LEVY V. TENDY: RACE FOR DA RED HOT

Tendy Tangled in Alleged Interference of Fiancée’s 2009 DWI Case

By David Propper

Editor’s note: Because the article focuses on the alleged actions of a Putnam DA candidate, who is a public figure, and not his fiancée, who is a private citizen, The Putnam Examiner decided against using her name in this article.

Since Bob Tendy has kicked off his campaign for Putnam County District Attorney, the current Putnam Valley Supervisor and criminal defense attorney has attacked incumbent DA Adam Levy over his alleged involvement in the past rape case of a former personal trainer.

But now Tendy, who has vowed to bring integrity back to the DA’s office, is fighting off his own accusations of unethical behavior stemming back to his alleged interference of his fiancée’s misdemeanor drunken driving arrest, as detailed in a Putnam County Sheriff’s Office memo (full memo on page 7).

‘The Undersheriff misunderstood me.’- Putnam County DA candidate Bob Tendy

According to an interoffice memo written by Undersheriff Peter Convery, obtained by The Putnam Examiner in a Freedom of Information Request through the District Attorney’s Office, Tendy requested Convery not have the arresting deputy appear at a refusal hearing of his fiancée, who was arrested for a DWI earlier that year.

“Attorney Tendy requested of me to not have Deputy Monroe attend the refusal hearing,” Convery wrote. “I immediately refused his demand, telling him no!”

The meeting between Tendy and Convery was on Nov. 13, 2009 and started out with the two discussing a Roaring Brook subdivision matter and the summer town beach problems. Soon, according to the memo, the conversation veered the DWI arrest of his fiancée.

The conversation between Tendy and Convery was important enough that Sheriff Don Smith emailed Levy on Nov. 17, 2009 to bring that memo to his attention.

“I believe the interoffice memorandum from Undersheriff Peter Convery and the
Mahopac Man, Former Police Chief Pleads Guilty to Child Porn

By Neal Rentz

Former Mount Pleasant Police Chief and Mahopac resident Brian Fanelli pleaded guilty July 27 to possession of child pornography in federal court in White Plains.

Fanelli entered his plea to one count of possession of child pornography in front of District Court Judge Kenneth Karas. He could face up to four years and three months in jail and a fine of up to $250,000.

Sentencing for the 56-year-old was scheduled for Nov. 12.

Fanelli was appointed town police chief a little more than two months before his January 2014 arrest. He was accused of downloading more than 120 files containing images and videos of what authorities said was child pornography.

By Neal Rentz

In the 10-page complaint from the U.S. Attorney’s office, Fanelli used a peer-to-peer (P2P) filing sharing system for about three months starting in October 2013 and distributed the images and videos to other network users through his computer’s shared folder.

Department of Homeland Security agents using investigative software in an undercover capacity detected that the P2P network had downloaded from Fanelli’s computer the files believed to contain child pornography.

The complaint stated that Fanelli voluntarily told law enforcement authorities that for more than a year he had taught sexual abuse awareness classes to elementary and middle school students and began viewing child pornography as research for his classes. However, shortly afterwards he began viewing the images and videos for personal interest.

Fanelli had been a Mount Pleasant police officer since 1981. He took over from former chief Louis Alagno who retired in 2013. Fanelli grew up in Mount Pleasant and is a Valhalla High School graduate.

Treatment to Save Beach Season at Lake Carmel Underway

By David Propper

Town of Kent residents can expect split treatment of copper sulfate on Lake Carmel starting this week, in hopes of alleviating the problem of blue-green algae blooms that have closed the beaches around the lake for an extended period of time.

According to Kent Supervisor Maureen Fleming, Limnology Information and Freshwater Ecology, Inc. (LIFE) will start with the initial application on Lake Carmel Aug. 4 and then again on Aug. 19. Signs will be posted around Lake Carmel by LIFE representatives on the days the copper sulfate is applied, according to Fleming.

The treatment--a stop-gap measure to save the rest of the beach season--is done in two parts because the New York State Department of Environmental Conservation (DEC) limits the treatment to 100 acres per application, Fleming said, adding Putnam County’s Department of Health will test the water after it is treated to ensure that it’s safe to swim and it’s anticipated that town officials will be advised of the test results the same day.

In a press release from the county health department, it announced its intention to perform on-site testing to determine if a beach is safe to swim in order to speed up the process. Health effects of coming in contact with blue-green algae may include irritation of the skin, eyes, nose, throat and respiratory tract. If swallowed, high levels of the bacteria can cause nausea, diarrhea and vomiting, according to the health department.

“The health department has begun on-site testing to expedite this process,” Health Commissioner Allen Beals said in a press release. “Previously samples were sent to an outside laboratory and testing could take three to four days. With this new procedure, if the test indicates it is safe to swim or wade, we can reopen beaches the same day. In this way residents can return to their favorite in-water activities as soon as possible.”

NEW BABY IN YOUR LIFE?

Discover breastfeeding’s many benefits to baby AND mom...

Ask the Lactation Expert

Kim McKechnie, RN, IBCLC
Lactation Coordinator
Northern Westchester Hospital

Q: What are the benefits for mom?
A: The advantages for mothers are numerous: Breastfeeding women often find it easier to lose their pregnancy weight quickly. In addition, the WHO finds that women who breastfeed lower their risk of breast and ovarian cancers. Breastfeeding also decreases a woman’s risk of developing both Type 2 diabetes and osteoporosis. There are also important psychological and emotional benefits: nursing offers peaceful downtime that can have a restorative and meditative effect on the busy mother of a newborn.

Q: How do I succeed at breastfeeding?
A: Some new mothers worry they “won’t do it right.” Others are concerned about painful, sore nipples or that their baby won’t get enough milk. First-time mothers are often unsure how to continue breastfeeding once they’re back to work. Preparation is the key to success. I advise every expecting mother and their partner to take a breastfeeding class in the last trimester of pregnancy. You’ll feel empowered and gain confidence by learning what to expect during the first weeks with a newborn. You will be ready to experience this intimate act of love between mother and baby.
Murphy Delivers State Grant to Local Drug Prevention Organization

By David Propper

In an effort to clean up communities in the Lower Hudson Valley reeling from the abundance of drugs on the streets and in the medicine cabinets, New York State Senator Terrence Murphy (R-Yorktown) held a prescription drug take-back day in the Town of Carmel last Thursday and announced a $25,000 state grant for the non-profit organization Drugs in Our Backyard.

Murphy said Drugs in Our Backyard, which was started in 2012 by two local couples after they each lost their son to a drug overdose, provides education and awareness to communities, two important components of preventing drug use.

Murphy said the drugs, once collected, are taken away by the local police department and incinerated. Holding two similar events in recent weeks in Westchester County towns, Murphy said 150 pounds have been collected each time. Carmel was on track for around that number.

With two bins almost near capacity, Murphy was even surprised with the amount of prescription drugs residents have brought in.

In many cases, addictions start out with prescription drugs from within households and can expand to harder drugs like heroin.

“I’m worried about the people not knowing what to do with the medication sitting in their cabinet,” Murphy said in an interview.

Murphy, who has made the fight against drug addiction a hallmark of his first term in office, has pushed for tougher state laws against drug dealers. Murphy believes if a drug dealer is found guilty of selling drugs to a person who dies from an overdose, that drug dealer should be charged with murder.

“We need to press harder charges against some of these dealers because they’re laughing at us,” Murphy said.

“There needs to be a little skin in the game.”

Co-founders of Drugs in Our Backyard Steve and Susan Salomone of Mahopac and Carol Christiansen of Somers noted it was the first grant the organization has received since it started three years ago, usually relying on fundraisers to make money.

The money would go toward more promotion of the organization and important information in communities, as well as holding more forums that always fill up whatever room it takes place in. Awareness is always critical, so families know this could happen right under their nose, Susan Salomone said.

The Salomones and Carol Christiansen (her husband Lou, another co-founder died earlier this year) were all caught off-guard when they received word of the grant money, a testament to the effort the two families have poured into turning the tragic deaths of Justin Salomone and Erik Christiansen into an positive.

“State Sen. Terrence Murphy speaks at a prescription drug take-back day as local officials and representatives from Drugs in Our Backyard look on.”
that forgery—a crime—may have been committed.

“One of these jacka---- just visited my home, and wanted to speak to my son (who carried petitions for Tendy) about his petition sheets,” Tendy said. “I told him to get off my property—and I told him a few other things.”

Overall, Tendy collected and submitted 1,404 signatures to the Board of Elections. According to Tendy, some of those petitions were tossed because Republican voters signed twice, or they signed for Levy first, among other technicalities not uncommon when objections are filed.

Tendy, the previous week, had publicly challenged Levy to three debates before primary day, arguing in a press release that Levy is trying to “buy the election by flooding the media with ads touting dubious statistics, so-called accomplishments and false ‘initiatives.’”

Tendy said Levy’s campaign has spent an “unprecedented” amount of money on television advertisements and mailers, while voters are more interested in hearing from the candidates directly.

“Right now we have a very expensive marketing strategy paid for by a source with which no Putnam County candidate can ever hope to compete,” Tendy stated. “This election should be about which candidate has the best background and experience, not the most money.”

Tendy said as of Monday, he has not heard back from Levy’s campaign about any debates, though the League of Women Voters did contact Tendy about scheduling a debate at some point. In a statement from the Levy campaign, it stated Levy “enthusiastically” welcomes squaring off with Tendy, stating, “Any and all opportunities to debate will only enhance DA Levy’s already strong case for reelection.”

The Levy campaign also argued Tendy has turned the DA’s race into one surrounded by misinformation, “demonstrating an unbelievable degree of dishonesty and disrespect toward voters.”


The Board of Elections is likely to have both Adam Levy and Bob Tendy on the ballot this September.
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NYU LANGONE MEDICAL CENTER

MADE FOR NEW YORK.
Tendy Tangled in Alleged Interference of Fiancée’s 2009 DWI Case

continued from page 1
detailed Complaint Arrest Affidavit report
by Deputy Sheriff Matthew Monroe will
provide all the information you and your
staff will need to insure proper preparation
for the refusal hearing,” Smith wrote.
Washington College of Law at American
University professor Elizabeth Boals, who
is neither familiar with Levy or Tendy,
said after reviewing the memo, Tendy’s
actions are “inappropriate, if that’s what
happened” and “at the very least, have
the appearance of impropriety.

“If he was saying to the (under)sheriff,
‘hey, (under)sheriff, direct your deputy
not to show up, then you’re being
inappropriate,” Boals said. “That would
be trying to impact the ability of the
state to prove its case and that would be
inappropriate.”

His fiancée won the refusal hearing, but
eventually pleaded guilty to misdemeanor
reckless driving in 2013.

Tendy, in an email, refuted Convery’s
memo and said he never requested that
Deputy Monroe not show up to the refusal
hearing.

“The Undersheriff misunderstood me,”
Tendy said. “I went to his office to report
what I considered to be the unprofessional
conduct of one of his deputies. I told him
that he should talk to him about it.”

Tendy said he was a witness to the
incident surrounding the alleged DWI
and argues his fiancée wasn’t drunk, but
severely injured from her car crashing.
She called Tendy for help after the crash
and when he arrived, he said her car was
totaled after it hydroplaned on a “very wet
rainy night.” Tendy was also upset that
the deputy never took her to the hospital
after the crash, according to
Convery’s memo.

Rather than
go to a hospital,
Deputy Monroe
took the fiancée
to county lockup
for the night
and she had visible
injuries, Tendy
said, the next day
in court.
The sheriff’s
office, according
to The Journal
News, stands by
Convery’s memo
with Sheriff Don
Smith stating, “I
strive each and
every day to do my duty in a way that
is proper, lawful, ethical and true to my
Oath of Office, and the Sheriff’s Office has
met those goals in this case.”

In a recent statement to The Putnam
Examiner since the news of the 2009
incident broke, Levy stated Tendy “needs
to accept personal accountability for his
unethical conduct.”

“Rather than admitting poor judgment
in using his public office to try to influence
the prosecution of a DWI, Tendy instead
manufactured a misconduct complaint,
disparaging the work of a well-
regarded veteran of the Putnam
County Sheriff’s Department,”
Levy stated.

“Incredulously,
he even took
issue with the
DA’s proper
maintenance of
case files. The
only person who
has tried to make
this a story about
his fiancée is Bob
Tendy.”

The Complaint
Arrest Affidavit
reports Tendy’s
fiancée attempted to use her relationship
with Tendy to avoid trouble. The report
states when the deputy attempted to
administer the DWI refusal warnings for
a second time and asked the defendant
if she would submit a chemical test, she
said, “I’m done. No! I’m done. You’ll see!
Ha, do this to the fiancé of the Town of
Putnam Valley Supervisor?”

The sheriff’s report also states Tendy’s
fiancée smelled of alcohol and failed field
soberity tests.

Tendy noted that the case is more than
6-years-old and is only being brought to
attention now because “Levy will stop at
nothing to smear anyone in his quest to
run unopposed and remain D.A.”

“He is a spoiled little rich kid,” Tendy
went on to state. “And I will not be
intimidated by his reality show antics.”

Levy, who has been under attack, most
notably from Tendy, for more than two
years because of his alleged interference
in the Alexandru Hossu rape case, penned
Tendy in an earlier statement provided by
his campaign.

“It’s incredibly troubling and
disappointing that someone who wants
to be our top law enforcement official
would violate his oaths and obligations
as a public official and as an officer
of the court, in an attempt to help his
fiancée avoid prosecution for DWI,” Levy
stated. “Bob Tendy’s unethical behavior
is unacceptable for any public official,
and certainly unbecoming of someone
who wants to be District Attorney. It’s
sadly reflective of a long pattern of Mr.
Tendy abusing his office for his own self-
interests.”
Putnam County Sheriff’s Department Inter-Office Memorandum

Date: November 16, 2009

TO: Sheriff Donald B. Smith

FROM: Undersheriff Peter H. Convery

SUBJECT: MEETING WITH PUTNAM VALLEY SUPERVISOR ROBERT TENDY

On November 13, 2009 at 1405 hour I had a meeting with Robert Tendy, Esq., Town of Putnam Valley Supervisor.

At this meeting Supervisor Tendy discussed with me the Roaring Brook Subdivision matter and the summer town beach problems. He stated the town could not fund the cost of a seasonal beach patrol.

Continuing further, Supervisor Tendy spoke to me about his fiancé, [REDACTED] DWI arrest. He advised me that she has a refusal hearing scheduled for Wednesday, November 18, 2009 at 11:00am in Patterson. He stated he was there that night, he was a witness to the incident and he was upset over Deputy Matthew Monroe’s actions. He stated he is her attorney of record.

Supervisor Tendy stated that his fiancé was not drinking. She never refused the breathalyzer test. He stated his fiancé works for attorneys and she would never refuse the test. He reinstated that she does not drink stating that it was raining causing her vehicle to hydroplane on the roadway. He was concerned about what he saw! He stated to this writer that his fiancé did not want to go to the hospital in the ambulance but asked him to take her. While Supervisor Tendy was putting his fiancé in his car Deputy Monroe came upon the scene. Deputy Monroe put his fiancé arms behind her back and she started screaming, “Get the f — off me.” He was upset that Deputy Monroe never took her to the hospital.

Attorney Tendy requested of me to not have Deputy Monroe attend the refusal hearing. I immediately refused his demand, telling him no!

He further stated he would represent her, become her witness at the hearing and then obtain counsel for her. He thanked me for my time. Meeting ended at 1420 hour.
Wood-Fired Furnaces in Philipstown Restricted to Certain Months

By Elena Castriota

Last Wednesday, the Phillipstown Town Board voted in favor of an amendment that will impose time of operation restrictions on pre-existing wood-fired furnaces. The law applies only to pre-existing furnaces, not wood stoves or fireplaces. This amendment comes after countless complaints from town residents tired of inconsiderate neighbors with the wood-fired furnaces, according to the board.

According to the amendment, "Any wood-fired furnace in existence as of the effective date of this Chapter, which has received a permit from the Town, shall be permitted to remain, provided that the emissions from the furnace do not interfere with reasonable enjoyment of life or property and, further, provided that such wood-fired furnaces shall be operated only between November 1 and April 15." It was passed unanimously.

The difference between the old and new law is that the new law applies to pre-existing wood-fired furnaces, as well as new ones. Previously, it only applied to wood stoves and fireplaces.

By David Propper and Rick Pezzullo

With A&P Supermarkets, which have been local grocery destinations for years, closing its doors, two Putnam County area locations are set to be saved by a competing grocery chain.

As the Great Atlantic and Pacific Tea Corporation (A&P) await federal bankruptcy court approval, ACME Markets are set to take over the A&P Markets in Mahopac and in Brewster, according to an online news source, couponsinthene.com. As of Monday, the Patterson A&P had no confirmed buyer.

"After careful consideration of all alternatives, we have concluded that a sale process implemented through Chapter 11 is the best way for A&P to preserve as many jobs as possible, and maximize value for all stakeholders," said Paul Hertz, president and chief executive officer of A&P. "While the decision to close some stores is always difficult, these actions will enable the company to refocus its efforts to ensure the vast majority of A&P stores continue operating under new owners as a result of the court supervised process."

Overall, ACME Markets, which currently operates 107 stores across four states, announced it had entered into agreements to acquire 76 A&P stories in New York, New Jersey, Connecticut, Pennsylvania, Delaware and Maryland under the A&P, Superfresh and Pathmark banners. The offers are subject to legal and bankruptcy court approval, including the potential for higher bids to be submitted and anti-trust approval.

A&P has asked the federal court for an order requiring other interested parties to submit bids by September 11, 2015, with an expectation that court approval for the sale of the stores be received by October 15, 2015.

The court has also granted A&P immediate access to $50 to $100 million debtor-in-possession financing that will enable A&P to continue operating its stores and pay its suppliers, vendors, employees and others.
The Art of Healing
Patterson

By David Propper

Most former state police officers don’t go into a field of holistic healing, but most people aren’t like Bill Bubenicek, the owner of The Art of Healing. In fact, he believes his past career and current one match up more seamlessly than how it may appear.

“People see it as a huge transition, how do you go from one to another as if they were from opposite sides of the spectrum,” Bubenicek said. “But I don’t really see it that way because my core beliefs and thought process haven’t really changed.”

And since Bubenicek started The Art of Healing, he’s proven to be a renaissance man, bringing in approximately 1,200 clients since he opened in 2010 on Front Street in Patterson. A strong believer that “physicians don’t heal diseases, your body does,” Bubenicek has offered a different method for healing that residents haven’t seen in Putnam County and is rare across the Lower Hudson Valley region.

Bubenicek does have some past experience in assisting a sound mind and body. As a New York State police officer for two decades, he was a physical and nutritional trainer, as well as a crisis intervention counselor that would help fellow officers get through difficult times like a shooting or family issues.

Because his father never took care of his body, Bubenicek noted, he decided to be the complete opposite and pay careful attention to every aspect of his overall health.

That health commitment has translated to the people that come to him for help. When a new client comes in, Bubenicek doesn’t just focus on the symptom or ailment, but the body as a whole. He’s interested in resolving the “root cause of your issue, rather than treat your symptom.” Bubenicek will talk about how much water they drink, and what medication they might be on. As a former criminal investigator, Bubenicek understands how to get information from a variety of people easily.

From there, Bubenicek and staff can offer a wide range of remedies that don’t require a doctor’s visit. Massage therapy, acupuncture, ionic footbath detox, Reiki, energy healing, and vitamin D light therapy are just a handful of examples. As a graduate of the Institute for Integrative Nutrition, Bubenicek will also offer holistic nutritional tips.

“I basically reinvented myself and decided this is what I wanted to do,” Bubenicek, a Patterson native, said.

The reinvention of Bubenicek has led to success in his second career and continued ambition. Bubenicek hopes to turn The Art of Healing into franchises that stretch from coast to coast and is now beginning to sell a new book he authored called “Bliss on Tap.”

What makes this all more impressive is the success was never planned until it got underway.

“I never really considered it,” Bubenicek said. “But I’m pretty accepting of what is.” The Art of Healing is located on 1 Front Street in Patterson, its phone number is 845-678-4325 and website is www.theartofhealing4all.com.
Letter to the Editor

Changes to Library’s Budget and Way to Obtain Funding Necessary

As a member of the Board of Trustees of the Putnam Valley Library, my colleagues and I are cognizant that change, of any sort, can be unsettling for some. But the changes we are proposing are both positive and necessary, addressing critical needs of the Library so that all our patrons can be served.

Our primary goal is to make our budgetary process both open and approved by the majority – all the voters of Putnam Valley, rather than the vote of a few. That few – the majority of the Town Board members, which can be as few as three votes – has seen our contribution from the town frozen at the same level for years.

In fact, during the last library budget discussions, there were even Town Board members, including Ms. (Councilwoman Jackie) Annabi, who proposed a $50,000 cut – nearly 20 percent of our budget. Thankfully, that didn’t pass.

Putnam Community Service Network Seeking Nominations 2015

Is there a person or an organization that has taken that extra step, given support when needed, or has had a positive effect on you or someone you know, or your community? The Putnam Community Service Network (PCSN), a Cornell Cooperative Extension of Putnam County program, would like to recognize these individuals and organizations at the PCSN’s 30th Annual Awards Breakfast on Wednesday October 7th, at 9 a.m. at Putnam County Golf Course in Mahopac. Award nominations are being sought for individuals and organizations that through their human service or community service accomplishments have made a difference in the lives of Putnam County residents or in our Putnam communities. Award recipients and all of the nominees will be honored at the PCSN Awards Breakfast. It’s a great way to express appreciation and recognize a public or community organization, volunteer or professional person by nominating them for a PCSN award.

The PCSN award categories include distinguished service – individual and organization, volunteer service, professional career recognition, outstanding service, excellence in communications, public, service-individual, youth and advocacy, and community service networking.

The deadline for submitting a nomination is Friday, August 14. Award criteria, nomination form and additional information may be obtained online at www.cce.cornell.edu/putnam or by calling Connie Fagan (Putnam Housing Corporation) at 845-225-8493, ext. 211 of Marjorie Keith (Cornell Cooperative Extension) at 845-278-6738.

Obituaries

Richard A. Capone

Richard A. Capone of Carmel, died on July 30, at the age of 73. He was born in Stamford, CT, the son of John and Grace (Zollo) Capone. Rich enjoyed playing golf, hitting the casinos, watching Jeopardy and loved participating in the good times with his family and friends. Richard is survived by his soul mate Grace Lofaro of Mahopac and her children Allison See(Danny), Lauren Wines(Ben), Noelle Saracco(Mike), and Justin Lofaro(Diana); and her nine grandchildren whom all called him “Pop”. He is also survived by his son, Christopher Capone of Newtown, CT and his brother Jack Capone and sister-in-law, Robin Capone of Thomaston, CT.

Joseph T. Sullivan

Joseph T. Sullivan, age 91, of Carmel, formerly of Hawthorne, died July 30, in Montrose. Joe was born on March 8, 1924 in Providence, RI to John and Mary (McKenna) Sullivan. He was one of seven children. He attended LaSalle Academy in Providence, received a Bachelor’s degree from Georgetown University and a Masters from the University of Bridgeport. He proudly served in the Navy during WWII. Joe was previously deceased by Bernadette O’Brien, the love of his life, who he married in 1951 in White Plains. Coach Sullivan began his career at Archbishop Stepinac High School in 1949. Over the years he coached several sports but football was his greatest passion. He also held the positions of Athletic Director and Head of the Physical Education Department. He retired in 1987 after 38 years at the school. It was easily understood why Joseph enjoyed sports of all kinds with his years of involvement as a coach. It was his family, however, that was paramount in his life. Joe is survived by his four children, Janet and Bob Girgis of Mt. Kisco, NY, Gail and Richard Bennett of Carmel, Neil Sullivan of Mt. Kisco and Brian and Emily Sullivan of Southbury, CT. Also four grandchildren, Joseph, Lauren, Nicholas and Matthew. A Mass of Christian Burial will be celebrated Thursday, August 6, 10 a.m. at Our Lady of the Lake Church in Carmel, NY. A private cremation was held earlier and interment of the ashes will take place in St. Sylvia’s Cemetery in Tivoli, NY at a later date. Friends may call at the Beecher Funeral Home, 1 Putnam Ave. Brewster on Wednesday from 2 p.m.-4 p.m. and 7 p.m.-9 p.m. www.beecherfuneralhome.com. Contributions in Mr. Sullivan’s memory may be made to St. Jude’s Children’s Research Hospital, PO Box 1000, Dept. 142, Memphis, TN 38148-0142 or a children’s charity of one’s choice.
County Executive MaryEllen Odell is thrilled to announce that Putnam County Golf Course will host its second annual Amateur Golf Championship on Saturday, Aug. 15. Any individual with a USGA Handicap is welcome to play and enjoy a day out on the picturesque Putnam County Golf Course in Mahopac.

“Golfers from throughout the region have discovered what a jewel Putnam County Golf Course has become,” said Odell. “The Amateur Golf Championship is a wonderful opportunity for golfers of every skill level to challenge themselves and raise the bar to the next level.”

To ensure a fun and exciting event for all, golfers will be split up by age, gender and ability. Divisions include men’s regular, senior (over 60) and ladies for both handicap and non-handicap golfers.

“The Putnam County Amateur Championship offers any golfer the opportunity to compete,” said PGA Professional Jim Woods. “Many golfers have never felt the pressure of actually competing in a tournament where every score counts. I have always been about growing the game through lessons, competition and fun events, and this is our way of showcasing Putnam County Golf Course while providing an opportunity to win a trophy, and become part of the Putnam history that we started last year.”

“We expect this event to continue to grow into one of the premier amateur golfing events in the region,” said Putnam County Golf Course General Manager Mike McCall. “Jim Woods, our PGA Professional and his staff run a top notch tournament but when the competitors walk off the 18th hole the fun begins in the tavern where players can enjoy great food and drink while waiting for the scores to be posted one by one.”

The Amateur Golf Championship registration fee is $85 and includes greens fee, cart, trophies, prizes and food. In addition to receiving a trophy, Putnam County Golf Course Gift Cards will be presented to the winners in each division. Putnam County Golf Course is located at 187 Hill Street in Mahopac.

The deadline to enter is Thursday, Aug. 13 at 6 p.m. For more information, visit www.putnamcountygolfcourse.com.
Traditional Thanksgiving Dinner to Carry on for 5th Year

The Lou Cardillo Home Selling Team is teaming up with the New York Downstate Chapter of the Purple Heart Homes and Councilwoman Suzi McDonough to host the 5th Annual Veterans Thanksgiving Dinner on Nov. 21.

Over the past four years, former State Senator Greg Ball worked with the community to host an annual Thanksgiving dinner for local veterans. The dinner drew over 800 veterans and hundreds of local volunteers, each year.

This year, Lou Cardillo is partnering with Purple Heart Homes to seek donations and volunteers in order to make the free meal possible for the 5th year in a row. The community is asked to either donate goods, their time or make a donation on behalf of the event, directly to the Downstate Chapter of Purple Heart Homes.

The event will take place on Saturday, Nov. 21, at the Putnam Golf Course. Seating times will be 11:30 a.m. and 2 p.m.

“I am excited to get involved in this event to keep this wonderful tradition going. I can’t think of a better way for our community to come together to thank our veterans that have sacrificed so much for us,” said Lou Cardillo.

“While we have assembled a wonderful team to help organize this dinner, this is truly a community event and we will heavily rely on the generosity of community members and our small businesses to make this all possible.”

“I always look forward to the Veterans Thanksgiving Dinner each year, as it is truly an incredible event for everyone who attends,” said Vietnam War Veteran and Purple Heart recipient Eugene Parrotta. “It’s great that the community is coming together to host the dinner for a fifth time this year. I know that the hundreds of veterans who attend each year are already excited to be invited back for another great Thanksgiving celebration, and Purple Heart Homes thanks Lou Cardillo and his entire team, for their caring and generosity.”

Carmel Town Councilwoman Suzi McDonough, who also serves on the board of the Downstate Chapter of Purple Heart Homes, will be helping to organize the event.

“Thanksgiving is a time for all of us to be thankful to all of our Veterans and their families that served and are serving this great nation. We will take delight in serving them a delicious meal at the fifth annual Veterans Thanksgiving Dinner,” said Councilwoman Suzi McDonough, Board Member of the New York Downstate Chapter of Purple Heart Homes.

“This event is not possible without the help of the volunteers and local restaurants. We need the community to step forward once again to share in an event that puts a smile on the faces of the real heroes that made America great,” said Bobby Farese, Purple Heart Homes Construction Manager and event coordinator.

In addition to volunteers, Lou Cardillo and Purple Heart Homes are also seeking donations for the Thanksgiving Dinner including: uncooked turkeys (20 lbs or more), turkey gravy, cans of string beans, cans of whole white potatoes, cans of corn, cans of cranberry sauce, salad dressing, premade bags of stuffing, 48 oz cans of chicken broth, pies and décor.

To RSVP for the dinner, or if you are interested in volunteering or donating goods, please contact Suzi McDonough at suzi5mcdonough@gmail.com or (914) 403-8463.

Support Connection Announces Walk Kickoff Celebration Breakfast

Support Connection, Inc. announces a Kickoff Celebration Breakfast for their 21st Annual Support-A-Walk for Breast and Ovarian Cancer. The celebration, hosted by NewYork-Presbyterian/Hudson Valley Hospital and Ashikari Breast Center, will take place on Wednesday, Aug. 19, from 7:30 a.m. – 9 a.m., at the Cheryl R. Lindenbaum Comprehensive Cancer Center, 1980 Crompond Rd., Cortlandt Manor.

The Kickoff Celebration Breakfast is open to everyone and free of charge. There will be breakfast, networking, giveaways and prize drawings. It’s also a chance to learn everything you need to know about the Support-A-Walk. Support Connection staff and volunteers will be on hand to answer questions and assist anyone who wants to participate in the Walk. Brochures, flyers and other materials will be available, along with info on donating, fundraising, forming teams, and ways to participate even if you can't attend the Walk.

For more info on the Kickoff Celebration Breakfast, or to RSVP, contact Support Connection: 914-962-6402 or walk@supportconnection.org.

The Support-A-Walk for Breast and Ovarian Cancer will take place on Sun., Oct. 4, 2015 (rain or shine) at FDR Park, Route 202, Yorktown Heights. It is held to bring attention to the needs of people affected by breast and ovarian cancer, and to raise funds for Support Connection's free support services for those living with these diseases. Each year, thousands of people of all ages take part in this inspiring and uplifting community event, often in honor of loved ones affected by breast and ovarian cancer.

Support Connection, Inc. is a 501 (c) (3) not-for-profit organization that provides free, confidential support services and programs to people affected by breast and ovarian cancer. Founded in 1996, Support Connection is based in Yorktown Heights, NY, but through their toll-free services and website they serve people throughout the country. To learn more about Support Connection or the Support-A-Walk, visit www.supportconnection.org or call: 914-962-6402 or 800-532-4290.
Heat Wave to Continue in Putnam; Protect Yourself, Check on Seniors

The long-range weather forecast shows that Putnam County will be subject to high temperatures and humidity levels this week. County Executive MaryEllen Odell, Dr. Allen Beals, Commissioner of Health and Anthony Sutton, Commissioner of Emergency Services, are asking residents to take the proper precautions to protect themselves and to check on the elderly and those with special needs.

“It is summertime and while we want everyone to enjoy the various outdoor activities that we are blessed to have in Putnam County, we also want everyone to be smart and stay safe through the heat wave,” said Odell. “It is common sense, if you are uncomfortable, do something to make yourself more comfortable.”

Since we know that families take vacations and many students attend camp, we are also bringing the EA Boot Camp into people’s homes. You can invite your friends to work on their essays for four days in your home. All you need is a minimum of four friends who can come at the same time on the same day in July or August, and we will help everyone who attends complete their essays.

SAT / ACT Test Dates
As many of you know, the SAT is changing its format. The last dates that the current version will be given are October 3, November 7, and December 6. If you want to take the ACT, the dates are September 12, October 24, and December 13. We will begin our test preparation courses in August. Please check our calendar at http://www.eatestprep.com for the class schedules.

New SAT Format
The SAT has been redesigned for the Spring 2016 tests. Please note that this fall’s PSAT will be using this new format. Judy and Ava will be explaining the changes at workshops this fall. During each session, key differences will be identified, and as always, there will be an adequate time for everyone’s questions to be answered. Below we have listed the locations and times for your convenience. We hope that you will join us as we demystify the exam.

We look forward to helping you achieve academic successes.
Please visit our website at www.EAtestprep.com to learn more about each session. If you need assistance determining your preparation needs, please call us at 845-582-0017.

Educational Awareness, LLC specializes in preparing high school students for the college process. Taught by local college professors who provide high quality test preparation with an appreciation for individual learning styles.
The ‘Why’ of a Project Like Crown Molding as Much as the ‘How’

When I sat down with my lawyer, Dan Tota, in Yorktown Heights, it was to discuss his project of installing crown molding in his home. But after we talked for a while, I was as interested in the “why” of his project as the “how.”

“After working all day in a high pressure job, dealing with intangibles, it’s a welcome change to come home and make something that’s tangible with my hands,” Tota said. “There’s a lot of enjoyment in doing the job and, if you do it well, it gives you continued satisfaction again and again whenever you look at it. Of course, if you botch the job, nobody wants to be reminded of it afterwards.”

Would Tota consider himself a handy person?

“While I’m an attorney now, I actually grew up working as a mechanic, so I know how to work with my hands,” he said. At the same time, I’m realistic about those projects I know I can do and respectful of those I can’t. Also, I’m fortunate to have friends who are contractors who can advise me when I need help.”

Besides personal satisfaction, Tota pointed out the marketing value that improvement projects add to his house.

When he chooses to upgrade to a larger home. His most recent project was adding crown molding to his entrance hall, living room and dining room. In my opinion, crown molding is the most immediate “dress-up” upgrade one can give an interior at the least expense.

Crown molding is literally the crowning touch in that it draws the eye upward in much the same way curtains hung at ceiling height do while providing that smooth transitioning from vertical to horizontal. I would say that good proportions are magnified with moldings and, in effect, it’s the finishing touch. In fashion, it might be compared to the collar on a shirt or the cuff on a sleeve.

When I first visited the condos at Trump Park Residences in Shrub Oak, the first upgrade detail I noticed in the hallways and units was the generous crown molding, in this case a big simple cove molding, seven inches wide for ceilings that are almost nine feet high. Cove molding features one big dramatic curve that makes a much bolder statement and avoids the busyness a more complicated crown can add, and that impressed me.

But not all crown molding has to knock you over in size to be dramatic. A room with an eight-foot ceiling can become much more dynamic with a simple but strong four- to five-inch crown molding and adding a five-inch base molding. By emphasizing both the base and ceiling, the room has much more charge and strength. Of course, you can always get a good carpenter to do the job for you and I recommend mine at the end of this piece. But if you’re a DIY enthusiast, the two basic pieces of equipment you need are a miter box and coping saw, coupled with a lot of patience in calculating the amount of molding you need and angles at which to cut it.

All of that can be found on line with graphics that easily demonstrate the process better than I can describe in the limited space here. But let me share a couple of tips from Tota’s experience to save you some grief.

“I chose a molding that wasn’t too thick – four inches – so that the saw didn’t have to be as big, and if your ceilings are the standard height of eight feet or a little more, that serves very well,” he advised.

“Another good tip: instead of choosing a natural finish, go with the molding that is primed white. That forgives a lot of sins if you’re not perfect with your cuts. If you’re working in white, mistakes can be better concealed with putty or caulkng until you get the hang of it.”

Michael Lavelle is the carpenter I recommend. He can be reached at 914-482-7178.

Bill Primavera is a Realtor® associated with William Reeves Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.

The Home Guru

By Bill Primavera

A Toast to the Origins of the Celebratory Toast

By Nick Antonaccio

“Cheers!” “Salud!” “Santé!” “Prost!” “L’chaim!” “Nostrovia!” Whatever the language, whatever the occasion, raising one’s glass to focus the attention on the occasion: to honor a loved one, present or past, the attainment of a status in life or a cordial gesture of welcome and friendship. However, this tradition is rooted in traditions dating back to ancient times.

Many societies employed the simultaneous raising of wine-filled glasses or the clinking of those glasses for very practical reasons. Today, the intent of a toast is solely to praise, compliment or celebrate an individual or group of individuals. However, the origins of the toast are secondary to conviviality. The primary reasons were strategic and preventive.

1. A practical reason evolved in ancient Greece and Rome. Poisoning the drinking vessel of one’s enemy was an early practice. To protect a host from nefarious guests – and guests from a diabolical host – wine was served from a common jug, first to the host and then to the guests. Once the host imbied, the guests followed, raising their vessels to celebrate the mutual trust earned.

2. The Vikings and early Germanic tribes were notorious for vigorously banging drinking cups on their communal dining tables to ward off evil spirits they believed were roaming the area. Banging loudly was believed to clear the air and create a more celebratory atmosphere.

3. During medieval times, diners began the practice of clinking glasses. They intended to achieve the same goals as banging cups: the clinking was thought to sound like church bells and thus would surely drive away the devil and his minions. This also served to unite the dining companions together in a gesture of intimate friendship. Clinking glasses forced close contact and, presumably, enhanced the bonding of all present.

For those of you who enjoy the current trend of historic television series, you’ve undoubtedly seen the glances of guests as they dined and imbibed with royalty at the table.

Which brings me to the origin of the term itself. How did this act of celebration come to be referred to as a toast?

The wine of ancient Romans often reeked of foul aromas or tastes. To mask these unsavory qualities, burnt bread might be added to a vat or jug of wine before serving the wine to guests. As wine improved over the ensuing centuries, this ritual became a common practice. Shakespeare describes a stale piece of bread immersed in a jug of wine. The practice at the time was to add spices and fruit to the bread, toast it and flavor a jug of wine with it. Over time, this ritual went one step further. The tasty bread was offered to the person being honored at a dinner; the guests would then drink the “toasted” wine.

Other terms evolved from “toast.” To control the sometimes aggressive drinking at events, an individual was assigned to control the amount of alcohol being consumed. This “toastmaster” was responsible for insuring a safe flow of merrymaking while preventing over-toasting. And of course, an individual who was the recipient of multiple celebratory accolades or good wishes became “the toast of the town.”

The next time you raise a glass to celebrate an event or honor family and friends, remember the ancient rites you are replicating. Cheers to our ancestors.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick’s credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.
Volunteers Wanted: If you like to cook, if you are organized, or if you just like to work with others, Putnam CAP can use your help. CAP is seeking volunteers to assist with the Soup Kitchen, the Food Pantry and general office tasks. Volunteers should be willing to commit to a regular schedule in order that these ongoing programs can run uninterrupted. No experience necessary, just a willingness to work for the benefit of others. Call Mary at the CAP office at 845-278-8021 ext.

Art on Display:
The Vision of One, The Power of Two, Champions of Millions. August 29 through November 8, 2015. The Riverside Galleries at Garrison Art Center

Upcoming Defensive Driving Classes:
Wednesday, August 12
Mahopac Public Library will host a 6-hour Defensive Driving Class: 10 a.m. to 4 p.m. Led by Jack Coxen, this Defensive Driving Insurance Reduction class consists of a series of films and discussion about driving attitudes and behaviors. It is designed for licensed drivers, but those with permits may attend. Completion of the class may result in a 10% liability insurance discount to the principal operator, as well as a maximum of four points off the driver’s violation record. The cost is $45 per person, and $35 for seniors 65+. Register in advance with course fee at the Information Desk at Mahopac Public Library. For further information call Mahopac Library at 845-628-2009, ext 100.

Saturday, September 26
Putnam Valley Parks and Rec. New York Safety Class. Given by Cummings Safety Benefits - Get a savings of 10 percent on your car insurance (collision and liability) for three (3) years; and reduce up to 4 points on your license. Classes are one day with no tests. You can now take this class on-line @ NYSP.com. Go to promotions and type in code # RCS35. The cost for this is $3. This is a savings of $14 over the regular on-line fee. Cost is $35. Classes are held at Putnam Valley Town Hall. FMI: 845-526-3292.

Teen Programs:
Teen Programs at the Kent Library: All teens (ages 12 and up) are invited to two fun programs in early August at the Kent Public Library. The first is a Teen Black Light Party on Monday, August 3rd from 5 p.m. to 6 p.m. Bring a plain black or white t-shirt and decorate it with neon fabric paint. The library will have glow in the dark activities and snacks. The second program is a Teen Chocolate Party on Friday, August 7 from 4 p.m. to 5 p.m. Do you love chocolate? Have a blast at this chocolate themed party just for teens! Play games, do a craft and eat some of your favorite chocolate treats. Both programs require registration. Teens can register by clicking on the calendar & events button at kentlibrary.org or by calling the Kent Library at 845-225-8484.

Auditions
Spotlight Arts will be holding open auditions for the Rick Abbot comedy, Play On! Auditions will take place on Monday, August 17th & Tuesday, August 18th from 7 p.m.-9 p.m. at the Studio Around the Corner 67 Main Street, Brewster. A one-minute comedic monologue should be prepared and memorized for the audition. If cast, $150 tuition fee is required to participate in this educational program. Rehearsals are Wednesdays from 5 p.m.-6:30 p.m. and Saturdays from 9 a.m. – 11:30 a.m. with performances October 16th & 17th. Students, ages 11 – 18, should schedule their audition appointment online at www.SpotlightArtsInc.com.

Ongoing:
Nature’s Jewels Exhibit at the Kent Library An exhibit of nature photography by Susan Bores, entitled “Nature’s Jewels”, will be on display from July 1 to July 30 at the Kent Public Library. There will be an artist reception on July 11th from 1 p.m. to 3 p.m. The exhibition, sponsored by the Friends of the Kent Public Library, brings together images taken from nature that inspire, resemble, or are inherently jewels. Marge’s Knitting Circle will be offered July 22 and Aug. 26, from 6:30 p.m.-8 p.m. at Support Connection, 40 Triangle Center, Suite 100, Yorktown Heights.

Thursday’s:
Paws To Read at the Kent Public Library: Join volunteers from Therapy Dogs International, and their dogs at Kent Public Library, for the Paws for Reading Program, select Thursdays and Fridays in July and August. This program is designed to give children, ages 6-10, the opportunity to gain confidence and improve reading skills by reading aloud to a therapy dog. This is a free event. One-on-one fifteen minute sessions are available by appointment only. Registration is required. Call the Kent Library at 845-225-8585 for times and dates, and ask to reserve a time which is convenient for you. You may also register for the program by going to www.kentlibrary.org. The library is located at 15 Sybil’s Crossing, Kent Lakes.

Friday’s:
Puppet Story Time & Crafts: Brewster Public Library on Fridays, July 10 to August 14, from 11 a.m.-noon. Children ages 2-5 are invited to attend a puppet show and then create a puppet of their own. Registration is required. For more information call 845-279-6421 or visit http://tinyurl.com/prf6b8b.

Children of all ages are invited to drop by the Brewster Public Library on Fridays, July 10 to August 14, from 1 p.m.-3 p.m., to make a creative craft. Registration is requested. Young children may need some assistance. For more information call 845-279-6421 or visit http://tinyurl.com/ox9x4kd.

Cancer Support Available:
Support Connection, Inc., a not-for-profit organization that provides free, confidential support services for people affected by breast and ovarian cancer, offers a wide range of free support groups with women with breast and ovarian cancer. Groups focus on topics pertaining to living with cancer through all stages of diagnosis, treatment and post-treatment. They are offered in Westchester, Putnam and Dutchess, and by toll-free teleconference. For a complete calendar of groups at all locations, visit www.supportconnection.org. Advance registration is required for all groups; call 914-962-6402 or 800-532-4290.

Save the Date:
Saturday, August 15
15th Annual Nimham Pow Wow in Carmel: noon – 5 p.m. Putam Co. Veterans Mem. Park, 201 Gipsy Trail Road, Carmel. Native American foods, vendors, crafts & vendors, story telling in the Tee Pee, Birds of prey, Pony rids, bouncy house, Hand drum competition Sat. night, Public welcome. Host Drum Nimham Mountain Singers, Cohost Drum Red Storm drum and dance troupe, Honoring our Veterans. Website www.nimham.com. Eat Smart Restaurant Week returns from September 27th – October 11th. Enjoy delicious and healthy meals that are low in calories, fat, and salt at participating restaurants during the two-week period. Over 40 local food establishments are planning to participate, according to the Putnam County Department of Health, which partners with the eateries. For more information and the list of participating restaurants visit http://www.putnamcounty.ny.com/lhp/esrw/.

Tuesday, August 4
The Reads at Reed Book Club: 7 p.m. to discuss the book “Three Weeks With My Brother” by Nicholas Sparks. The meeting will be held at Reed Memorial Library. Contact 845-225-2439 with any questions.

Thursday, August 6
Putnam County Office for Senior Resources Computer Learning Center for Seniors will hold registration: William Koehler Senior Center, 180 Route 6 in Mahopac and the Putnam Valley Senior Center, 117“ Town Park Lane, Putnam Valley. Registration hours at both sites will be from 9:30 a.m. – 11 a.m. Anyone 55 or older can register for a variety of computer classes from basic to advanced, to using an iPad, to Digital Photography. To view the available classes visit us at www.putnamrsvp.com/clc. Register in person or call Judy Kolt at (845) 277-5422 or email her at jakkdogs@verizon.net. If anyone is interested in volunteering to teach basic computer classes, please call.
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LEGAL NOTICE
Notice of Formation of Joanne Smith Travel, LLC. Arts. Of Org. filed with SSNY on 07/06/15. Office location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to William J. Florence, Jr., Esq., One Park Place, Suite 300, Peekskill, New York 10566. Purpose: any lawful act or activity.

The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Monday, August 10, 2015, 8:00pm, prevailing time, 80 Wheeler Avenue, Pleasantville, New York 10570. Purpose: any lawful act or activity.

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WORK FROM HOME
VACATION RENTALS
Yorktown A’s Defeat Putnam Valley, 10-3

Yorktown speedster Ryan Saviano slides safely into third as Putnam Valley 3B Rick Meister awaits the throw in the A’s 10-3 defeat of host Put Valley last Saturday at Union Field. The 9-U division of the WPBA features a close race, with several local teams, including Somers (11-3), Yorktown (9-4), Ossining (9-5) and PV (7-7) chasing front-running Bedford Hills/Katonah (13-1) for the No. 1 overall seed in the playoffs and a regular season title. Put Valley bounced back nicely Sunday, taking a 9-6 win over Mahopac (4-9)... see WPBA Notebook
Yorktown Defeats Putnam Valley, 10-3, in 9U WPBA Action

Putnam Valley LF Caiden Castro makes a sweet, diving attempt for line drive in 10-3 loss to Yorktown in WPBA 9-U Action last Saturday.

Thomas Shkreli, Yorktown starting pitcher, earned the 10-3 win over Putnam Valley, what was the A's 6th-straight win.

Yorktown's Ryan DiNapoli makes clean pick at 1B in 10-3 win over Putnam Valley.

Yorktown's Matthew Stettnisch beats throw to 3B as Putnam Valley's Angel Munoz awaits throw in A's 10-3 WPBA 9U win over PV.

Yorktown's Ruslan Makarenko drives in what turns out to be the winning run in a 10-3 win over Putnam Valley Saturday in 9U WPBA action.

‘Pac Together Again!
Indians Repeat as D-II Sound Shore Lax Champs

Mahopac alumni Frank Verde, Jon Bota, Butchie Parillo, James McDonough, Johnny Astrologo, Ty Weisberg and Brendan Hynes pose with the championship hardware after winning the D2 Sound Shore League Championship as members of the Cambium Lacrosse Club, which took 11-5 decision over Samu-Rye.
Big Things Expected on Mahopac, Put Valley Gridirons

Carmel Hoping to Unleash Quick-Strike Aerial Attack, Make Hay in Class AA

By Ray Gallagher
Examiner Sports Editor

Mahopac vs. Carmel game this year for the first time in many decades. With more emphasis being placed on the state playoffs and less on local rivalries, the second best rivalry in Section 1 football and best in Putnam County history is done for at least a year, with Mahopac having won six of the last seven matches; the word reprehensible comes to mind.

On the Class AA front, I think MAHOPAC can be scary good this season if the men in the trenches can get it done in front of a slew of very talented skill players, including QB Dan Foley, who is hell-bent on getting the Indians back to their first Section 1 title game since 2010. Foley’s main cohort on offense will be versatile RB Christian Donahoe, the son of Coach Tom Donahoe, who has some serious weaponry, including TE Zachary Carlin, FB Tommy Murray and RBs Erick Gagne and Joe Cavaciuti.

MLB Chris Kocovic is a beast on the other side of the ball, and he looks to lead a 5-2 defense that has been consistently effective over the years. “Koco” runs an efficient 4.7 (40) at 6’ and 225 pounds and has All-Section potential carved within a chiseled frame. If the O-line, bolstered by senior Mike Paolillo and John Velek, can hold up their end of the deal, the Indians could be Final 4 bound.

“These guys are going to have huge years,” Foley insisted, noting that he and Donahoe are totally in sync and ready to prove that the 10541 is the legit truth. Whether or not the Indians can contend with defending Section 1 champion John Jay EF, which has been in three of the last four AA championships, and the rest of the Class AA contenders (New Rochelle, Arlington, North Rockland, Mamaroneck), remains to be seen.

Before ending a three-year playoff drought last season, Mahopac has not had that kind of playoff pedigree in the program since its 2010 sectional title appearance and the subsequent playoff snub in 2011, but the Indians remain a tough out for most foes and expects to be more than an “also-ran” this fall with a second-straight trip to the playoffs and a strong post-season showing #Final4orBust. The @MahopacManiacs will be in full throat right from the get.

The thing that might preclude the Indians from doing so is an absolutely brutal schedule that includes a Week 1 tilt at Mamaroneck (which was supposed to be a home game but for some reason the Tigers won’t be playing Putnam County a visit any time soon), a Week 2 visit from the defending champion Patriots, a Week 5 visit from Coach Dominick DeMatteo’s Arlington Admirals and a pivotal Week 6 trip to New Ro’. Mahopac will have to split those four games at the very least and then defeat Clarkstown North and Grecely with no wiggle room to spare.

CARMEL has a ton of experience under center in senior QB Joey Rodriguez, the only four-year signal caller in the history of Rams football, and 22 years of experience on the sideline in venerable Coach Todd Cayea, an old-school mentor. The two have the know-how to carry out a game-plan, but whether or not the Rams have enough in the trenches and at running back remains to be seen, but the combination of Rodriguez and WRs Ryan Sullivan and Quinn Willman and TE Josh Beauchesne should supply plenty of downhill action in an offense that likes to air it out.

Defensively, Carmel junior NG Nick McDonal, who goes 250 on a good day, is a son-of-a-run-stuffer, who should pose a threat on both sides of the ball once he returns to full health. Senior Joey Kenna is a tough DE, who should provide an edge rusher. Whether or not the Rams can hold up in the trenches will determine whether or not they can get past their No.10 ranking and into the top eight to make playoffs. Willman believes in his troops.

“After seeing our performance through our football camp with many scrimmages against great teams like Arlington and John Jay (CR), I know we are much better than what people think,” Willman said. “We have many great players coming up to varsity this year and they can definitely help. Our wide-out corps is one of the best in Section One with a very experienced quarterback delivering the ball. Our O-line was thought to be our weak spot due to our lack of size, but after the scrimmages, they did a lot better than expected, so I am not worried. Being my third year playing varsity, this is the best Rams team I seen yet and I’m excited for the season to get started.”

@RamNation will be out in full force with the same sense of vim and vigor, count on it.

CLASS B could shape up to be a real dog fight, which PUTNAM VALLEY expects to be in this season. It’s been a long seven years since the Tigers qualified for the postseason, but Coach Matt Mello likes his chances this season. With reigning Class B champion Our Lady of Lourdes having moved up to Class A, it opens up a spot for another Class B team that has that kind of playoff pedigree in the program.

PV returns 19 players from last year, including QB Zach Girvalo, who looked great at the Carmel 7vs7. Senior Mike Delabate and Luis Fernandez will take on RB duties and they are both in incredible shape, according to Mello. Kyle Anderson will be running at FB.

“Our strength lies in our offensive line that sees four starters return: This will be one of our strongest and most athletic lines we’ve seen,” Mello said, citing C Jake Reyes, guards Constantine George and Mike Ruta and tackles Bryce Hamilton and Tommy Carroll.

“We plan on being one of the top four teams this year,” Mello said. “There has been a lot of change in Class B with new coaches at Westlake (John Castellano) and Edgemont (Brian Connolly), and Lourdes is now out. Nanuet returns some really good talent (couple of D-1 OL/DL prospects). Our players are very excited about the season and have been preparing well. We have a lot of depth and a belief that we can compete for a sectional title if we continue to put the time and effort in."

It’s going to take some blood, sweat and tears, but the Tigers are athletic enough to crack the top four if they play their cards right and continue to fine-tune their mojo at Team Molloy Strength and Conditioning.

While we just touched on the Class A scene last week whilst I was vacationing on LBI, I did forget to mention a Hen Hud program that is clearly on the rise, one that could be playoff bound in a year or two; when this gritty freshman class can finally establish itself. In the meantime, RB/LB Jordan Artope is going to pave a clear path for the younger Sailors to follow. The senior captain could crack 1,000 yards this season, what would be the first Sailor to crack the milestone since Rich Guizi (circa 1989). Coaches will game plan accordingly, so the Sailors will need to improve in other areas before they crack the top eight and make the playoffs, but Artope is THAT GOOD and a lock for a grand if he remains healthy and the O-line holds up.

Another kid we’ll be tracking from a distance is Mahopac resident Anthony Lombardi, who transferred to Trinity Catholic (CT) in 2014 after a heralded sophomore season as the Mahopac J.V. signal caller in 2013. Lombardi, a 6-foot-3, 200-pound senior QB, guided Trinity Catholic to a 7-4 record and a city title last year, completing 114 of 194 passes for 1,688 yards and 21 touchdowns passes. The D-1 prospect is drawing interest from collegiate programs like Harvard, Yale and UMass on account of his gun-slinging ability on the field and terrific work ethic in the classroom...

DONALD TRUMP for President is taking the USA by storm because so many of us blue-collar citizens are sick and tired of the demise of this great country and the global notion that we have become a weakened, lily-livered pack of liberals, who put political correctness before what is actually correct, especially when it comes to illegal immigration. I’m all aboard on “The Trump Train” because “The Donald” will put our country where it belongs after eight misguided years; at the top of the heap. I just hope he has a top-notch security team around him because he will be as hated as he is loved by national voters.

I can all but guarantee voter turnout for the 2015 Presidential Election will be at an all-time high this November should Trump secure the Republican primary...

Ciao for now, I’ll be on a one-week siesta with the entire family before we uncoil the soccer scene, field hockey beat and, yeah, lots more football in the days ahead. Finish strong #Summer!
Putnam Valley’s David Dilapi (R) rushes to the side of teammate Chris Maroulis after he turned in a sparkling defensive play, snaring a line drive that was labeled for two bases when it came off the bat in PV’s 10-3 loss to the Yorktown Athletics last Saturday in WPBA 9U action at Union Field in Putnam Valley... see WPBA Notebook.