solutions needed to stop a HUD takeover of our neighborhoods.

I hope you will join me in this effort.

Francis Corcoran
Candidate for County Legislator, District 2

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P’ville Chamber of Commerce Announces Appreciation Awards

The executive board Pleasantville Chamber of Commerce recently announced the recipients of the 2015 Chamber Appreciation Awards. Certificates of Appreciation are awarded annually to chamber and Community members for improvements and contributions they have made to the Village of Pleasantville.

This year there are three recipients of the awards.

Bob Camilli, Peter A. Camilli and Sons. In recognition of the 100th anniversary of the establishment of this family business and their century of commitment to the community.

Graeme Goldstein, The Art of Wine. In recognition of the 100th anniversary of the establishment of Goldstein’s Grocery and Liquor Store and their century of commitment to the community.

Doris Sharp, Sharp is a village crossing guard and is being recognized for her service to the children and families of the village.

The awards were established by the chamber in 2010. Included in the freshman class of 2011: Believe Salon & Spa, Don Juan Mexican Restaurant, Eurospa/ Batronnage Wine Bar & Cafe, Flour & Sun Bakery, Sundance Deli, Wisteria Gifts, Chris Cornell.


Class of 2013: The Black Cow Café; PCTV, Mike Testa.


The Chamber will recognize the 2015 honorees at a reception tomorrow (Wednesday), Oct. 28 from 5 to 7 p.m. at The Riviera Restaurant, located at 113 Tompkins Ave. in Pleasantville. Visit www.pleasantvillechamber.com for details.

Formed in 1951, the Pleasantville Chamber of Commerce is an organization of retail, service, professional, industrial and civic members committed to living and working in a friendly, collegial and prosperous Pleasantville. The chamber has initiated many programs and events that help keep the business climate of Pleasantville vibrant. All of our activities involve a collaboration between chamber members, community leaders and civic organizations as part of the fulfillment of its mission: “linking business and community.”

Bet Torah Nursery School Staff Makes Strides in Breast Cancer Walk

On Sunday, Oct. 18, more than 30 Bet Torah Nursery School staff members, parents and friends of the nursery school participated in the annual Manhattanville College American Cancer Society’s Making Strides Against Breast Cancer walk. There were smiles and cheers as the participants walked through the starting line to begin the five-mile walk through the campus and the streets of Purchase.

This year, the school’s Mitzvah Makers team raised over $11,000, the highest amount ever in seven years. This brings the team’s total contribution to more than $55,000, which ranks ninth out of the $25 participating teams. After the walk, there was a delicious tailgating brunch. Funds raised through Making Strides Against Breast Cancer are used to find causes and cures for breast cancer, to help people get well and stay healthy and to empower people to fight back against breast cancer.

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$2,500 minimum daily balance is required to avoid a $10 monthly maintenance fee. Fees may reduce earnings. Funds used to open this account cannot be from an existing Apple Bank account. Maximum deposit amount is $1,000,000 per household. **Special bonus feature: A 2.5% simple interest rate bonus will be paid on each anniversary date of account opening on the lowest balance for that year (anniversary date to anniversary date). No bonus is paid if the account balance is less than $2,500 on the anniversary date. Additional deposits during a given anniversary period do not affect the bonus interest payment. Deposits made to the account on any anniversary date will be used to calculate the lowest account balance for the next anniversary period. The bonus interest is calculated on the lowest balance on deposit from one anniversary date to the next anniversary date. Simple interest rate bonus is subject to change at any time after first anniversary date of account opening. Hypothetical example of how bonus works: Assume an account is opened on January 12, 2015 for $50,000. A $10,000 withdrawal is made on July 12, 2015. No other withdrawals are made prior to the January 12, 2016 anniversary date. The low balance is now $40,000, so $100 in bonus interest will be paid on January 12, 2016.
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Tuesday, Oct. 27

The Magic of Adam Trent. Adam Trent is taking the magic world by storm, blending dancing and singing to own original pop music with innovative stage illusions, charming wit and emotion to create an experience that is part magic show, part concert and part standup comedy. Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford. Dinner at 6:15 p.m. Dinner at 8 p.m. $84 (plus tax) per person. Info and tickets: 914-592-2222 or visit www.westbway.com.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, she combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present, through real-life anecdotes, literature, personal memoirs, films and even photography. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Free. Every Tuesday. Info: 914-273-3887.


Wednesday, Oct. 28

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. Mount Kisco Coach Diner, 252 E. Main St., Mount. 7:30 to 8:30 a.m. Free. Every Wednesday. RSVP suggested. Info and RSVP: Contact Julie Genovese at 303-929-7203 or e-mail julie@eurobella.net or just drop in.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greetley Ave., Chappaqua. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914-960-4097.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantsiblibrary.org.

Pound Fitness Program. A 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics, isometric movements and poses. Using lightly weighted drumsticks called Ripstix™ and combining constant simulated drumming resulting in working the entire body. Dance Emotions, 75 S. Greetley Ave., Chappaqua. 10:15 a.m. $20. Every Wednesday. Info: Contact Peggy at 914-960-4097.


Senior Benefits Information Center. Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantsiblibrary.org.

Support Group for Alzheimer’s Caregivers. Temple Shaara Tefila and Westchester Jewish Community Services have scheduled this forum to provide a place for caregivers to discuss their feelings, share their experiences and support one another. A specialist from the Alzheimer’s Association will lead the group and provide educational materials and information. All welcome. Temple Shaara Tefil’s Youth Lounge, 89 Baldwin Rd., Bedford. 11 a.m. to 12:30 p.m. Free. Meets the second and fourth Wednesday of each month. Registration required. Info and registration: Contact the Alzheimer’s Association at 800-272-3900 or visit www.alz.org/hudsonvalley.

Lecture on Siena. Discover the beauty of Siena and important facts about this city, its history, art and the unique annual Il Palio di Siena event. Professor Francesco Linding will be the guest speaker. Westchester Community College’s Gateway Center, Davis Auditorium, 75 Grasslands Rd., Valhalla. 11:15 a.m. Free. Info: 914-606-6790.

Chair Yoga With Alka Kaminer. Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of well-being. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1 p.m. Free. Every Wednesday. Info: 914-273-3887.

The Explorers Club. A new literacy/activity program this fall. Join Miss Debbie to explore a new theme each week (science, art and more) through literacy and hands-on activities. Come read, discover and create. For children five to seven years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 3:30 to 4:15 p.m. Free. Every Wednesday. Registration required. Info and registration: www.mountpleasantsiblibrary.org.

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 p.m. Free. Every Wednesday. Info: 914-864-8041 or www.mountkiscolibrary.org.

Zumba Toning With Amy. Sculpt and tone muscle groups while dancing and learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 6:30 to 7:30 p.m. Drop-in fee: $12. Info. E-mail olin.amyj@gmail.com.

Bereavement Support Group for Parent/Sibling Loss. Led by Jody Monkovic. Phelps Memorial Hospital Center, Suite 225, 755 N. Broadway, Sleepy Hollow. 6:30 to 8 p.m. Suggested donation: $10 per meeting. Wednesdays through Dec. 31. Pre-registration required. Info and pre-registration: Contact Bess Steiger at 914-366-3957 or e-mail bsteiger@pmhc.us.

Functional Nutrition and Your Health. This Support Connection workshop, for people living with breast, ovarian and gynecological cancers, will focus on how to proactively use food, nutrients and supplements to create the optimal terrain to support and restore your health after a cancer diagnosis. Topics will include how to improve overall wellness with nutrition and lifestyle; how to integrate healthy food into your meals, including recipes; and how to understand the benefits of and labelling of supplements. St. Mark’s Episcopal Church, 85 E. Main St., Mount Kisco. 6:30 to 8 p.m. Free. Pre-registration required. Info and pre-registration: Contact 914-962-6402 or 800-532-5552.

Bladder Health for Women. Learn about minimally invasive solutions to enhance quality of life. Presented by Dr. Sue Zhou, urologist, at Phelps Memorial Hospital Center boardroom, 701 N. Broadway, Sleepy Hollow. 11 a.m. Free. Registration required. Info and registration: 914-358-5552.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantsiblibrary.org.

Chappaqua Shopper Shop Fashion Show & Luncheon. The shopper annual event. All proceeds go to the American Cancer Society. Crabtree’s Kittle House, 11 Kittle Rd., Chappaqua. 11:30 a.m. $85. Registration in advance required at the Discovery Shop, 400 King St., Chappaqua. Info and registration: 914-238-4900.

Mahjong Club. Intermediate players continued on page 28

We’re happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words “Happenings Calendar Submission” in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com. 
Six Secrets Everyone Can Heed to Make Sure to Age Well

The American Physical Therapy Association (APTA) has for many years designated October as National Physical Therapy Month. Each year in October, we take time to appreciate how physical therapists help maintain, restore and optimize movement in people’s lives.

This year, we focus on the impact on healthy aging. The aging process can be a difficult one as it’s often accompanied by decreased mobility, strength, balance, energy, independence and a general decline in function.

How can physical therapists help? Let’s take a look at six ways therapists routinely assist individuals to age well.

1. **Motion is Lotion.** This is one of my favorite sayings. It can be easy to adopt a more sedentary lifestyle when motion becomes more difficult, especially with the advancement in technology, enabling productivity and lifestyle without ever leaving the couch. As physical therapists, we are movement specialists and take great pride in analyzing movement and initiating steps to optimize it. We can help create a safe and effective plan to increase motion and activity in your life so your joints and muscles don’t dry up.

2. **Drink Your Way to Health.** Water, of course. The human body is roughly 60 percent water. It helps provide shock absorption within the central nervous system, lubricating the joints, decreasing the work of the heart and lungs and keeping skin healthy. Without water, we cannot survive; and without enough of it, we cannot thrive.

   I’ve heard many people say, “I drink when I’m thirsty.” However, by the time you are thirsty, you are already dehydrated. How much you need to drink depends on climate, activity level and clothes worn. The recommendation, when minimally active, is 0.5 ounces per pound of body weight. With activity and increased perspiration, water intake must also increase accordingly to provide our organs and tissues adequate hydration to complete vital tasks. An added benefit is that proper hydration often causes hunger to decrease enabling improved ability to manage weight.

3. **Resistance to Weakness.** It has been shown that resistance training is vitally important to bone and muscular health. The American College of Sports Medicine (ACSM) recommends 20 to 60 minutes of moderate intensity exercise (55 to 75 percent of maximum effort) two to four times a week to improve overall health and build muscle. Exercise intensity may be the most important factor.

   Bone and muscle grow according to the stresses placed on them. Strength and endurance improvements are directly related to improvements in function. Proper technique and exercise prescription are critical to improve strength and bone health safety and effectively. Resistance training increases metabolism, enabling us to burn more calories and give us more energy.

4. **Don’t Fall into Decline.** Balance declines with age, increasing the risk of falls. Here are some staggering statistics from the Centers for Disease Control and Prevention. One in five falls in adults over the age of 65 results in serious injury. Every 13 seconds an older adult is treated in the emergency room due to a fall; every 20 minutes someone dies stemming from a fall. Modifiable risk factors include medications, vision impairments, foot pain and footwear, lower body weakness, balance and walking impairments and hazards around the home. The latter four factors are ones which physical therapists directly evaluate, discuss with patients, develop a care plan and work with patients to decrease their risk.

5. **Attack the Heart.** Heart disease is the leading cause of death in the United States (more than 610,000 deaths annually). Sedentary lifestyle is one of the five leading risk factors for heart disease, but exercise is the leading preventative measure against heart disease. Among its many benefits are improved blood pressure, decreased bad cholesterol (LDL and total), increased good cholesterol (HDL), strengthened heart muscle, decreased stress, increased insulin activity and improved sleep.

   If you already have heart disease, proper exercise prescription and supervision can be vitally important in safely increasing activity and exercise. Attack the disease before it attacks you. Take preventative measures and increase your exercise and activity today.

6. **If You Don’t Use it, You Lose it.** In closing, I finish with another one of my favorite sayings. This one needs no explanation.

   Visit your physical therapist today to develop a plan to age well!

Christopher Genn earned his doctorate physical therapy at Mercy College and is on the staff at ProClinix Sports Physical Therapy & Chiropractic in Armonk.

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Happenings

continued from page 26

Welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-864-8041 or www.mountkiscolibrary.org.

STORYTIME PLAYGROUP. Come hear a story and music and join in on playtime with toys and books. Children, parents and caregivers will make new friends and share time together. For children one to four years old; with a caregiver. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 to 2:45 p.m. Free. Every Thursday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

BEREAVEMENT SUPPORT GROUP FOR SPOUSE/PARTNER LOSS. Phelps Memorial Hospital Center, Suite 545, 755 N. Broadway, Sleepy Hollow. 2:30 to 4 p.m. Suggested donation: $10 per meeting. Thursdays through Nov. 19. Pre-registration required. Info and pre-registration: Contact Bess Steiger at 914-366-3957 or e-mail bsteiger@pmhc.us.

GAMING OLD SCHOOL. Join old school gaming enthusiasts to play board games like a kid again. Open to all ages. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscolibrary.org.

BATS IN PERIL. Bats are amazing mammals that help keep insect populations in check. But New York’s bat populations are in a critical state of decline due to white-nose syndrome. Learn about the curious and often misunderstood world of nocturnal insect-eating bats and what present-day challenges they face. For adults only. Teatown Lake Reservation, 1600 Spring Valley Rd., Ossining. 7 p.m. Free. Registration required. Info and registration: 914-762-2912 ext. 110.


WCC FRIDAY NIGHT FILM SERIES. “MEMORY OF A KILLER.” The premise here is that it’s so easy to forget murder, unless an account is written down. This film opens as two separate stories – one involving an idealistic young cop, the other an older hardcore assassin with Alzheimer’s. Eventually, they converge with a showdown between good guys and bad. Includes a brief introduction to each film, film notes, refreshments and discussion. Westchester Community College’s Gateway Center, 1151 Valhalla Rd., Valhalla. Refreshments at 7:15 p.m. Screening at 7:45 p.m. $11. Seniors (60 and up): $10. Info: 914-606-6176.

THE MAVERICKS. This country-steeped garage band returns for the third consecutive year. It has been more than two decades since their polyrhythmic brand of post-modern country has given the world “All You Ever Do is Bring Me Down,” “Here Comes the Rain” and “Dance the Night Away.” With their new album, time melts once again, and the band that defied definitions, blurred genres and made everybody feel good is back. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. $48 to $88. Also Oct. 31 and Nov. 1. Info and tickets: 914-631-3390 or visit www.tarrytownmusichall.org.

“CARRIE THE MUSICAL.” Theatre Now New York presents this new production based on the Stephen King novel that's filled with horror, blood, laughs and lots of fun. Irvington Town Hall Theater, 85 Main St., Irvington. 8 p.m. $25, $30 and $35. Also Oct. 31 and Nov. 6 and 7. Info and tickets: 888-754-7469 or visit www.mountkiscolibrary.org.

“OTHER DESERT CITIES.” A Hudson Stage production of this play written by Jon Robin Baity, a Pulitzer Prize finalist and creator of hit TV series “Brothers & Sisters” and contributor to “The West Wing.” Whippoorwill Hall, 19 Whippoorwill Rd. East, Armonk. 8 p.m. $30 and $35. Also Oct. 31 at 3 and 8 p.m. Info and tickets: Visit www.hudsonstage.com.

THIRD ANNUAL ROCKY HORROR PICTURE SHOW & HALLOWEEN PARTY. The night kicks off with the first of two showings of ‘Rocky Horror’ followed by a Halloween Dance Party. Guests for both showings encouraged to join us in their best Halloween costumes to dance the night away with the musical stylings of DJ Delta. Paramount Hudson Valley, 1008 Brown St., Peekskill. 8 p.m. and midnight. Halloween Party at 10 p.m. $10. Info and tickets: 914-739-0039 or visit www.paramounthudsonvalley.com.

“LITTLE SHOP OF HORRORS.” Arc Stages will present the production of this delectable sci-fi horror musical just in time for Halloween. Directed by Ann Shankman and starring Anthony Malchar, Daniele Hager, David Adair, Anthony J. Mendoza, Reid Aronson, Shaunice Alexander, Genesis Val Leon, Vanessa Tantillo and Chris Dieckman. Arc Stages, 147 Wheeler Ave., Pleasantville 8 p.m. $28. Seniors and students: $22. Also Oct. 31 and Nov. 6 and 7 at 8 p.m. and Nov. 1 and 2 at 7 and 8 p.m. Info and tickets: 914-747-6206 or visit www.arcstages.com.

SATURDAY, OCT. 31

MOUNT KISCO ROTARY CLUB PANCAKE BREAKFAST. All proceeds go toward the Appalachian Service Project, which brings thousands of volunteers from around the nation to rural Central Appalachia to repair homes for low-income families. Children are encouraged to dress up in their Halloween costumes to dance the night away with the musical stylings of DJ Delta. Paramount Hudson Valley, 1008 Brown St., Peekskill. 8 p.m. and midnight. Halloween Party at 10 p.m. $10. Info and tickets: 914-739-0039 or visit www.paramounthudsonvalley.com.

PLEASANTVILLE FARMERS MARKET. Come experience the largest farmers market in Westchester, the one voted Best of Westchester 2014 and 2015 by the readers of Westchester Magazine. With over 55 vendors, seven nearby parking lots and creative weekly programming, it’s a delicious good time every Saturday. This week, Crabtree Kittle House will be on hand for a chef’s demo. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Rain or shine. Info: Visit www.pleasantvillefarmersmarket.org.

CHAPPAPAQUA FARMERS MARKET. Brining locally-raised and produced food to the community in a weekly market, creating a connection between shoppers and small-scale food producers in the region. Featuring about 40 vendors weekly. Also includes music, children’s activities and a food demonstration. Chappaqua train station, Chappaqua. 8:30 a.m. to 1 p.m. Every Saturday. Info: Visit www.choppapaquafarmersmarket.org.

MOUNT KISCO FARMS MARKET. Mount Kisco’s Farmer’s Market. Church, 85 Main St., Mount Kisco. 9 a.m. to 1 p.m. Info: Visit www.mountkiscolibrary.org.

PRACTICE TAI CHI WITH LARRY ATILLE. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Every Saturday. Info: 914-273-3887.

ADULT SALSA CLASS. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Free. $12. Every Saturday. Also Wednesdays from 6:30 to 7:30 p.m. Info: 917-215-1720 or visit www.addietude.com.

TEACHING TRAILS: A COMMUNITY PATH FOR ENVIRONMENTAL EDUCATION. Join guided trail experience through the woodland forest. Discover who left that track, which tree makes the best animal home or which plant makes its own heat to help melt through the late winter ice. Program runs about 30 minutes. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 11:30 a.m. Free. Every Saturday and Sunday (except Nov. 15). Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

POUND FIT Program. A 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics, isometric movements and poses. Using “lightly weighted drumsticks called Riptix” and combining constant simulated drumming resulting in working the entire body. TADA Theatre And Dance Arts, 131 Bedford Rd., Katonah. 11:45 a.m. $20. Every Saturday; also Wednesdays at 7:30 p.m. Info: Contact Peggy at 914-960-4097.

BUILD A BAT HOUSE. Bats are nature’s insect control mechanism, swooping in the air to eat mosquitoes and other flying insects. They are also plant pollinators and seed dispersers, promoting biodiversity. Be a friend to bats by building a bat house and join a national conservation effort to save these critically threatened animals. All welcome. Teatown Lake Reservation, 1600 Spring Valley Rd., Ossining. 10 a.m. to noon. Additional material fee: $45 per box (One per family). Registration required. Info and registration: 914-762-2912 ext. 110.

WARTS AND ALL. Meet the creepy, crawly and bumpy and make a spooky craft to take home. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 2 p.m. Members: $5 per person. Non-members: $8 per person. Info: 914-0723-3470 or visit www.greenburghnaturecenter.org.

On Friday, October 31, at 4:00pm, Dr. Sandor Szabo, Minister of Music/Organist at the Organ Concert. A spooky selection of well-known organ music including “Toccata and Fugue,” “Ride of Valkyrie” by continued on next page
Attending A Wine Event of Their Stars and Their Fans

As wines become more democratized than ever before, consumers are the direct beneficiaries. Prices of quality wines have become more affordable and thus available to the masses.

Twenty-five years ago, many affordable wines were of spotty quality, typically mass produced and devoid of the personal touch of artisanal winemakers. American consumers were not exposed to the quality wines being produced in Europe.

To my mind, wine prices have evolved into three tiers: the lower end, under $15 bottles; the mid-range, $15 to $50 bottles; and the high-end wines with price tags of three and four digits.

This three-tiered pricing is analogous to concert ticket price structures. The majority of tickets are for the masses: to concert ticket price structures. The three and four digits. The wines and their winemakers may seem pretentious to the masses. The recognition and accolades afforded each has elevated them to rock star status. In some quarters this adulation has driven demand and bottle prices higher than coveted concert tickets.

As I sat before these winemakers, my thoughts began to focus on the current infatuation of wine lovers with cult winemakers and their wines. Would these wines live up to their reputations as premier wines? Would the lofty prices of many justify the reputation that preceded them? And had I become a winemaker, awestruck by the mere presence of these stars, anxious to be in their exclusive inner circle?

Let me first address the last of my above thoughts. The answer is no. In the end, wine is a common beverage, regardless of a famous name on a label or the unique content in a bottle. To be enjoyed, certainly. To be idolized, by no means.

On to the event.

Each wine presented was produced by families, not corporate entities. Winery heritage ranged from half a century to six centuries. Each winemaker spoke with pride and passion of the commitment to preserving the legacy of their forefathers.

Each winemaker spoke as an ambassador for the history, culture and natural beauty of their locale and their region. The virtual tour through landscape and time was as enticing as any travel brochure or travel agent monologue.

As I sat before these winemakers, my thoughts began to focus on the current infatuation of wine lovers with cult winemakers and their wines.

Each was most passionate when extolling the virtues of the particular soil, favorable climate or elevation of their vineyards. For them, to produce an exceptional wine is second nature. To be blessed with ideal natural elements is an act of God.

On to the wine.

In all, 16 wines were poured: one sparkling wine, two whites and 13 reds. The top wines command prices in excess of $100, while several of the whites are under $20. To present the specific attributes of these wines and their heritage requires more space than is available in this column space. Next week, I’ll present a virtual tour of landscapes, culture and tastings of wines from storied producers such as Antinori, Gaja, Maso, Sassicaia and Pio Cesare. All rock stars commanding commensurate prices. But stay tuned for the opening acts; new discoveries are in the wings.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick’s credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

Wagner and “Toccata” by Boëllman. A special treat will feature the ballet students of Anna Dimas, from Bronxville Ballet and the Reformed Church of Bedford’s Cathedral Choir directed by Laura Green. Featuring Dr. Sandor Szabo, the church’s minister of music, on the four-manual organ with more than 4,000 pipes. A reception to follow. The Reformed Church of Bronxville, 180 Pondfield Rd., Bronxville. 4 p.m. Free. Info: 914-337-6776 or visit www.greenburghnaturecenter.org.

Argentina Tango Dances. Great music and dancing on a 3,500-square-foot dance floor. Enjoy a pleasant time with friends. Refreshments served. Broadway 26 Dance, 26 Broadway, Hawthorne. 3 to 6 p.m. $12. Also the third Saturday of each month from 8 p.m. to midnight. $16. Info: 914-725-3023 or 914-484-5101 or e-mail sampelayo@optonline.net.

Monday, Nov. 2

All-Day Community Blood Drive. The Pleasantville High School ECHO Club and the Pleasantville Volunteer Ambulance Corps will team up to sponsor this blood drive. Whole blood and red cell units will be collected from qualifying candidates. Residents of any town are welcome to donate. Pleasantville High School, 60 Romer Ave., Pleasantville. 9 a.m. to 9 p.m. Walk-ins accepted. Reservations encouraged. Info and reservations: 914-747-2408 or visit http://nybloodcenter.org/donate-blood.

Knitting Group. Hats for our servicemen and women overseas and other ongoing projects for care centers and hospitals. Clinton Street Center, 1A Clinton St., Pleasantville. 9:30 to 11:30 a.m. Free. Every Monday. Info: 914-769-2021.

Wild Encounters Story Time. Nature discovery for youngsters. Enjoy a nature-themed story and discover the wonders of nature while exploring fields, forests or landscaped grounds. Dress for outdoor activity. Except in extreme weather conditions, a portion of each class is spent outdoors. For children three to five years old; with a parent or caregiver. Clairemont Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Member: $9 per child. Non-member: $12 per child. Every Monday. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Zumba Class. Open to all. Drop-ins welcome; no membership needed. PXF, 101 Castleton St., Pleasantville. 6:30 to 7:30 p.m. $10 a class. Every Monday. Info: Contact Amy Olin at olin.amyj@gmail.com.

Memorial Concert of Maurice Durufle’s Requiem. Everyone is invited to St. Stephen’s beautiful sanctuary to be uplifted and calmed by glorious music and to light a candle in memory of your departed loved ones on All Souls Day. The public is invited to send the names of any loved ones they wish to memorialize to music@ststepphensarmork.org. St. Stephen’s Episcopal Church, 50 Bedford Rd., Armonk. 7:30 p.m. Free. Info: 914-273-3812 or visit www.ststepphensarmork.org.

Telephone Support Group for Women With Metastatic Breast Cancer. This Support Connection group offers the opportunity to share information and experiences with women across the country who are living with breast cancer. Share information and experiences. Confidentially discuss concerns and gain support from others who understand from the comfort of home. Open to women nationwide living with recurrent, advanced stage or metastatic breast cancer. 8 p.m. Free. Pre-registration required. Info and pre-registration: Contact Support Connection at 914-962-6402 or 800-532-4290.

Tuesday, Nov. 3

Baby Time. A fun interactive lap-sit storytime that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Dr., Valhalla. 10 to 10:30 a.m. Free. Every Tuesday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Acting In the Afternoon, Part 2. Building on skills worked on in the first class, but also for new students. Will work on a scene with a partner and present a staged reading in the last class. Westchester Community College’s KNC-5, 75 Grasslands Rd., Valhalla. 12 to 2 p.m. $120 for six-class session. Info and registration: 914-606-6830 or visit www.sunywcc.edu/MyWCC.
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LEGALS

NOTICE OF FORMATION OF KEVIN KENNEDY PLLC filed with the Secretary of State of NY on September 9, 2015. SSNY has been designated as agent upon whom process against the PLLC may be served. SSNY shall mail process to 2020 Maple Hill Street #1113, Yorktown Heights, New York 10598. Purpose: any lawful activity.

NOTICE OF FORMATION OF Joseph G. Del Toro, LLC. Acts of Org filed with Sacy. of State of NY (SSNY) on 8/24/2015. Office location: WESTCHESTER County. SSNY designated agent upon whom process may be served and shall mail copy of process against LLC to principal business address: 78 Paulding Drive Ste. A, Chappaqua, NY 10514. Purpose: any lawful act. 00000 34875 w.o

NOTICE OF QUALIFICATION of Corporate Jet Support, LLC d/b/a Wolfgang Jet Support. Application for Authority filed with the Secretary of State of New York (SSNY) on 10/01/15. Location: Westchester County. SSNY designated agent as service of process on LLC. SSNY shall mail a copy of process to: Wolfgang Jet Support, LLC 11 Times Square FL10, New York, NY 10036. Purpose: any lawful activity.

SUPREME COURT OF THE STATE OF NEW YORKCOUNTY Of PUTNAM RABBI ISRAEL MEYER HACHEMON RABBINICAL-SEMINARY OF AMERICA, Plaintiff, - against - LARKS BURG CEMETERY CORPORATION, Defendant. Index No. 1425/2015 SUMMONS WITH NOTICE Plaintiff designates Putnam County as the place of Trial The basis of venue is: Location of the real property subject to judgment in this action To the above named Defendant: YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with these summons, to serve a notice of appearance; on the Plaintiff’s Attorney within 20 days after the service of these summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York); and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. Dated: July 22, 2014 White Plains, New York NOTICE: The nature of this action, and relief sought is: (a) Quiet title, pursuant to Article 15 of the New York State Real Property Actions & Proceedings Law (“RPAPL”), to: a) ±46.8 acre parcel of land, located in the Town of Putnam Valley, County of Putnam, State of New York, also identified on the Town of Putnam Valley’s Tax Map as Parcel 85.13-1-29, and commonly known as the Na- than Property (“Lot 29”); and (b) a ±20 acre parcel of land, located in the Town of Putnam Valley, County of Putnam, State of New York, also identified on the Town of Putnam Valley’s Tax Map as Parcel 85.13-1-33, and commonly known as the Larksburg Cemetery (“Lot 33”); (c) collectively with Lot 29, the “Subject Property”); and (d) Damages, as a result of Defendant’s tortious slander of Plaintiff’s title to the Subject Property, including, but not limited to: (a) special and actual damages, including reasonable attorney’s fees expended in order to clear title, as well as additional future expenses and damages not ascertainable at this time, and will be proven at trial, which Plaintiff will continue to incur until such time as the cloud on Plaintiff’s title to the Sub- ject Property has been removed; and (b) punitive damages in such amount as will sufficiently punish Defendant for Defen- dant’s willful and malicious conduct and as will serve as an example to prevent a repetition of such conduct in the future. If you do not serve a notice of appearance or demand for a copy of the within the applicable time limitation stated above, a judgment pursuant to RPAPL Section 1521 and/or N.Y. C.P.L.R. Section 3215 be entered against you, by default: (i) declaring Defendant’s claim to the Sub- ject Property, and/or declaring you to be forever barred from asserting any claim to the Subject Property, and/or directing that any instrument purporting to create any such estate or interest in the Subject Property be delivered up or cancelled of record or be reformed of record as the facts 2 may require, and/or awarding possession of the Subject Property; and (ii) granting an award of damages in connection with the tortuous slander of Plaintiff’s title to the Subject Property. Dated: July 22, 2014 White Plains, New York ZARIN & STEIN METZ BY: David S. Steinmetz Jody T. Cross Attorneys for Plaintiff 81 Main Street, Suite 415 White Plains, New York 10601 (914) 682-7800 NOTICE OF FORMATION OF First Printing Productions, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on 9/16/2015. Office location: WESTCHESTER County. SSNY has been designated as agent upon whom process against the LLC is 250 Bronxville Road #3H Bronxville NY 10708 The principal business address of the LLC is: 250 Bronxville Road #3H Bronxville NY 10708 Purpose: any lawful act or activity

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AUCTIONS

ONLINE REAL ESTATE AUCTION Washington County Owned Property, 3 Parcels in Town of Argyle, Closing on Monday 12/7 @ 6pm, www.AUCTION- SINTERNATIONAL.com


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October 27 - November 2, 2015 The Examiner
Westlake Advances in Class B by Defeating the Broncos

By Andy Jacobs

Almost always, the Westlake football team calls upon its very reliable ground game when the chips are down.

But late Saturday afternoon, with their Class B quarterfinal playoff game against visiting Bronxville still quite in doubt, the Wildcats turned to the right arm of quarterback Tom Castro for a big lift.

The Wildcats’ senior signal caller came through with a pair of clutch third-down passes to sustain a third-quarter drive, then fired a perfect strike down the left sideline to William Snyder for a 29-yard touchdown that helped seal a 20-7 Westlake sectional victory over the Broncos.

“Oh, that was a great throw, a great throw,” said Wildcats coach John Castellano shortly after his team had advanced to a Saturday semifinal at home against Albertus Magnus. “We kind of set that up a little bit and it was a great throw.”

Before the Castellano-to-Snyder touchdown pass with 1:45 remaining in the third quarter, the Wildcats had been clinging to the seven-point lead they held at halftime. Westlake’s opening drive of the third quarter lasted three and a half minutes, but stalled at the Bronco 35-yard line. After Bronxville then went three-and-out, the Wildcats took over again at their own 44 midway through the period.

Eight plays and nearly five minutes later, Castro connected on the game-changing pass play, delivering the ball perfectly into Snyder’s outstretched arms near the back of the end zone. Earlier in the 56-yard drive, Castro had hit Snyder near the left sideline for a 10-yard gain on third-and-six and then Michael Hernandez for eight yards on a third-and-seven.

“I felt like two scores was pretty good,” said Castellano of the Wildcats’ 13-point lead heading to the final quarter. “Our defense is pretty good. We’re not gonna give up a lot of points. So I felt going in (to the game), if we could score three times we’d be in good shape.”

The Broncos did manage to move the ball to the Westlake 30-yard line early in the final quarter, but that’s as far as they got. Midway through the period, they fumbled the ball away. The Wildcats took over at the Broncos’ 30 and, just four plays later, Michael Love provided the extra point as Westlake took a 7-0 lead.

Bronxville, soon facing fourth-and-one deep in its own territory, faked a punt and seemingly picked up a first down. But an illegal block nullified the play, forcing the Broncos to kick the ball away. The Wildcats took over at the Bronco 30 and, just four plays later, Sardo went one yard off right tackle for the second Westlake touchdown. The PAT by Love left Bronxville trailing 14-0.

“The kid’s a player,” he said about the nimble southpaw, DePaul, wreak havoc on the defense every time he was flushed out of the pocket, could never relax until the final whistle. “The kids a player,” he said about the Bronco QB. “He just makes things happen. He extends plays. When you can extend plays like that, that’s a problem.”

But now DePaul and the rest of the Broncos are in their rear-view mirror and the Wildcats are one step closer to a berth in the Class B championship game at Dutchess Stadium.

“I just think these kids are starting to believe in what we’re doing and believing in themselves,” Castellano said. “Hey, that’s all you can ask for as a coach. Believe in what we’re teaching you, believe in yourself and believe in your teammates, and that’s what it’s all about.”
Briarcliff’s Lucas Hoffner keeps his eyes on the ball during the Bears’ sectional win over Westlake.

Chris Donnelly of Westlake has control of the ball in the Wildcats’ opening-round playoff game vs. Briarcliff.

Above: Emma Schiliro of Byram Hills rises to put the ball away during last Wednesday’s home match vs. the Rye Garnets.

Left: Byram Hills’ Alyssa D’Avanzo tries to block the ball in the Bobcats’ three-games-to-two loss to Rye last week.

Westlake goalkeeper Jetmir Asllani tries to stop a shot from the right doorstep by Briarcliff’s Caleb Asamoah as teammate Emmett McCormack provides some help.

Matt Leon of Briarcliff moves the ball past midfield in the Bears’ 3-1 playoff win over visiting Westlake.

Above: Sarah Tang bumps the ball in last week’s Byram Hills home match vs. Rye.

Right: Kirsten Lee of Byram Hills sends the ball over the net in last Wednesday’s home match vs. Rye.
Keira Donnelly of Westlake moves the ball across the field during the Wildcats’ late-season victory over visiting Pleasantville.

Pleasantville’s Sydney Levine (left) and Westlake’s Amber Lulanaj battle for possession in the Wildcats’ recent 1-0 win over the Panthers.

Westlake’s Megan O’Connor (left) and Marianna Leone celebrate after a Wildcat goal in a 1-0 home win over Pleasantville.

Elena Radesich of Valhalla bumps the ball in last Tuesday’s road win over Pleasantville.

Valhalla’s Samantha Morillo rises way above the top of the net to blast the ball past Pleasantville’s Annie Stockel during last Tuesday’s match.

Elena Radesich of Valhalla bumps the ball in last Tuesday’s road win over Pleasantville.

Pleasantville’s Carolyn Meaney (left) and Annie Stockel attempt to block the ball in the Panthers’ home match last Tuesday.

Pleasantville’s Isabelle Minerva bumps a return during the Panthers’ home match vs. Valhalla.

Byram Hills’ Taylor Kirkwood goes high in the air to hit the ball over the net in the Bobcats’ home match last Wednesday.

Far left: Emma Schiliro (left) and Celeste Alimonte try to block the ball for Byram Hills in last week’s close match vs. Rye, won by the Garnets in five games.

Left: Valhalla’s Kayla Gleason (left) and Linda Rossi jump together to block the ball in the Vikings’ win at Pleasantville last week.
Turnover-Plagued Panthers Eliminated by Putnam Valley

By Andy Jacobs

The Pleasantville football team was looking for some quick payback on Friday evening.

Instead, it turned out to be a night to forget for the Panthers.

Just two weeks after closing the regular season with a disappointing loss at Putnam Valley, the Panthers arrived at Parkway Field eager to exact some revenge on the Tigers and advance in the Section One, Class B playoffs. But costly turnovers led to all three touchdowns for the Tigers, who blanked Pleasantville over the final three quarters and advanced to the semifinals with a 20-3 victory.

“The guys were very excited to try to right a wrong, if you will, and get this opportunity and a second chance,” said Bears coach Tony Becerra afterwards. “And they had the right heart and mindset going in. It’s just we didn’t execute.”

The first hint of Panther problems came on the third play from scrimmage when running back Charlie McPhee’s long gain down the right sideline was called back by a penalty. But just four minutes into the game, Pleasantville seemed poised to put points on the board after a high snap from center on the Tigers’ first punt of the evening gave the Panthers the ball at the Put Valley 29-yard line.

Pleasantville moved the ball 27 yards in four plays, getting to the 2-yard line after a nine-yard run by Ian Esliker. But two consecutive plays lost yardage and, facing third-and-goal at the 12, quarterback Jack Howe then threw an incomplete pass. The Panthers had to settle for three points as Howe drilled a 29-yard field goal that gave the hosts a 3-0 lead in the opening quarter.

“We felt good to get early points,” said Becerra. “But everyone on the sideline knew we should’ve gotten in the end zone on that and we fell short. Yeah, any time you get in the red zone, you wanna come away with a touchdown and not settle for anything else.”

In the final moments of the first quarter, Putnam Valley got its first big break of the contest when the Panthers’ Javaun Smith was unable to corral the ball on a punt return. The Tigers had the ball at the Put Valley 9-yard line, but couldn’t capitalize as Logan Schneeweiss sacked quarterback Zach Girvalo for a 10-yard loss on third down.

A 32-yard field goal try by Bryce Hamilton fell way short, enabling the Panthers to maintain their three-point advantage.

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Javaun Smith was unable to corral the pass in Friday’s playoff game vs. the Tigers.

The Panthers’ Javaun Smith runs with the football as Putnam Valley’s Marc Beck pursues in the Tigers’ 20-3 victory.

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Panther quarterback Jack Howe drops back to pass in Friday’s playoff game vs. the Tigers.

Instead, it turned out to be a night to forget for the Panthers. Howe was forced to the sidelines after getting banged up losing nine yards trying to scramble. Jeff Barile took his place and immediately dropped back to pass. The ball was knocked out of his hands and gobbled up by the Tigers’ Spinola, who easily ran to the end zone for a 45-yard touchdown that left P’ville suddenly facing a 17-point deficit with just 6:01 remaining.

“More disaster awaited the Panthers late in the half when Smith misplayed the ball again on another punt. Putnam Valley recovered the ball at the P’ville 8 with 1:36 left on the clock. On first down, Girvalo lobbed a pass toward the left corner of the end zone that was hauled in by a leaping Joe Spinola. The PAT was good and the Tigers left the field at intermission leading by 11 points.

“You know, as bad as things were at halftime,” said Becerra, “the first thing we told the kids was, after four turnovers and only being down 14-3, things could have been a lot worse. And we thought there was plenty of game left to come back and do some things. It just wasn’t the case.”

It wasn’t the case because the Panthers couldn’t take advantage of a McPhee interception early in the third quarter and a Jack Minerva fumble recovery midway through the period. Pleasantville did move the ball following the takeaway by Minerva, highlighted by a 20-yard run from McPhee down to the Tigers’ 28. But the drive stalled at the 11-yard line after a fumbled snap, then incomplete passes by Howe to Minerva and Michael Hammond.

The Panther defense stepped up again on Putnam Valley’s next possession. Junior cornerback Ryan Drillcock picked off a Girvalo third-and-17 pass, giving Pleasantville possession at its own 18. But on first down, a misplayed handoff led to a fumble that the Tigers recovered on the P’ville 12-yard line. Three plays later, Michael Dellabate scooted around left end for a six-yard touchdown and Hamilton added the extra point, giving the Tigers the lead the rest of the way.

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Still, the third quarter ended with the Panthers threatening again, this time with a first down at the Put Valley 22-yard line. But on the second play of the final period, Howe rolled to his left, then threw over the middle where his pass was picked off by Mike Gaitan. Less than three minutes later, though, P’ville got the ball back again near midfield following another Tiger punt.

Panther quarterback Jack Howe drops back to pass in Friday’s playoff game vs. the Tigers.

After an 11-yard run for a first down by Hammond advanced the ball to the Put Valley 36, more disaster was soon waiting for the Panthers. Howe was forced to the sidelines after getting banged up losing nine yards trying to scramble. Jeff Barile took his place and immediately dropped back to pass. The ball was knocked out of his hands and gobbled up by the Tigers’ Spinola, who easily ran to the end zone for a 45-yard touchdown that left P’ville suddenly facing a 17-point deficit with just 6:01 remaining.

“When it rains, it pours,” said Becerra of the game-clinching touchdown on the turnover. “I mean, the ball gets knocked out of his hand, pops right up to him and easy touchdown. It was the last thing we needed trying to get back into it.”

So now, while Putnam Valley gets to prepare for a semifinal meeting with top-seeded and unbeaten Nanuet, the Panthers, 4-4 this season, turn their attention to a consolation game at Briarcliff on Saturday morning.

“They’re playoff season’s over,” said Becerra about his players. “But their football season isn’t. They still have a game or two to play to finish out the season, and that’s what we’re gonna try to rally around and get them going again. Even at this juncture of the season, we still feel we can improve. That’s what we’re gonna still try to work towards.”
By Justin Thomas

Forget dropping the hammer. The Fox Lane football team dropped the Lance on the Horace Greeley Quakers in the schools’ rivalry game on Saturday afternoon in Bedford.

Senior running back Nick Lancia was the true definition of a workhorse back as he carried the ball on the overwhelming majority of Fox Lane’s offensive plays and rushing for five touchdowns to lead his Foxes over the Quakers at home, 37-14.

When you have a workhorse-style, single-back offense, you expect a lot of carries and big numbers from your back, but Lancia’s performance even had his head coach, Bill Broggy, astonished and amazed.

“He had five [touchdowns]?” asked a surprised Broggy afterwards. “That’s good stuff.”

It doesn’t necessarily look like it with the score, but the Foxes really needed that kind of performance from Lancia to beat a Greeley team that came to play.

Early on, Greeley struck first after forcing a turnover on Fox Lane’s first possession of the game that gave the Quakers the ball at the Foxes’ 29-yard-line.

Senior quarterback Jake Cohen went to work in the passing game, throwing a strike to senior wideout Jacob Glassman to move Greeley all the way down to the 2-yard-line. From there, sophomore back Matthew Nagler was able to pound it in for the score to give Greeley the early 6-0 lead.

Fox Lane got a much-needed spark from a huge punt return down to the Greeley 20-yard-line by senior Joe Passarelli. After the return, Lancia only needed three carries to find his way into the end zone. The extra point gave Fox Lane a 7-6 lead.

The Foxes carried the 7-6 lead into halftime. Horace Greeley head coach Tim Sullivan was thrilled with his team’s fight in the first half.

“We were playing a great half, a great half of football,” Sullivan said. “They scored in the second half, but we answered, so we were still there. We were still in the game.”

The two teams traded big touchdowns in the third quarter, with the Foxes striking first on a 62-yard run by Lancia, and the Quakers responding on the first play of the ensuing drive with a 69-yard pass from Cohen to Glassman.

Greeley managed to tie it up at 14-14 after a successful two-point conversion, but then Fox Lane was able to blow the game wide open.

“Momentum shifted,” Sullivan said. “A lot of that field possession is very hard when you’ve got to defend from a short field.

After Fox Lane forced a fumble deep in Horace Greeley territory, it was still a 17-14 game with the Quakers having a very short field to defend. That’s when Lancia really took over and landed the final blows.

Sullivan ran for three unanswered touchdowns after the turnover his defense forced, and controlled the field one chunk at a time. The workhorse back outlasted the Greeley defense, breaking through that unit that had held strong all day.

“He did what he was supposed to do in our offense,” Broggy said. “He’s our single back, and he’s the guy that’s gotta carry the load…and he did today. He did a great job in the second half.”

Even Greeley’s Sullivan had to tip his hat to the senior back from Fox Lane.

“He’s great,” Sullivan said. “I mean he’s a grinder, and they found a crack, and they kept going at the crack. And a kid like that runs hard like that…we could stop him at the line of scrimmage, but he’s gonna get the extra yards.”

Lancia came off the field to a huge ovation from the Fox Lane crowd after ending his day on a bruising 15-yard run. His work for the day was done and, by then, so were the Quakers.
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